

PILGRIM + YORK  
TRUSTS — Study  
Visit to N. America  
1938.

BOOK I.

BOOK I.

VISIT TO N. AMERICA,

IN 1938.

(BY GRANTS PROVIDED BY THE  
PILGRIM AND YORK TRUSTS  
OF GREAT BRITAIN).

E. M. MACDONALD.



①

<u>DATE.</u>	<u>FARE</u>	<u>PLACE</u>	<u>HOTEL</u>	<u>SPENT</u>	<u>NOTES.</u>
March 21st.	£41 return	New York	Beekman Towers.	£2. 7. 0 £2. 7. 0	} 2 weeks.
April 2nd.	8. 6.	Philadelphia	Warburton.	£7. 0. 0	} month -
May 1st.	£2. 2. 6.	Buffalo -	Statler -	_____	} guest.
May 4 <sup>th</sup> .	by car -	Rochester -		12. 0	} 1 night.
May 5 <sup>th</sup> .	" "	Clifton Springs	_____	_____	} guest.
May 6 <sup>th</sup> .	13. 6	Buffalo -	Buffalo	10. 0.	} 1 night.
May 7 <sup>th</sup> .	18. 0.	Toronto -	_____	_____	} guest.
May 10 <sup>th</sup> .	18. 0.	Buffalo.	Buffalo.	10. 0.	} 1 night.
May 11 <sup>th</sup> .	£1. 6. 9.	Cleveland.	Fenway Hall.	12. 6.	} 1 night.
	<u>£47 7. 3</u>			<u>£13. 18. 6</u>	

<u>DATE</u>	<u>FARE</u>	<u>PLACE</u>	<u>HOTEL</u>	<u>SPENT</u>	<u>NOTES -</u>
May 12.	£2. 5. 6.	Chicago.	College Club.	12. 6.	} 1 night.
May 13.	8. 0.	Milwaukee -	College Club.	£7. 0. 0.	} 3 weeks.
June 2nd.	£1. 13. 0.	Ypsilanti.	_____	_____	} guest.
June 4 <sup>th</sup> .	£3. 3. 0.	Washington.	_____	_____	} travelled by night.
June 5.	3. 6.	Baltimore	_____	_____	} guest.
June 7 <sup>th</sup> .	9. 0.	Philadelphia	Warburton.	10. 0	} 1 night.
June 8.	5. 6.	Allentown.	_____	_____	guest.
June 10 <sup>th</sup> .	5. 6.	Philadelphia	Warburton -	£1. 10. 0	} 2 nights.
June 12 <sup>th</sup> .	£1. 15. 3.	Boston.	Pioneer.	£1. 16. 0	} 3 " (1 = guest)
June 17 <sup>th</sup> .	£1. 7. 6.	New York	Allenton.	£2. 10. 0	} 5 nights.
	£11. 15 9			£13. 8. 6	



# HOSPITALS VISITED.

DATE	PLACE	HOSPITAL -	TYPE	NOTES OF INTEREST.
March 22nd.	New York	X 1. New York (Cornell) Hos. Psychiatric Clinic	Short time Mental Disturbances. Experimental.	{ Lavish "set up" - Dressmaking for patients Men's work.
March 23rd.	" "	(X) 2. Psychiatric Institute (Columbia Uni).	State - (Mental) Experimental	{ Interesting specimen museum & library.
March 24th.	" "	X 3. Dr. Carlson's School Neurological Ins: (Columbia)	Children with Cerebral Palsy	{ Experiment in education - worked in with massage, occupations therapy - school etc.
" "	" "	(X) 4. Presbyterian Medical Centre & 3 clinics	Acute General	{ Financial arrangements
March 25th.	" "	X 5. King's County (City) Brooklyn.	Acute General + functional	{ Cerebral Palsy - Early post. fracture - Burns etc. O.T. good.
" "	" "	X 6. Bellevue (City)	Acute General + functional + T.B.	{ O.T. accepted over massage in some cases.

DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTERES.
March 29.	New York - <sup>(X)</sup> Z	Bloomfield -	Private Mental	Good men's pre-vocational work. Patient go to shops to work.
March 30.	" " <sup>X</sup> 8	Pilgrim State Hospital. <i>Miss Jackson</i>	Mental - (8000 pts)	New - Good. OT - use of waste material for equipment & crafts work. Grading of work.
March 31.	" " <sup>X</sup> 9	Hospital for Ruptured & Crippled.	Children -	O.T. Diversional - <u>not</u> Functional.
April 4.	Philadelphia <sup>X</sup> 10 (one month)	Curative Workshops - attached to Philadelphia School of O.T.	Functional - Burns - Mild mental Cerebral Palsy - Un-adjusted.	Crafts analysed & five exercises required - (Worked here 1 month with all types of cases - attending lectures - etc.
April 12.	" <sup>X</sup> 11	University Hospital. Philadelphia	Acute General.	Shop work for O.T. Co-operation of doctors & staff.



DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST.
April 14.	Philadelphia	<sup>x</sup> <u>12</u> Graduate Hospital of Pennsylvania	Acute General	Diversional—
" 20.	"	<sup>?</sup> <u>13</u> The Institute —	Private Mental	(Wealthy). Good crafts. Social - Art - etc.
" 28.	"	<sup>?</sup> <u>14</u> Jewish Hospital	Acute General + Chronic Home	O.T. = Functional - Diversional.
May 2nd.	Buffalo.	<sup>?</sup> <u>15</u> Buffalo State Hospital	Mental	Pre-industrial - Use of sewing room waste. General organization.
May 4.	Gowanda.	<sup>?</sup> <u>16</u> Gowanda State Hospital.	Mental.	Homeopathic. Individual treatments—
May 5.	Rochester.	<sup>?</sup> <u>17</u> Rochester State Hospital	Mental.	—————
May 6.	Clifton Springs	<sup>?</sup> <u>18</u> Clifton Springs Sanitarium	Mental. General Psychoneurosis	(Wealthy) - Social - Experimental.

DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST.
May 6.	Newark.	19 Newark State Schools	Mental Deficient	Use of O.T. in Institution + School for those capable.
May 9.	Toronto.	20 Psychiatric Hospital	Short. Min. Mental Experimental	_____
May 10.	"	21 Toronto General -	Acute General	Diversional. Functional. Relations with massage dept - etc. Equipment.
May 11.	Cleveland.	22 Assoc. for Crippled + Disabled	Creative Workshops + Pre. Vocational school + Social work + Sheltered + Homebound	Functional work + Massage School - disabled children Re. habilitation - Pre. industrial - Sheltered workshops. Industrial training - Work in homes.
May 13.	Chicago.	23 Presbyterian Hospital N.M.	Private General	O.T. = varied - Gardening. bicycling - + crafts etc. Nurses' Course



DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST.
May 13:	Chicago.	<u>24</u> Cook County	Acute General	General O.T. little functional. Some T.B.
" "	"	<u>25</u> University	Acute General	General O.T. + work with <u>all</u> children.
" 14:	Milwaukee (nearly 3 weeks)	<u>26</u> Curative Workshop -	All types except mental	Massage + O.T. Insurance work. Nursery school. Homebound -
" 20:	"	<u>27</u> Hospital of Sacred Heart.	R.C. Rust Home Non-acute	(Wealthy) - No O.T. but recreational facilities - Hydrotherapy mechanical devices for massage etc. (? Danish)
" 26:	"	<u>28</u> Mirdale Sanatorium	T.B.	Graded work - (American T.B. Assoc. Pre-vocational - Secretarial - etc. Nurses course.

DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST.
June 2nd.	Chicago -	<sup>X</sup> 29 Psychiatric.	} Short Mental Experimental	Group work. Treatment alongside Insulin & Mefenol treatments ∴ = experimental O.T.
June 3rd.	Ypsilanti.	<sup>X</sup> 30 Michigan State Hospitals	} Mental. (New)	O.T. with separate large building - All Hospital industries under O.T. direction & considered therapeutically. Pls: do 3 days industrial & 3 days recreational O.T. Work graded.



DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST
June 6:	Baltimore.	<sup>31</sup> Curative Workshops - Johns Hopkins	Functional + Neuroses	Just beginning - Not recognized by hospital - Volunteer service.
" "	"	<sup>32</sup> Kernan Hospital	Crippled Children	Mainly Diversional + to aid discipline -
" 7:	"	<sup>33</sup> Sheppard Pratt	Private Mental	Good. Social - (Wealthy) -
" 8:	Alentown.	<sup>34</sup> Allentown State Children's Hospital	Mental	Interesting organization Children's Units. T.B. Physical Music. Training. Students. Farms.
" 13.	Boston.	<sup>35</sup> Children's Hospital Miss Tramm	Cripple - Orthopaedic Cerebral Palsies	Excellent P.T. = games - Working with cerebral palsies cases. - Excellent O.T. discipline + interest. Physiotherapist

DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST.
June 14.	Boston.	<sup>36</sup> Worcester State Hospital.	Mental	Experimental O.T. Industrialization of O.T. Evaluation clinics - Good students & nurses training.
June 15.	"	<sup>37</sup> Massachusetts General.	Acute General + Psychiatric	Cardiac - Arterial - Hand clinic - Starting functional - Nervous treated.
June 16.	"	<sup>38</sup> School for Blind (Perkins)	State aided	O.T. = handwork - + Some help in adjustments.
" "	"	<sup>39</sup> Fernald School.	Mentally Deficient	No O.T. Excellent school work.
" 17.	Providence	<sup>40</sup> Rehabilitation Bureau	Disabled.	Pre-industrial. Social - Placement in homebased. industry.

DATE	PLACE	HOSPITAL	TYPE	NOTES OF INTEREST
June 20.	N. York.	4 King's Park - Long Island	Mental	Pre. industrial. Library.
June 16.	Boston.	Danvers - State	Mental.	Met O.T. Discussed Art. work.
"	"	Metropolitan -	"	Met O.T. Discussed O.T. with insulin treatment with long knife cases.
"	"	Bridgewater.	Delinquent Girls.	Met O.T. Discussed use of O.T. in Institution.



Further places visited - & people met.

- Headquarters -  
American Occupational Therapy Association
- Director  
State Dept. of Mental Hygiene -  
New York - Mrs. Stagle.
- Director.  
City Department of Hospitals -  
New York - Miss Merritt.
- Dr. Dunton -  
Editor - "Occupational Therapy &  
Rehabilitation" -
- Dr. Phelps -  
Specialist in work with  
Cerebral Palsy cases -

## Schools visited.

- Philadelphia School of Occupational Therapy.
- Toronto School of Occupational Therapy -  
(Attached to University),
- Milwaukee Downer College -  
+ School of Occupational Therapy.
- Boston School of Occupational Therapy





Discussion on Opening Dept. in General Hos.  
 The Association for Crippled & Disabled in  
 Cleveland has 3 O.T.s employed part time  
 in hospital departments in the city.

Notes

- Where there is a P.T. Dept - co-operate & work together.
- In one hos. where P.T. is established - prescriptions come to them & they pass on cases to O.T.
- Here work is definitely Therapeutic - preferably functional.
- "Happy employment" = a luxury - which hospitals can seldom afford.
- In approach - O.T. or a Doctor should present O.T. to the medical staff - not once only - but on several occasions - to "sell" the facts.
- In this presentation - be concise - clear - use medical terms - (+ know & believe what is said) -

Men:

Training paid for by Bureau of State Rehabilitation  
 = 1 years course - Morning = Training  
 Afternoon = Production -

10¢ - then 15¢ per hr.

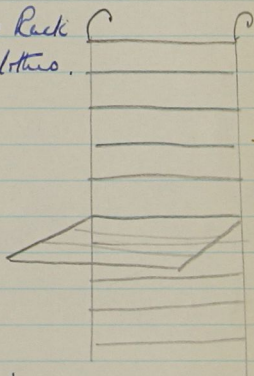
Advanced course Jewelry - 6 months.

Mechanical Drawing

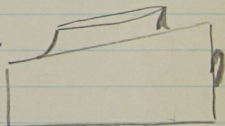
{ Chair caning  
 Upholstery  
 Furniture Finishing } 9 months.  
 - painting: Commercial orders.

Toolwork . Training . 1 year . (Some not state)

Drying Rack  
 for clothes.



Children's  
 Shoe shine  
 Box.



c. Homebound.

= Taking sheltered workshops - on economic basis, into homes.

(Anyone transportable comes by bus or car.  $\therefore$  remaining cases = very bad).

Paid on piece work.

Work sold in Shop at Assoc. H.Q.

- Shop "assistants" = voluntary workers.

who - piece work -

fold -

or in -

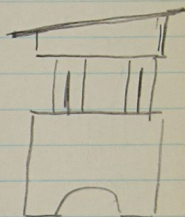
put in cellophane cases &  
set out for sale.

Work in shop ~~kept~~ wholesale or retail sales.

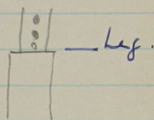


O.T. Workshop.

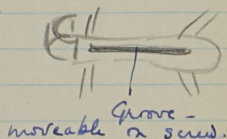
Equipment. Bicycle Saw.

To strengthen  
hip flexors -Kearny Bench  
= adjustable.  
Screws inside.(Pedals very loose on big beam to  
encourage co-ordination).Flexion in Horizontal Plane - Handle high  
(shoulder) - above beam height.

Adjustable work tables -



3 size pedal arms to bicycle saw -


Grooved pedal foot rest to saw - to  
adjust position -

(Notes. "Treadle motion is obtained on bicycle saw by encouraging complete relaxation of psoas major on each downward stroke which permits fullest possible amount of dorsiflexion.")

look up - "Adams attack" - in diagnosis of a  
pt.



## Togo + Re. education.

- Dot to dress + undress - (big) -
- Wooden clock.
- Rubber blocks - (less shock in dropping)
- Crane & wind
- Wood blocks to pound.
- Pyramids
- Big beads - threaded with stick on cord.
- Small "
- Accordion { Finger exercise  
Twist resistance  
Shoulder abduction.
- Peg Boards + Blocks.
- Wooden clock.
- Bicycle Saw.
- Kiddie Kar + pedals } Keep feet apart.
- " " " }
- Sewing cards -  - Knickerbocker.
- Marble mosaics.
- Blowing bubbles - (Breathe control)
- " out candle.
- Lacing board.
- Button -
- Zipper -
- 3 sizes bean bag.
- Jackstones.
- Hap Rubber ball to throw overhead.
- Screw Horse.
- Rubber Squeakers.
- High Pyramid.
- Adjustable shelf as table.



May 2nd. 1938.

" O.T. & Recreational Therapy among the Ancients  
 Dr. H. L. Levin - Director - Clinical Psychiatry.  
 Buff: State Hos.

O.T. not modern.

Work - Exercise & Play = old ideas.

P.T. = Chinese originally.

2600 B.C. Disease caused organic inactivity.

Gambling & opium effects counteracted by P.T.

Persians - used P.T. for a military end. even at age 6 - but there was a neglect of intellect.

Greeks - Socrates - Galen. Plato Hypocrites.  
 P.T. & Mental Health. ? which was important.

Athenians practised it.

Spartans - military man: power.

P.T. caused patients to doubt their doctors.

Artan = city of athletes -

= school of medicine - (Demosthenes).

Recreation - Mimicry - Emotional -

Egyptians - Drafts  
 Harp  
 Poets.  
 Dancing

Sam. I. 16. 23.

Greeks - Recreation = Educational -  
Socialising.

Charivari Reus.

1st Prize = Handworker maids.

2nd - = ? man.

Latins - alternated work & play.

Renaissance.

Work.

Egypt.

3400 - B.C.

Hebrews.

Greeks.

} happy in  
it.

- The O.T.s employed here - (100 male & 100 female) - make rounds with Senior Physician & Supervisor of Nurses every day.
- Has a list of every pt on every ward, & marks on this where they work.
- Has received a work report from every dept: in hospital the day before +
- Has checked number who should be working -
- Queries any who are list & are not "
- Notes slips in grades on reports - (A.B.C.D.E) & queries any regression - to maintain vigilance over mental & physical state of pts.
- Has a list of requisitions from each Dept of Industrial Depts: + tries to fill this suitably to maintain various working quotas.
- ALWAYS WORKS WITH SUGGESTION OF Physician -

Note: - Work quotas worked out by Heads of Depts + Steward. (No control of O.T.).

- The work in all depts: has been carefully analysed & graded by a committee similar to the Evaluation Clinic.
- Through the above method 56% of the patients & their adjustment is considered DAILY - (see charts) -



D. Medical Service

This is the sick service - bed patients

T.B - temporarily physically ill etc.

The occupation here is at the discretion  
of those in charge + is variable.

## Expert Services At Economical Rates

To those who would help handicapped workers to help themselves, we suggest giving employment whenever possible through the BUREAU FOR THE HANDICAPPED, ~~26 Custom House~~ *797 1/2 Main* Street, Providence, under the assurance of the BUREAU of the ability of workers furnished.

Over 300 people were known to the Bureau last year. These were given therapudic treatment, training, employment, or placed in industry.

### Placement Service

#### CLERICAL WORKERS

Stenographers, typists, bookkeepers with business school training, also hand addressers and office boys on call.

#### HANDY MEN AND WOMEN

Experienced at housecleaning, fixing up yards, rough carpentry, and similar home service, also firemen, janitors and watchmen.

#### SEAMSTRESS

The Bureau is prepared to furnish women who can mend, make over olothes, or make new ones - working either at your home or under supervision of the Bureau.

### Handicraft

Tooled leather work

Hand woven materials

Baskets repaired

Braided rugs

Hooked rugs

~~Hearth brushes~~

Rug mending

Crocheting

Knitting

### The Sewing Shop (will make to order)

BEDSPREADS, blanket covers, curtains and slip covers.

TRAVEL SETS, luncheon cloths, breakfast sets, ~~sewing bags~~, hand bags, pillows, etc.

HOSPITAL SUPPLIES, ~~children's dresses~~, uniforms, maid's aprons, smocks, etc.

MENDING and REPAIRING of all kinds. Silk stocking runs invisibly mended.

Puffs recovered. Worn collars and cuffs of shirts turned.

Hemstitching by hand - monograming - embroidery - hand made button holes - sweaters bound.

### The Woodwork Shop

REPAIRING FURNITURE ~~and making bookshelves, cabinets, etc., to order.~~

UPHOLSTERING. Davenport and chairs upholstered, springs retied.

Excellent work at reasonable rates. Also slip covers made.

QUOTATIONS GLADLY FURNISHED

FURNITURE CALLED FOR AND DELIVERED.

FOR RELIABLE WORKERS TO FILL PERMANENT OR TEMPORARY JOBS OF ANY KIND

Call - Bureau For The Handicapped - DEXter 6172



QUESTIONNAIRE

What is the general outline of your scheme for Rehabilitation of Handicaps?

What is your annual Budget?

From what sources is it derived?

How many people are on your active list in:- (a) one year?  
(b) an average month?

How many do you rehabilitate in a year with:- (a) permanent employment?  
(b) casual employment?

What is the cost per patient rehabilitated?

Do you operate a Sheltered Workshop for those unfit to return to commercial life?

If so, what work do you concentrate on in this shop?

What is your staff?

What is your average daily number of clients?

Does the shop carry itself or what is the annual deficit?

What is the per capita deficit?

Do you accept mental cases, quiescent T.B. or spastics in this shop?

If not, what types do you take?

How do you dispose of the manufactured products of this shop?

Question - #1 What is the general outline of your scheme for Rehabilitation of Handicaps?

Answer - The Bureau was incorporated in 1930. At that time it was an amalgamation of four community projects carried on by three different agencies. In the local Family Welfare Society an Occupational Therapist for the homebound had been employed. She had an advisory committee and as the name indicates, all therapy was done in the home and in retrospect most of the work was undefined, but in the main, she occupied herself with therapy from the psychological point of view, or what is more commonly known as diversional therapy. In the Family Welfare Society there was a placement secretary whose job was to find jobs for the physically handicapped. She also had an advisory committee. Her main work was job finding. (I was the one who started the work and was fortunate enough to visit organizations in Boston and New York who were doing employment work for physically handicapped people). I



think my work was more closely modeled on that being done by Miss Louise Odencrantz who was at that time connected with the Institute for the Crippled and Disabled and who later became head of the handicapped division of the United States Employment Office in New York city. The placement secretary made no efforts to make social adjustments. If the client needed this he was referred to the case workers in the Family Welfare Society. Records were similar to those Miss Odencrantz used.

In addition to these two functions the Bureau took over Sheltered Shop for the Blind which had been run by a private association for the blind. (There were half a dozen men who caned chairs and one sighted man, physically handicapped, who refinished.)

Also in the amalgamation was the work being done by the Junior League Society which Society was running a sewing room and giving out sewing to a group of women, who were in the main, economically or socially handicapped. This work which the Junior League had been doing had its beginning way back in the 1860's shortly after the Civil War. From that amalgamation has grown the following structure:

Occupational Therapy work is now carried on both in the home and in a Shop here at the Bureau. We have begun to get functional as well as psychological cases. In the main, they are referred by medical or social work sources. (Enclosed is a prescription blank which must be signed by a doctor for each patient). The Therapist confines her treatment in the Shop to mornings and at the present time we have five patients. In the afternoon she makes home calls on a group who need Occupational Therapy from a functional or psychological point of view and because we have a very small staff, she also works with the homebound patients who make marketable products. In addition, she works with a corp of ten volunteers, home visitors, each of whom are visiting a homebound patient weekly. These homebound patients are that group of patients who do not need the trained service of a therapist and who are not yet capable of marketing their products.

These visitors, in some instances, visit purely in a "sunshine capacity." Others are patterned patients to reach a craft standard. This work for the homebound is patented after the work done by the Association for the Crippled and Disabled in Cleveland.

We added, as my paper indicated, a training shop when the code cut off home work under the National Recovery Act of 1934.

In 1935 the private association for the blind made arrangements for a travelling shop for the blind workers, that is, the blind workers were returned to their homes and a truck was secured which picks up the chairs from the customer and takes them to the home of the blind person who then canes the chair and the chair is trucked back to the customer by the association. We gave up all chair caning at that time and also press seat work. However, we do the sighted work on chairs for the blind people and in addition we do upholstery work and make a number of small articles for sale such as sweater stretchers, bird houses, baggage racks, etc. This shop is, as a matter of actual fact, a sheltered shop as we do sometimes try out boys from the School for the Deaf who have had considerable training in woodwork in their school training and we have great hopes that someday we may have a supervisor and offer courses to handicapped people in upholstering in order that they might set up neighborhood shops of their own or be trained to get a job with commercial firms.



We also have a sewing room. The patients are no longer economically handicapped, but all physically handicapped. We do wholesale and retail sewing. Our wholesale work is confined to submitting bids for hospital supplies and gowns, locally in Rhode Island. Our retail work is to a great extent fine sewing for orders that people give us although we have certain articles of our own design which we sell either directly or through consignees throughout New England and in the Eastern part of the United States. Such articles are blanket covers, breakfast sets, smocks, etc.

We further do a great deal of vocational guidance and many patients known to us never work at the Bureau. We also do some job finding. This work has lapsed since I became Executive Secretary in 1936 as we have had changes in staff, but it is to be revived again this summer and I hope our statistics for 1938 in this matter will look more like those of the 1936 report which you will also find enclosed. So that in summing up briefly, the Bureau attempts (treatment) Occupational Therapy, Pre-Industrial Shop, (sheltered) Sewing and Woodworking Shop, Vocational Guidance and Placement Program and work for the Homebound.

In our sewing room and in our training shop the State Department of Rehabilitation pays for training courses (3 months machine stitching and usually 2 to 3 months jewelry soldering courses).

You can readily see from the small staff, the extent of our activities and that we must have other helpful resources and they are 40 volunteers, who are active in various ways. I have already mentioned 10 who are visiting the home, we have 5 girls who shop one for each day of the week and this program runs from October through May. We have a Model's Committee, Publicity Committee and Sales Committee, which are sub-committees to a Service Committee of 20 odd girls. They happen to be mostly members of the Providence Junior League although we have a number of volunteers who are not Junior League Members. Our whole volunteer program is a story in itself and a very interesting and helpful one to our work. In the summer time when they are not actively engaged in the Bureau, many of them conduct sales at their summer homes nearby. They are very valuable to us for the actual work which they do that supplements the work of the staff and could not be done by the client group. They further are a great deal of help in actual selling capacity both of our products and of the policies of the Bureau to the community.

Questions - #2-3-4-5- are, I think, answered by our last two Annual Reports which are enclosed.

Question - #6 is one which we have never figured, I think it is interesting and I think we should go into it. It would be impossible, however, to give you any data at this time.

Questions - #7-8-9-10, I think are answered also in the first question.

Question - 11 Does the shop carry itself or what is the annual deficit?

Answer: We aim to cover wages paid beneficiaries plus the cost of material. During 1937 in our sewing department we

paid beneficiaries	\$4776.00
paid for material	2824.00
	<hr/> 7600.00
received for articles sold	6975.00
Deficit in sewing room	<hr/> 625.00



Question - 12 What is the per capita deficit?

Answer: As we average 10 workers in our sewing room this would mean a per capita deficit of \$62.50.

The prospects for 1938 are that the deficit will be considerably larger.

Whole shop, including process

Paid beneficiaries	\$6982.00
paid for material	3429.00
	<u>10411. 00</u>
receipts from sales	9679. 00
Factory deficit	<u>732.00</u>

Question - # 13 The report of 1936 gives you in brief the main types of physically handicapped that are served by the Bureau. We do not accept mental or epileptic cases for service here at the Bureau.

The Occupational Therapist tried out under our homebound program an epileptic girl but did not carry the case long enough (she moved out of town) to make any analysis of her effectiveness with this sort of patient. We have had requests from time to time to take on the mentally and socially handicapped as well as epileptics but we have preferred to improve our program for the physically handicapped before expanding into these other fields.

Your last question, I think, also was touched upon in my answer to the first question.

Since we have various forms of case work data we now keep fairly full case records as well as employment information. (Forms enclosed). We do not attempt to do a thorough-going case work job and find that we do not have to in very many cases as so many of our cases are referred to us by case working agencies who prefer to carry on such contacts with their clients.

Finally may I tell you of our growing recreation program. Our third annual Field Day will be held in June. Patients are transported to a pavilion at the Seashore owned by Crawford Allen Hospital. This is a specialized hospital for crippled and cardiac children up to the age of 14 and we find that many of our patients have been there in the past and that they particularly enjoy going there for Field Day.

We also have a Christmas Party and both these activities are conducted by our volunteers. We intend to carry on next year, anoontime recreation program for the workers at the Bureau.

In closing may I issue a cordial invitation to you and any of your staff to come to visit us.

With all good wishes for your success, I am,

Cordially yours,

(Mrs.) Iris W. Booth



## Bureau for the Handicapped.

26. Custom House Street.

Providence. R.I.

### Function.

To train cripples, cardiacs, deaf, deafened, deficient vision & arrested T.B. cases & take their place in the Community.

The Bureau gives Vocational Guidance conducts a placement service, & provides sheltered employment for those who cannot compete in industry.

### Disenowm under Headings -

1. Prevention - 
 

{	a. accidents -	{ Home - Motor car - Factory - others -
{	b. Polio -	
{	c. T. B.	
- 2. Discovery & enumeration. 
 { Birth Census -  
 ... defects  
 General Censuses.
- 3. Hospitalization.
- 4. Education.
- 5. Vocational Training.
- 6. Placement.
- 7. Legislation.
- 8. Institutionalisation.
- 9. Homebound.
- + 10 - Co. ordination.

1. Nothing done by Federal Gov.  
Prevention only by private or state  
organizations.
2. As above - unsatisfactory.
3. Not always soon enough nor suitably.
4. Education - Social Security did not  
provide for crippled children.
5. As above.
6. Tho' private agencies only.
7. Social Security Act after war -  
Any state could get \$20.000 if it would  
match it with \$20.000 - to set up  
Vocational Training for Physically  
Handicapped.
- 8.
9. Private Agencies.
10. " + State but not Federal.

Blind considered separately.

If Employer undertook to give patient  
a job - then training began & then  
he could be supplied with artificial limbs.  
Training paid for by state.

O.T. mainly diversional - Homebound.  
Necessity = Lunkwied - after P.T.  
before rigid Vocational Training.

Finances - from Community Fund.  
Support - Volunteers - (40)

Board = 21.

Shops -

Sales -

Tury for new models -

Homebound - (10 or 11 under 05).

Publicity. Sales.

Workshop Depts.

Sewing. room.

Factory work.

O.T.

Income = augmented by sales.



Mrs Merrit.

(March 22nd. lunch).

Organiser of O.T. in N. York City Hospitals

Her views:—

- a. O.T.'s should be craftsmen, primarily—
- b. { gain specialised knowledge after training under the doctor of the special section where they work— (Note—library for research— Bond between O.T. & doctor
- c. { O.T.'s doing specific work— experimental— & only been going 2 years—
- d. { Essential for O.T. City Hrs. Departments to pay their way— use waste material & produce well-made goods—
- e. { Job of O.T. to reduce hospital charges by contributing to recovery & cutting short length of patients stay in hospital.
- f. { Aid recovery so that re-socialisation & re-habilitation should be adequate & prevent, if possible, patients' return to hospital or entry to other hospital.
- g. { Experiments with records are being made over a period of 5 years— to show the recovery value of O.T. & its financial position as an economic factor in hospital regime.

i. { An O.T. working 3 days a week  
with cripples in a hospital + 2 days  
visiting ex-patients in homes.

j. { Not to train physically handicapped  
as O.Ts, because hospitals cannot  
afford to supply "ball boys" to wait  
on them enough, although their  
mental + O.T. abilities may be  
excellent.

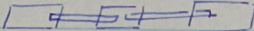
Universal Craft School.

(March 22nd. aft.)

M<sup>r</sup>. Hall.

Note. Am at Creatin -

Plywood & kather belts.

 etc.

Brackets on clock strips.

Toronto O.T. Association. (Canadian)

J<sup>r</sup>. Goldwin Howland = President.

M<sup>r</sup>. H. J. Dunlop = Director - University  
Extension - O.T. Training.



Southern Highland Industries -

(March 22nd. aft.)

French Building.  
(Co. operative shops.)

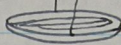
Dolls made from husks of Indian corn.

Food. carrying - rough &amp; smooth -

Rag. weaving - (Kettle. holders) -

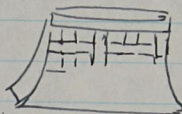
Pottery -

Basketry - (on excellent cane shapes -



shallow -

W.P.B's.

on square  
bases -with wide cane -

Brooms - carved handles -

Broom dipped in dye.

Hobby Horses -

Fancy Sugar squares -

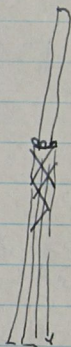
Metalwork -

Leather. button. holes -

One ~ -

X Nat buttons -

Twig paper Knife.

Embroidery shop. fancy material. Surrounded by  
plain - (muslin etc.).

## Visit to N.Y. State:

Head of N. York State Hospitals. (March 22d -  
morning.) - (26 Institutions)  
Interview - 1 Colony Epileptics -

### Her views - & news.

1. { That students in O.T. should be given credit  
in their course for former work connected with O.T.

### 2. Attendant item.

Paper in a hospital can allot an  
"attendant item" to any section. Hence possibility  
for O.T.'s to get help.

Special Attendant - 72\$ - & maintenance -

Ordinary - 50\$ - -

Students - after training & before undertaking  
posts - could obtain vacancies.

3. Schools have own examinations - no central  
exam: & no special syllabus - Certain schools  
recognized.

4. Civil Service have own examinations.

5. American Ass: for advancement of Service  
recognizes O.T. in that they have asked for  
an outline of the adequate training.

Travelling Institute. May 2nd + 5<sup>th</sup>  
Buffalls.  
Gowanda } (Programme to come).  
Rochester }

- Further publication by Mrs Slagle -  
Outline of Training in O.T. for  
Mental Patients - coming out soon Dec.

- Article in Hospital Review -  
by Mrs Susan Tracey.



## Notes given by Mr. Staple.

### ① Nurses' O.T. Exam.

1. Give Dr. Pattison's definition of O.T. & explain each part of it.
2. State in general the difference, if any, in the application of O.T. principles in the treatment of:
  - a. Medical & surgical convalescents -
  - b. Orthopaedic cases -
  - c. Pulmonary T.B.
  - d. Cardiacs -
  - e. Children -
  - f. Mental & nervous diseases -
3. Compare Physical therapy & O.T. Wherein are they related? How do they differ? Why is it necessary for an O.T. to have a knowledge of Physical Training procedure? Do you think it essential for a nurse to have a knowledge of these forms of treatment? Why?
4. Why should an O.T. be able to recognise good or bad posture & fatigue symptoms & be familiar with methods of relaxation?

5. Why should an O.T. have an appreciation of the mental & emotional reactions of the individual whom she is treating?
6. Name, define, & give the location of eight joint motions.
7. Why should an O.T. especially know the chief structures of the body & understand particularly the interaction & mechanism of the skeletal, muscular & nervous systems?
8. Why is it essential that an O.T. have a knowledge of the nature, symptoms, causes, progress & the usual treatment of any disease with which she has to deal?
9. Name at least 10 points, at or some of which should be considered in making an analysis of a particular craft or other activity as to its suitability as a treatment measure in a given case.
10. In what way can you, in your present capacity, use any new knowledge gained in this course?

## Another Specimen Paper.

1. Define or explain briefly & give examples of:—

- |                  |                    |
|------------------|--------------------|
| 1. Paranoia      | 6. Etiology -      |
| 2. Schizophrenia | 7. Hallucination - |
| 3. Regressed     | 8. Psychotherapy.  |
| 4. Introvert.    | 9. Prophylaxis -   |
| 5. Projection -  | 10. Negativism -   |

2. What are the outstanding features for O.T. in the following fields:—

- |                 |                       |
|-----------------|-----------------------|
| 1. Mental.      | 3. Feeble-mindedness. |
| 2. Orthopaedic. | 4. Tuberculosis -     |
| 5. Children.    |                       |

3. Trace an O.T. Programme from the Reception Service to Discharge, of a man, 35 years of age — whose former occupation was — "A Business Man".

4. What would be your approach & application of O.T. for 2 boys, whose chronological age was 15 — the one in a mental hospital — & the other in an institution for feeble-mindedness?



5. Show how a programme of O.T. would be modified for a Tuberculosis Service in a Mental Hospital.

6. Name 5 occupations other than crafts used in O.T. & explain their value.

7. Tell of what use, & explain the records kept by an O.T.

8. How would you gain the co-operation of Nurses & attendants for carrying on O.T.?

9. a. Give a Habit Training programme & explain it.

b. Tell what patients you would include in this group - & why.

10.

a. How could weaving be adapted for female patients who are:-

1. Deteriorated -
2. Manic Depressive - manic.
3. " " - depressed.

b. What occupations would you give to restore functions of -

1. A wrist - stiffened by Lamer.
2. A weak right peroneus muscle?
3. Aclerk & How the shoulder blade

## Another Specimen Paper.

1. Name 5 modern books which deal with Psychology & Psychiatry.
  - a. Give a case study of neurotic psychopathologic character.
  - b. Give list of recent magazine articles of particular interest to D.T.s.
2. Outline the relationships of all the Departments of a State Hospital & their relation to an D.T. Department.
3. From the therapist's viewpoint, what is the role of the patient in the modern conception of industrial therapy in relation to his progress from a hobby or pre-industrial shop to his industrial placement in the hospital, & finally to his economical adjustment in the Community.
4. What are the significant features in the content of an educational programme within a mental hospital.
 

What agencies in the changing social order may be utilised in a programme of adult education?

5. Outline briefly the recreational programme of a State Hospital; include the classification.
6. Make an outline of a course in O.T. for nurses. Give reasons for each point.
7. Describe charts & graphs necessary for the report of a patient's progress in the department.
8. In a modern hospital the library is of significant importance -  
Discuss:—
1. Selection & buying of books.
  2. Distribution to patient personnel.
  3. Bibliotherapy.
  4. Effective method of publicity.
  5. Where to go for professional aid.



## Advertised Posts for O.T.s in the States.

State of N. York. Department of Civil Service.  
State County & Village Examinations - May, 1937.

Tuberculosis O.T. Department of Health.  
Usual salary ranges \$1200 to \$1620 + maintenance.  
Appointments expected at State T.B. Hospitals at  
\$1200 with maintenance.

Duties - Under general supervision - to teach the  
manual arts according to the principles of  
O.T. to patients in State T.B. Hospitals, & to  
do related work as required.

Eg: - Instructing patients in a wide variety  
of handicrafts, as may suit the limited  
physical capabilities of bedside diversion;  
development of a graduated exercise programme  
for the patients; Keeping individual work records  
with reference to placement following hospitalization;  
supervising the O.T. department relative to  
efficient administration, care of shop equipment,  
ordering of all material; conducting activities of the  
patients & doing necessary shopping for them, &  
managing the canteen.

Minimum Qualifications: - Candidates must  
be graduates of a standard senior high school,

or must have had a satisfactory equivalent education. In addition, candidates must meet the requirements of the following groups:- either -

a. Must have completed a special course in O.T. which meets the minimum standard requirements established by the American O.T. Assn. or

b. Must be graduates of a satisfactory course in manual arts & must have had not less than 1 year of acceptable experience in organizing or directing an O.T. Dept. in a recognized hospital for T.B. or

c. A satisfactory equivalent combination of the foregoing education & experience.

Practice Training will not be accepted as experience.

Registration as an O.T. is desirable.

Candidates must have the ability to work with doctors & nurses; to plan ~~plan~~ direct & originate programmes of arts & crafts for individual needs; to provide work & create effective team work - to have a sympathetic understanding of T. B. patients & ability to stimulate & maintain the utmost in manual arts & educational pursuits, initiative, creative ability, resourcefulness, patience, good judgment, sense of humor. Subjects of examination: Written exam on knowledge & skill in performing the duties - Training - experience & qualifications - (Relative weight 5).



EXAMINATION FOR  
CHIEF OCCUPATIONAL THERAPIST

1. Name five modern books which deal with psychology and psychiatry.
  - a. Give a case study of the neurotic psychopathic character.
  - b. Give list of recent magazine articles of particular interest to Occupational Therapists.
2. Outline the relationship of all the Departments of a State Hospital and their relation to the O.T. Department.
3. From the therapist's viewpoint, what is the role of the patient in the modern conception of industrial therapy in relation to his progress from a hobby or pre-industrial shop to his industrial placement in the hospital and finally his economical adjustment in the community.
4. What are the significant features in the content of an educational program within a mental hospital.  
  
What agencies in the changing social order may be utilized in a program of adult education.
5. Outline briefly the recreational program of a State Hospital - include the classification.
6. Make outline of course in occupational therapy for nurses. Give reasons for each point.
7. Describe charts and graphs necessary for the report of patient's progress in the department.
8. In a modern hospital the Library is of significant importance;  
Discuss:-
  - a. Selection and buying of books
  - b. Distribution to patient personnel
  - c. Bibliotherapy
  - d. Effective method of publicity
  - e. Where to go for professional aid.

---oOo---



EXAMINATION FOR  
OCCUPATIONAL THERAPIST

ANSWER ALL OF THE FOLLOWING TEN PROBLEMS ON THIS EXAMINATION.

1. Describe briefly and give an example of each of the following
  1. Paranoias
  2. Introvert
  3. Schizophrenia
  4. Regression
  5. Etiology
  6. Projection
  7. Hallucination
  8. Negativism
  9. Psychotherapy
  10. Prophylaxia
2. What are the distinguishing features of occupational therapy in the following fields:
  1. Mental
  2. Orthopedic
  3. Feeble-minded
  4. Tuberculosis
  5. Children
3. What would you include in an occupational therapy program, from reception service to discharge, planned for a male patient, aged 35, previous occupation business man?
4. How would the approach and application of occupational therapy differ with two groups of boys with chronological age of about 15; one group in a mental hospital, the other group in a school for feeble-minded?
5. How is an occupational therapy program modified to meet the needs of a tuberculosis service in a mental hygiene institution?
6. A. Give an outline and indicate the purpose of a habit training schedule.  
B. What type of patient would you select for such training and why?
7. How would you, as occupational therapist, try to secure the cooperation of nurses and attendants?
8. For an occupational therapist, what is the purpose and value of records, and what do you consider adequate forms of records to meet these ends.
9. Give at least five types of activity other than crafts which are used in occupational therapy programs in mental hygiene institutions. Describe the content and purpose of each.
10. A. How would you adapt weaving for the following female patients:
  1. Regressed dementia praecox
  2. Manic depressive, manic
  3. Manic depressive, depressed.
 B. What occupation would you recommend to
  1. Secure movement in wrist stiffened trauma
  2. Overcome slight weakness in right gastrocnemius muscle
  3. Adduct and flex the shoulder.

# Psychiatric Institute & Hospital.

## Civil Service Examination -

Ass: O.T.

Sept. 28. 1929.

338. Ass: O.T. Dept: Mental Hygiene.

Psychiatric Ins: & Hos: N. York. City.

Five immediate appointments expected at \$1500.

Age limits - 24 to 45 years.

The duties of the position will include work with patients - both adults & children, & with affiliated students working at the Psychiatric Institute & Hos:, & with related activities as outlined by the Director of the Institute. Candidates must have graduated from a college or university of recognized standing, or show certification of the equivalent. They must have <sup>had</sup> a special course in O.T. in an accredited school, & must have had in addition, not less than two years of practical experience, one year of which must have been spent in a psychiatric hospital or clinic, or in a school for the feeble minded, or in a colony for epileptics, or in a child guidance clinic. Ratings will be based on verified statements in the applications & on corroborative evidence. A personal interview may be required. The examination is open to residents & non-residents of the N. York state.



# Universal School of Handicrafts. (Mar. 28. 1934 at day)

Work on Plastic Marble. (non firing,  
self hardening clay -) see book.

## Plate with Flexible Glaze. (I)

1. Choose plate of non-porous material - i.e. glass - as mould.
2. Choose glaze.
3. Cut templates of glaze as shapes desired to ornament plate.
4. Trace onto glaze.
5. Run glaze under water to soften for cutting.
6. Cut out shapes with scissors - carefully.  
(Keeping small pieces for other uses).
7. Dry glazed shapes.
8. Rub over with wax polish (i.e. Mousin) -  
(to preserve colour).
9. Rub over thickly with paste - (Higgins)
10. Crack glazes - without breaking background.
11. Place glazed pieces in position on back-side of plate, face downwards, & press gently but very firmly into position till stuck -
12. Stick centre glaze on - (if plasticine is underneath to raise & level plate mould -  
stick glaze onto greaseproof paper first.



13. Trim all flanges with razor blade - when dry.
14. " Steamline ~ them - kicking up.  
Leave to dry.
15. Mix CLAY -  
Estimate size of article in boat &  
Consider thickness.
16. Colour - 10% of proportion of clay  
" powder" -
17. (X) Mix with crystals - dissolved in  
proportion of 1lb to 1 quart water.
18. (X) For future patching keep aside  
 $\frac{1}{2}$  cup dried mixture... mix rest to  
SOFT DOUGH.
19. Allow mixture to set for 1 hr. before  
using.
20. Mix some of mixture to brushing  
consistency & brush on lightly - drying  
edges of flange first
21. Beat or roll out stiffer clay - to  $\frac{1}{4}$ "  
thickness: cut into large squares &  
work onto mould over 1st layer.
22. Trim edges.
23. Put tin plate in centre top & place  
on revolving board.
24. Trim round with palette knife.

25. Tidy up edges: patch if necessary.
26. Remove centre disc & tidy up the palate Knife.
27. LEAVE at least 24 Hours to dry.

---

### Button II.

1. Model in plasticine.
  2. Cut design on face: (no undercuts)
  3. Put the coat of rubber solution over carefully.
  4. leave at least 1 hour.
  5. Put another - thicker coat of rubber solution over.
-

### Ash Tray - III (small - red clay).

1. Use inside of mould -
2. Coat thinly with clay.
3. " more thickly with squares of clay.
4. Press mosaic shapes into position, after cracking them.
5. Clay over mosaics + cracks + edges.
6. Leave to dry.
7. Clean off with soft cloth.

### Ash Tray IV - (Black + blue).

1. Take shaped Tray.
2. Treat as former ash tray but put clay, (mixed black + blue), on outside or underside of Tray, using thin layer, then squares thicker.
3. Shape as for Plate. IKem I.
4. Leave to dry.

### Pen Tray V.

1. With mixed clay which has stood for an hour or two: model anything, i.e. pen-tray freely.
2. Leave to dry.



## Tile VI

1. Into a wooden shape - (made from bits of wood held at corners with adhesive tape) - put thin layer of mixed clay.
2. Now thicken up & tidy off surface with paper Knife

New York State Institute. Buffalo.

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PLEASE BRING THIS PROGRAM WITH YOU

## PROGRAM

THIRTEENTH ANNUAL INSTITUTE  
of  
CHIEF OCCUPATIONAL THERAPISTS

STATE OF NEW YORK  
DEPARTMENT OF MENTAL HYGIENE

MAY 2<sup>nd</sup> to 6<sup>th</sup>, 1938

## HEADQUARTERS

MAY 2, 3,	BUFFALO STATE HOSPITAL
MAY 4,	GOWANDA STATE HOSPITAL
MAY 5,	ROCHESTER STATE HOSPITAL

New York State Institute. Buffalo.

## ANNOUNCEMENTS

All sessions will begin at the hour specified and all members of the Institute are expected to be in their places promptly.

A Registration Committee will be on hand at each hospital session of the Institute in order that a record of registration may be complete.

Immediately following presentation of communications, all papers should be submitted to:

### *Clerk of the Institute*

MISS GERTRUDE VINK, Chief O. T.  
Kings Park State Hospital

### *Editor of Sessions*

MISS SUSAN WILSON, Chief O. T.  
Brooklyn State Hospital

### *Assistant Editors*

Miss Marguerite Vaughn, Chief O. T.  
Psychiatric Institute and Hospital  
Miss Ethel Randall, Acting Chief O. T.  
Utica State Hospital

Mrs. Ruth B. Nelson, Chief O. T.  
Marcy State Hospital

Miss Frances Nicoll, Chief O. T.  
Syracuse Psychopathic Hospital

Miss Mildred Sefranka, Acting Chief O. T.  
Manhattan State Hospital

### *Exhibits Committee*

Chairman: MISS VIRGINIA SCULLIN  
Chief O. T., Pilgrim State Hospital

Co-Chairman: MISS MATILDA REMSEN  
Chief O. T., Rockland State Hospital



New York State Institute. Buffalo.

*Members of Committee*

Miss Inez Wenz, Chief O. T.  
Central Islip State Hospital  
Mrs. Marion C. Brown, Chief O. T.  
Creedmoor State Hospital  
Miss Dorothy Pollock, Chief O. T.  
Newark State School  
Mrs. Mariella Menzel, Chief O. T.  
Letchworth Village  
Mrs. Lucy Larkin, Chief O. T.  
Middletown State Hospital  
Mr. Percy Larrabee, Chief O. T.  
Matteawan State Hospital

*Transportation Committee*

MR. JAMES E. SIMPSON, Chairman  
Supervisor of Physical Training  
Mr. George C. Dignan, Chief O. T.  
Harlem Valley State Hospital

*Other Committees*

Committee on Revision of the Syllabus for Training of Nurses in Occupational Therapy, and to receive Suggestions for Course to be Offered to Affiliate Nurse Groups:

Miss Irene Cunningham, Chief O. T.  
St. Lawrence State Hospital  
Miss Jessie Tozier, Chief O. T.  
Rochester State Hospital  
Mrs. Margaret Schoonmaker, Chief O. T.  
Hudson River State Hospital  
Mrs. Theresa Pratt, Chief O. T.  
Buffalo State Hospital  
Miss Mildred SeFranka, Acting Chief O. T.  
Manhattan State Hospital

Mr. George Dignan, Chief O. T.  
Harlem Valley State Hospital  
Miss Mabel Davis, Chief O. T.  
Craig Colony  
Miss Florence Northrup, Chief O. T.  
Gowanda State Hospital

Committee Receiving Suggestions for Courses of Occupational Therapy or Activities in the Physical Training Divisions Within Hospitals for Affiliate Nurses:

Mrs. Margaret Schoonmaker, Chief O. T.  
Hudson River State Hospital  
Miss Mary Gold, Chief O. T.  
Binghampton State Hospital

Suggestions for Physical Instruction and Recreational Schedules will be received by:

MR. JAMES E. SIMPSON  
Supervisor of Physical Training  
Department of Mental Hygiene

New York State Institute - Buffalo.

BUFFALO STATE HOSPITAL

MAY 2, 1938

Orchestra, Composed of Patients  
Conducted by Mrs. Ula Bissell, O. T. Dept.  
Exhibit of Tapestries, Wall Hangings and  
Other Projects.

9:30 A. M.

Call to Order for the 1938 Institute

Presiding Officers:

Mrs. Eleanor Clarke Slagle  
Director of Mental Hygiene Occupational  
Therapy

Mrs. Theresa Pratt, Chief O. T.  
Buffalo State Hospital

Address of Welcome, DR. J. A. PRITCHARD  
Superintendent, Buffalo State Hospital

Occupational and Recreational Therapy Among  
the Ancients, DR. H. L. LEVIN,  
Director of Clinical Psychiatry,  
Buffalo State Hospital

Therapeutic Development of Occupational and  
Social Activities for Patients in New York State  
Hospitals, DR. PHILIP SMITH, Chief Medical  
Inspector, New York State Department of  
Mental Hygiene

Illustrated Informative Talk on the Current  
Day Art of Bookbinding, Showing Various  
Stages of Book Construction, Tools, Etc.  
An opportunity will be offered to ask questions.  
Mr. John F. Grabau, Buffalo, New York,

Presentation of Projects.  
Members of the Institute.

1:00 P. M.

Luncheon, as Guests of the Hospital.

2:00 P. M.

The Possibilities of Suitable Affiliations for a  
School of Occupational Therapy in Buffalo  
Mr. Urquhart Wilcox, Director  
School of Fine Arts, Buffalo New York.

Fine Design in Wall Paper and Some Effects  
that can be Produced with Simple Decorat-  
ing Materials.

Miss Elise Bradford  
The Paull Studios, Buffalo, New York.

Broad Aspects of the Mental Hygiene Field  
DR. CLARENCE M. HINCKS, General Director  
National Committee for Mental Hygiene,  
New York, N. Y.

Recognition of Gifted Children, and What is  
Being Done for at Least a Few of Them.  
Professor Harvey Zorbaugh  
New York University, New York, N. Y.

Tea in Honor of Visiting Therapists and  
Guests of the Institute, at the Residence of  
the Superintendent.

Dr. and Mrs. J. A. Pritchard

7:30 P. M.

Committee Meetings, Parlor B, Hotel Statler  
Use of Room through the Courtesy of the  
Hotel Statler.

New York State Institute - Buffalo.

MAY 3, 1938.

9:15 A. M.

Members of the Institute are to meet at the Amusement Hall, Buffalo State Hospital, at exactly 9:15 A. M.

9:15 A. M. to 11 A. M.

Hospital Walk to Classrooms, Shops, Cosmetics Parlors and Patients' Library, Under the Guidance of:

Mrs. Theresa Pratt, Chief O. T.

Assisted by Members of the O. T. Dept. P. T's. will act as guides.

Note: The Physical Training Workers have charge of Special Guidance Groups, Troupers and Discussion Groups. They also carry on the special recreational features and deal with the prescribed schedule for research groups of patients.

11 A. M.

Albright Art Gallery.  
Lecture, and Visit to Individual Galleries under Guidance.

The School of Fine Arts  
Mr. Urquhart Wilcox, Director

1:30 P. M.

Luncheon

2:30 P. M.

An Arranged Visit to Points of Interest  
Mr. James E. Simpson, Chairman of Transportation Committee

GOWANDA STATE HOSPITAL

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MAY 4, 1938

8:15 A. M.

Leave Hotel Statler promptly at 8:15 A. M. for Gowanda State Hospital.

10:00 A. M.

Thomas Indian School, Gowanda Reservation  
A conducted walk has been arranged. This School is maintained for orphaned Indians, and the visit is made as a means of acquainting the members of the Institute with its facilities. The course offered for the instruction and education of these young people is of Statewide interest. There will also be available a modest exhibit of modern Indian work and some tribal antiques.

10:45 A. M.

Gowanda State Hospital  
Hospital walk, to shops, occupational therapy "Center in the Woods," patients new chapel, personal hygiene center, wild flower garden and the fine pharmacy of the hospital.

12:30 P. M.

Luncheon at the Employees' Cafeteria, as Guests of the Hospital.

The afternoon session, at the Assembly Hall is a joint meeting of the members of the Western New York Occupational Therapy Association and the members of the Institute of Chief Occupational Therapists.

1:45 P. M.

Presiding Officers:

Mrs. Eleanor Clarke Slagle, Director of Mental Hygiene Occupational Therapy  
Miss Florence Northrup, Chief O. T., Gowanda State Hospital and President of the Western New York O. T. Association



# New York State Institute - Buffalo.

Address of Welcome: DR. EARLE V. GRAY,  
Superintendent, Gowanda State Hospital

The State Map.

Will receive suggestions for enlarged list of  
personnel.

Miss Susan Wilson, Chief O. T.

Brooklyn State Hospital

Miss Virginia Scullin, Chief O. T.

Pilgrim State Hospital

Community Hygiene

Dr. Ralph W. Bohn, Director of Clinical  
Psychiatry, Gowanda State Hospital

Hobbies as a Safety Valve

Dr. William R. Dunton, Jr.

Catonsville, Maryland.

What is Homeopathic Treatment?

Dr. Erwin H. Mudge, First Assistant Physician  
Gowanda State Hospital

Exhibit of Drugs and Preparations Made for  
Personal Hygiene

Mr. Lester M. McSweeney, Pharmacist  
Gowanda State Hospital

## ROCHESTER STATE HOSPITAL

MAY 5, 1938

Joint Session of Rochester State Hospital and  
Craig Colony

9:30 A. M.

Visits to the Industrial Workshops, Inc., and  
the Eastman Kodak Company Plant.  
Conducted tour arranged.

10:30 A. M.

Hospital Walk, to classrooms and shops, the  
Reception Service, and other points of interest  
in the hospital.

12:30 P. M.

Luncheon, as Guests of the Hospital

1:40 P. M.

Presiding Officers:

Mrs. Eleanor Clarke Slagle, Director of  
Mental Hygiene Occupational Therapy

Miss Jessie Tozier, Chief O. T.  
Rochester State Hospital

Miss Mabel Davis, Chief O. T.  
Craig Colony

Welcome to Rochester State Hospital  
DR. JOHN L. VAN de MARK, Superintendent  
Rochester State Hospital

Brief Review on the General Subject of  
Epilepsy; The Ideals of Those who Founded  
Craig Colony

DR. WILLIAM T. SHANAHAN,  
Superintendent, Craig Colony

Films of the activities at Craig Colony will be  
shown in connection with the above address.

# New York State Institute - Buffalo.

Discussion of Dr. Shanahan's Communication  
Dr. G. Kirby Collier  
Rochester, New York.

A Physician's Aspect of Occupational Therapy  
Dr. Benjamin Pollack,  
Senior Assistant Physician  
Rochester State Hospital

Evolution in the Practice of Occupational  
Therapy, Assisting as it May in Future  
Scientific Results

Dr. H. Beckett Lang, Medical Inspector  
New York State Department of  
Mental Hygiene.

The Wives of the Doctors at Rochester State  
Hospital, graciously invite the Visiting  
Therapists and Guests to Tea in the Club  
Rooms of the Amusement Hall.

## OCCUPATIONAL THERAPY LAUDED

### Doctor says idleness, introspec- tion unhealthy

Emphasizing the "oneness of the personality," Dr. Clarence M. Hincks of New York, general director of the National Committee for Mental Hygiene, said yesterday that "you can't separate body and mind."

The mental hygienist should recognize this fact first, then work towards the mental adjustment of the patient to all situations, Dr. Hincks suggested. He spoke before the thirteenth annual institute of chief occupational therapists, state department of mental hygiene, in Buffalo State Hospital.

Dr. Harvey Zorbaugh, professor in the school of education in New York University, told the 150 delegates of his experimental work with gifted children. Dr. Philip Smith, chief medical inspector of the state department of mental hygiene, said occupational therapy is valuable in treatment of mental diseases because "idleness, lack of interest and introspection lead to unhealthy ideas and a deterioration which ultimately will be only a vegetable state."

Dr. J. A. Pritchard, superintendent of Buffalo State Hospital, entertained the delegates at tea yesterday afternoon. Revision of courses of study for mental hygiene nurses was considered at a committee meeting in Hotel Statler last night.

Therapeutic Development of Occupational & Social Activities for Patients in the N. York State Hospitals.

Dr. Philip Smith -

Chief Med. Insp.

N. York State Dept. Mental Hygiene

Dr. Rush = Pioneer - Psychiatrist. 1789.

Dr. Brinham = Utica - 1843.

Friends Asylum - Phila. - 1841.

Massachusetts Hos. Circular Railway.

O.T. gradually became recognized -

School of Civic & Philanthropy has short course -  
? 1908.

State Charities Aid Assn. interested.

O.T. was mostly Industrial - Games & Walks.  
with co-operative patients.

Pre-war = Arts & Crafts.

Post-war = More Therapeutic.

1921-22. Gowanda.

St. Lawrence.

Hudson River.

Manhattan Park.

} 1st  
Hos.  
to have  
O.T.

Money was raised for O.T.

22-23.

Forms were made out for reference.

Waste Space in hospitals given for O.T.

1 O.T. in each hospital.



24 - The first Institute - (or Conference) of  
N. York State O.T.s was held.

24 - 25. There were Reconstruction plans -  
James E. Simpson - P.T. Supervisor.

Pre. industrial Departments under  
Consideration -  
Playing fields.

26 - 27 - Patients sent to Pre. industrial work.  
Cement Work - Painting.

Personnel was increased.

27 - 28. Mrs Harriet E. Roberson assisted  
Mrs. Staple.  
Also Mrs Mary Shanklin.

More pre. industrial shops -  
" Ward centers -  
" men's " -

28. 29.

Medical staffs began to show greater  
interest.

29. 30. Syllabus for Nurses Training  
Revised.

Chief O.T. to lecture to Nurses.  
Attendants to be trained.

30 - 31. Physical Training developed.  
Professional standards of O.T.s came  
under consideration.

Private Institutions developed.

Mrs Slope visited England -  
Board of Govt interested.  
Samples sent over.

Printing - Bookbinding - Willow work.

32 - 33 - Functional & Corrective Exercise &  
Posture Work added to O.T.

Mus. Libraries.

33 - 34 - O.T. come to stay.

Sheltered Workshops -  
Parted patients.  
Homebound -  
Research -

Higher standards in training work.

JOHN F. GRABAU  
ART BOOKBINDING STUDIO  
429 Parkdale Ave.  
Buffalo, N. Y.

EGG SIZE FOR GOLD LETTERING

Whites of 4 eggs in a china bowl, add in order given  
24 Drops of Syrup of Squills  
24 " Oil of Sassafras  
24 " " Wintergreen (Commercial)  
4 Teaspoons " Vinegar

Mix with egg beater, let stand for 8 hours, strain  
through batten into bottle.

FLOUR PASTE

3 cups white flour, in a kettle  
1½ heaping teaspoons powdered alum  
1 " " Salicylac Acid  
1 pint cold water. Mix thoroughly and add  
1½ teaspoons Oil of Wintergreen (Commercial)  
3 " Carbolic Acid C.P.  
5 pints cold water, cook until thick, stir until  
smooth. Cover with cardboard

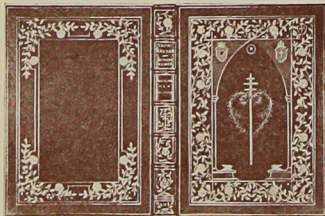


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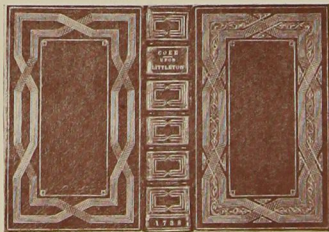
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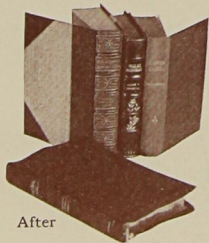
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*Silver Medal Panama Pacific Exposition*

# Bookbinding - Mr. J. F. Gibson.

History - illustrated.

## Notes.

Onion skin - Reinforced - can be used as strengthen - multi-cls. or Japanese vellum.

Whip stitching - similar to sewing 1 on & 1 off - for single sheets.

Gold paper with grain + use millboard same.

Use block for rounding books when cords - too close to get hammer head in between them.

See Gold leaf lifter in illustration.

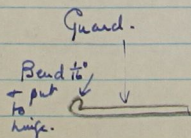
Dye tips of books - Red dye.

Leaving cords - cut groove inside between books -

3 'fillers' needed to warp leather.

Head. bands on 2 strands - figure 8

Guard in hinge to stretch leather for fold breaking back.





Strengthening corners - leave twice thickness of board.

Rub leather & other edges square between metal sheets, with bone folder.

Book fib  
in hole



Set cap against a tin - size of back of book. (Have a set of these).

Damp cover before breaking back.

To close pores of leather use hot leaf gelatine instead of paste water.

## Presentation of Projects.

Options.

Making musical instruments from waste material - i.e. Ukulele.

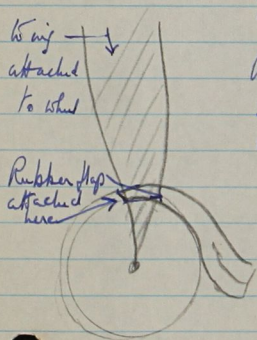
Back of Adhesive tape - to bind bottom.

Dyed silk stockings, cut up & woven into striped curtains - (i.e. Liberty's Indian weave material).

Dil silk - make into "beauty" capes.

Netting done in fine carpet ways - for curtains.

Plaided Raffia - 2 colours - finally sewn together to cover stuffed animals.



Penguin - wheels & flaps as feet made from inner tubes of tyres. Revolves between wheel & wing & body.



School of Fine Arts,  
 Chapman Hall 1131 Elmwood Ave

No student to take all subjects -

A (PROPOSED) FOUR YEAR COURSE IN OCCUPATIONAL THERAPY

→ LEADING TO THE DEGREE OF BACHELOR OF SCIENCE - University of Buf.

The degree will be awarded for the attainment of one hundred and twenty eight credits in the following subjects:-

ART, taken at the School of Fine Arts and the Albright Art Gallery, amounting to two full years.

THEORY, taken at the University of Buffalo, State Teachers College and the McKinley Vocational School. (P.T. Recreation Library - Horticulture) -

PRACTICE TRAINING, taken at the Buffalo State Hospital, Gowanda State hospital and other accessible hospitals.

ART CURRICULUM  
 FIRST YEAR

FIRST SEMESTER	Hrs. per wk.	Credits
Objective Drawing from casts and costumed model	12	6
Design. Study of Historic Ornament	6	3
Creative Design	9	4½
History of Art	3	1½
Theory of Occupational Therapy		
		<u>15</u>

SECOND SEMESTER

Objective Drawing from the living model	12	6
Design. Applied Color Theories	3	1½
Creative Design	9	4½
Costume Design	3	1½
History of Art	3	1½
Theory of Occupational Therapy (demonstrations - hospital)		
		<u>15</u>

The first year provides full time at the Art School. The theory of Occupational Therapy is under the direction of a trained worker in this field and will constitute a trial period for those entered in the class to ascertain whether or not they are qualified for this profession.

SECOND YEAR

FIRST SEMESTER	Hrs. per wk.	Credits
Modeling of decorative forms	6	3
Functional Design	9	4½
Stage Design	3	1½
		<u>9</u>

SECOND SEMESTER

Commercial Design, Lettering	3	1½
Pen and Pencil technique	3	1½
Still Life Painting	9	4½
Creative Design, block printing, finger painting, etc.	3	1½
		<u>9</u>



-2-

Art work in this year will allow for two full days at the University of Buffalo, Liberal Arts and Science department where general educational subjects will be taken. A schedule of three subjects on two days a week will provide twelve credits for the year.

### THIRD YEAR

FIRST SEMESTER	Credits
Crafts, as weaving, wood working, metal working, leather work	6
SECOND SEMESTER	
Crafts (continued), book binding, clothes construction, marionettes, pottery, reed work . . . . .	6

Art and craft work in this year allows for three full days at The University of Buffalo, Medical Department where the biological and clinical subjects will be taken. A schedule of three subjects for three days a week will provide eighteen credits for the year. 18

Biological subjects will be:

Anatomy, physiology, neurology, kinesiology, psychiatry, psychology.

Clinical subjects will be:

Orthopedics, tuberculosis, cardial diseases, blindness and deafness, contagious diseases and general medical and surgical conditions.

### FOURTH YEAR

The fourth year will be devoted largely to practice in hospitals and specialization in whichever field the operative may elect. (such as mental, tubercular, crippled children, etc.) . . . . . 30

### SPECIAL SUBJECTS:-

Recreation, leadership, library science, physical training, dramatic and oral expression, horticulture, mechanical drawing.

These extra subjects will supply eight more credits

8  
38

The course could be accomplished in less than four years under the following conditions: -

1. Doing much of the hospital practice in the Summer months.
2. Presenting advance credit acceptable to the University of Buffalo.
3. Presenting advance credit in art acceptable to the School of Fine Arts.

The course is planned so that in case the student proves unsuited to this particular field of work at the end of the first year he (or she) will have had an excellent start in preparation for some other art occupation.

The approximate cost for tuition in the several departments will be \$800.00

## Presentation of School Proposals.

- Accepted with mixed feelings.
- Art questioned - to such a large extent.
  - Emphasis on one side questioned.
  - Thought to give students an opportunity of "discovering themselves" - not necessarily taking I.T.
  - Protection for parents investing in course - as other avenues left open by suggested arrangement of course.
  - Maturity greater after 4 years.
  - Non-art people could go to other schools.
  - \$1000 }  
\$1200 } to go to U.S.A) college - per annum.

## Criticisms of present O.T. graduates starting their training -

Lack of Artistic ability - i.e. design -  
color.

Unadaptable to surroundings in taste &  
general approach -

Lack of mature outlook.

Getting married -

Favouritism for patients - due to adolescent selfishness & more self-interest -  
consciousness than work interest.



## D<sup>r</sup> Clarence Hincks.

O.T. = a Tonic.

Mental Hygiene = prevention & Treatment.

1 out of 20 = mentally ill -

4% — " —

O.T. = Educational & re-educational.

Added to usually listed Physical & Mental Symptoms which are treated by O.T. is the fact of the Emotional Factor connected with the general run of illness - i.e. shock at diagnosis - not - from - attendant claims of family - earning etc. etc.

= 50% of treatment & consideration of illness which effects causation & determining cause of illness & outcome.

i.e. Truck Drivers -

2% had 7 or more accidents -

98% " very few.

2% were transferred to other work.

Believed to have accidents.

∴ deduction proved emotional stress.

Investigations proved -

1. Parents both dominant.
2. Never thought for themselves or tackled problems -
3. Re. actions = impulsive behaviour



Mental Health Principles should be more widely taught.

Socialization.	Interest.
Training in responsibility.	Adventure.
Security.	Joyousness.
Happiness.	

Out of 48 cases of Schizophrenia & Manic Depressions was discovered that all were unduly serious as children.

Balance.  $\left\{ \begin{array}{l} \text{Fun.} \\ \text{Seriousness.} \\ \text{Intimacy.} \end{array} \right.$

Normal beings should be communal beings.

Shared things multiply.

Fundamental approach this craft-

$\left. \begin{array}{l} \text{Skill - yes.} \\ \text{Craft - yes} \\ \text{+ Friendship.} \end{array} \right\}$

## Professor Harvey Zorbaugh.

### Gifted children.

Clinic in N. York - to estimate abilities of gifted children by research.

Top 1% children have I.Q.'s of 130 & over.  
Some up to 180 -

Case - Boy at Harvard at age of 11.  
 { Bachelor's degree - 14  
 A Doctor at 16.  
 { Ill. Unstable. Back Hall bedroom.  
 Mother dominating.

Gifted children are usually physically fit.  
 & emotionally stable.

They are often wrecked on the road to maturity thro' too much care & pampering - They should learn to contribute more to general life & interest.  
 Their creative ability & drive = inherent.  
 Motive direction } should be studied &  
 Emotional ability } trained in useful ways.

Family. Usually smart families -

{ gifted parents - ? Intelligent. ? Neurotic.  
 " over solicitous due to own frustration.

Family set high standards of expectancy.  
As the range of I. Q. rises - so, often, does  
Compulsive behaviour.

Family surroundings often bring some sense  
of personal inadequacy - this  
expectation of some ability not  
possessed or trained in member.

### Contemporaries.

Study Social adjustments -

High I. Q's - (170 - 180 - 190) usually have  
inadequate social adjustments due to difference  
in mind & age levels.

Special Education under settled -  
capable Teachers - with dignity -  
poise & ability & with the sense  
of humour & love of children to deal  
with all situations.

Philadelphia - Cultural Olympics - gives  
opportunity for talents & special  
desires & energies to be trained - i.e.  
Dramatics.  
Dancing  
Writing  
Painting  
Music. } etc. etc.



Children with high I. Qs attempt to join groups, not of own physical, but of own mental age. Not well received. Result - Social isolation -

Research has proved that 40% learnt to read on their own. (Edison).

Adolescents work out their own philosophies of life -

### Community Duties -

1. Test all early + discover the misfits.
2. Give special education.
3. Give guidance in adolescent years -
4. Emphasize that subject of excellence is important to the community.  
Give a high goal to aim at.

## Community Hygiene:

Dr. Ralph Bohn.

In N. York there were 99664  
Mental Hygiene Treatments in 1 year.

There are 32 Institutions for this -

Mental Hygiene has 3rd largest budget in  
State Items -

For 1 case treated - 6 should be treated.

Clinic records show an increase in  
interest in mental health.

Gowanda has 5 Child Guidance Clinics  
Connected with it - but the "follow up" is difficult.  
250 cases are seen in 1 year.

65% = Referred by public agencies -

15% = " - schools -

12% = " - physicians -

5% = " - courts

3% = " - ministers.

64% = Social problems -

20% = education -

15% = physical -

Only 35% carry out recommended treatment.

$\frac{3}{4}$  can be reached through schools.

Treatment results from hospital = good.

General practitioners used more equipment in psychiatry.

O.T. offers Social Adjustments -  
Vocational " "  
Avocational " "  
Physical Education - }

Mentally Superior & } are equally  
Mentally Deficient Children } unfortunate -  
Both need special treatment.

---

Hobbies.

Dr. Dunton.

- Every hobby should have some manual complement.

- Finger Printing.



What is Homoeopathic Treatment?

D? E. H. Mudge -

Two Homoeopathic Hospitals in N. York  
State - Gowanda & Middleton -

Homoeopathy = a system of medicine  
which claims that  
"like is cured by like" -

Originated in 1796.

1. Tests were made on the healthy - results noted.
2. Selection & administration of medicines were  
on the laws of similars -
3. There was a single remedy given -
4. And the minimum dose.

i.e. Belladonna will produce cerebral congestion -  
increase in pulse-rate & enlarged  
pupils -

- A patient with above as SYMPTOMS (+,  
perhaps - delirium) - had belladonna  
prescribed in attenuated doses.

Contrast = Allopathic School = drugs administered  
to produce bodily condition opposite  
to that produced by disease.

FUNCTIONS OF OCCUPATIONAL THERAPYJ. Lang.A. Preliminary Therapeutics

Object: To establish confidence of patient in hospital and in department.

- Method:
- (1) From prescription card obtain former occupation.
  - (2) From prescription card determine limits imposed by psychosis.
  - (3) Relate interim therapy to known work patterns.
  - (4) Maintain a monotony of tempo.
  - (5) Maintain narrowness of range within perceptive capacity and limits of execution.
  - (6) Use clear cut figure against neutral background.
  - (7) Use few and sharply differentiated colours.

B. Diagnostic or Occupational Survey

- Object:
- (1) To determine basic functional capacities.
  - (2) To determine level of total functional capacities.

- Method:
- (1) History of occupation as
    - a. Child)
    - b. Youth) showing (a) all occupations
    - c. Adult) (b) degree of accomplishment
    - (c) interest displayed
    - (d) satisfaction and dissatisfaction in results
    - (e) subjective evaluation of economic capacity
    - (f) determine norms of individual
    - (g) determine norms of individual training and environment.



B. Diagnostic or Occupational Survey (Cont'd.)Method: (2) Testing of function

(In regard to the individual determine for him.)

- a. Normal patterns used in personal behavior and residual level
- b. Normal patterns used in economic occupation and residual level
- c. Normal patterns and residual level available for use in hobbies
- d. Patterns available in latent talents and their availability for compensatory training.

(3) Other interests and ambitions.

Where possible, have patient outline these and, if possible, test for basic and residual level patterns.

(4) Testing Recreational and Amusement Levels

(To be tested individually in small groups non-competitively and in large groups competitively.)

- a. Limits of motorial and emotional capacity in relation to physical exercises expressed as satisfaction or dissatisfaction to different rhythms.
- b. Response to music of varying rhythm.
  1. Hearing
  2. Singing
  3. Responding motorially (a) Dancing  
(b) Marching  
(c) Games



C. Advanced Therapeutics

Object: From information in A and B, basic and residual levels of perception, analysis, synthesis and adaptation have been determined. It is now necessary to use these available patterns in retraining in occupation and in evaluating patient-occupational-environmental relationship.

Method: Progressive alteration within known capacities.

- (1) Variation in tempo of work, recreation, etc.
- (2) Variation in familiarity of motor patterns.
- (3) Variation of figure-ground relationship.

This also to include training of patient in recognition of his own altering relationship. Figure-ground to become more difficult of contrast so that training in perception and analysis are obtained.

- (4) Progressive variations in colours, gradually proceeding to many colours merging into ground-figure combinations.

\* \* \*

Evolution in the Practice of O.T. -  
 assisting as it may in Future Scientific  
 Results.

D. H. Beckett Lang. (see paper).

O.T. should become a diagnostic aid.

Studies should be made of -  
 Family } conditions -  
 Social }  
 Economic }

{ Patient objectively in family light -  
 { " subjectively " " " " own estimate

General medical Tests

Psychological estimate of intellectual capacity -  
 Prognosis.

O.T. Reception Service to test abilities -

Note Personal Hygiene -

- Approach to work.

- Skill in occupation -

- Limit of capacity

- Tolerance.

Quick Work Tests.

O.T. should study -

{ Psychology -  
 { Sociology -  
 { Psychiatry -  
 { observation -  
 { detective ability.

## Electro-encephlogram of Epilepsy.

Attack does not occur in all areas of brain at once.

Difference of rhythm in Petit Mal Grand.

Course of attack - { There is a normal pattern -  
" " an abnormal " (no clinical manifestation)  
" " a further observable method.

Basic feeling = insecurity + apprehension.

---

## Interview with Dr. Phelps.



Visit to Psychiatric Clinic. N. York State (March 2nd. aft.)  
(Presbyterian Medical Center near.)

Lecture - 2 - 3 - Schizophrenia - Dr. Hinsey.  
 (ass. super.) -

Schizophrenics show: -

Sluggish circulation

Pulse, difficult to find -

Physical inadequacy.

Organic immaturity.

Inability to compete in anything -

Narcissistic tendencies -

Scholarship requirements -

Use of intelligence - but inability to externalise.

Inability to make overtures to opposite sex.

They present a psycho-physical problem.

Puberty - difficulties begin.

Psychiatric syndromes serve a purpose & meet a definite need in the life of an individual - but are carried to excess in cases of psychoses.

Laws of reality = different from laws of mind.

Schizophrenics cannot be approached in adult language -

Regression = to level of comfort of child-mindedness  
Terminal stages different for different patients.

Divisions -

Simple -

Hebephrenic - (insanity of youth)

Catatonic - (I stretch tightly) -

Paranoid -

Simple = Quiet -

Seclusive

Energyless -

Thoughtless -

Biological instincts intact.

Indifferent -

Careless -

No application -

Not conversational.

(Water melon & wish story!)

No conflict for this type.

Hebephrenic - Eagerly absorbed in unreality -

Withdrawn -

Delusions

Indifference -

Deterioration.

Strenuous -

Bad in habits

often Tube-fed.

Billy laughter.

A study of primitive habits & language  
gives an indication of habits of schizoids.

Patients = A social + } disease causing removal  
Anti } from surroundings.

As recession from reality is more prolonged  
+ frequent, it is more difficult to improve.

?? Physicians' efforts at bringing patient  
back into contact with reality. It is of  
value, or not. Is patient happier -  
∴ better off for hallucinatory life?

Patient possesses capacity for  
abandoning symptoms for certain  
lengths of time -

Insulin.

Narcotic.

Any anaesthetic will do this.

But, can they be kept in comfort in  
reality?

Bi-sexual & exclusively potent thoughts  
Patients add effeminate role to  
masculine ones.

Patients consider themselves, or part  
of their beings, as other beings.

Read - Levy Bruhl on  
Primitive mentalities.



(Breitano's - N. York -  
= second. hand bookset).  
(Leary - " - - 9.4 o market.  
Phil).

Books to read.

Under the Obscure — Thomas Hardy.

To Bij — Edna Yerkes.

Old Wives Tale - Arnold Bennett.

Madame Barry - Lambert-

Anna Karenina — Tolstoy —

Red & Black — Skendhal

Crime & Punishment — Dostoevski —

(Biological - psychological - sociological) -

The Idiot - (epilepsy - Doskevski -  
alcoholism  
neuroleptics  
Physiology)

Timon of Athens - (G.P.I.)

King Lear - (Sensitivity)

Closed Garden - (Schizophrasa) - Italian Green.

Maid that found itself - Bears-

Reluctantly told - (manic depressive) Hillier -

Fear - (psychoneurosis) - Oliver -

Behind a Door of Delusion - Inmate. Ward 8.

**X** Manners in Business -) Mc Gibbon -

(Students adaptability & approach -) Ferris Printing Co.

Simplified Modern Design #2. Margot Lyn.

(School Arts Magazine - Davis Press Inc.

Worcester. Mass. U.S.A.

Landscape in Deciduous ( \$1. each

Thy's.

Figures

Davis { Old World Decorative Designs - \$1.50. P. T. Leons.  
etc. } Bird in Air. 75c. " " "

\* Modèles d'ouvrages - 10. Rue de la  
Pépinière - Paris.

4 fr. 50.

- Simple Jewelry - Rathbone. (English)

\* The Home Treatment of Spastic Paralysis - Percy Meritt Gowers  
Lippincott. Phil. <sup>m.3.</sup>

Metalwork & Jewelry - Monginot

- Square Knot Book No. 3. P. C. Herwig & Co.  
121. Sands St.  
Brooklyn. N. York.

+ Jewelry - Making & Design - Rose & Cimini -  
Metalcrafts Pub. Co.

+ Copper work. Augustus F. Rose.

Atkinson Munk & Co. N. York

? Indian Blankets & their makers. G. Wharton James  
Van Nostrand Press.

\* Design - D. Publishing Co. Columbus Ohio.

Nov. 1937 - 50c. }  
Dec. 1937 - 50c. }  
Jan. 1938 - 50c. }  
Mar. 1938. 35c }

+ Gifts of Distinction - Catalogue - Grammes - Inc.  
Athenstown. Pa.

+ Handicraft - \$1.00. Lester Griswold.  
(1931.) (Gift shops - Colorado Springs)

+ Dixon Tools - (Metal Catalogue). Newark. N. Jersey.

"The Weaver" - 99. Brickfield St. Tamarac, Penn. Mass.  
(Articles wanted).

- Roumanian Design Bk. (Emb & chip carving etc)  
(Good: seen at Clifton Grims).
- Sodžians Menas - 3. Liandies Menas  
48 - Diubini Raškai -  
Leidžia Žemės Ūk. Pūmā
- Massage & Medical Exercises - J. A. Churchill.  
Mary V. Lee. 104 Gloucester Place.  
Portman Sq.  
(1936)
- + New Pathways for Children with Cerebral Palsy. Gladys Gape Roper } Byers & Thomas.
- + Art Students Anatomy - Edmond T. Farris  
J. B. Lippencott.
- + The Spastic Child - Marguerite K. Lischel.  
(C.V. Mosby & Co. St. Louis. Mo).
- Applied Anatomy & Kinesiology. Kilham Pardon Brown  
Lee & Lukopin. Phil. 1934
- Adapted Group Gymnastics L. C. Dow. (1935)
- Articles - in T.B.  
Published by John Bale: 85 Gt. Titchfield St. Bt.
- Jan. 1938 "Therapeutic Percussion" - } Andrew L.  
Feb. 1937 "Insulin Treatment in Moderately & } Banyard M.D.  
for advanced cases of Pul: T.B. } (Maidenhead. N.York)
- Published in "Tubercle"



Reprints worth getting from O.T. & R.

- 1. Evolution of an O.T. Dept. in a General Hospital. } W. Braumid.  
Vol XI. Feb. 1932.
- 2. The Creative Workshops in Traumatic Surgical Cases - } John S. Coulter -  
Vol XI. Aug. 1932
- 3. The Creative Workshops from the Viewpoint of Industrial Accident Compensation } W. F. Faulkner -  
253.
- 4. Music in Mental Hospitals - } Martha A. Kallus -  
Vol. X - Dec. 1931.
- 5. Auto-Rehabilitation of the T.B. } W. H. Wattersen.  
Vol. 15. June. 1936.
- 6.

Odd Notes.

Modern Man = Afternoon Worker!  
 War = Traumatic Epidemic -  
 Walk through college -  
 Confused in 3 days in woods.

"Massage - Its Principles & Practice" - J. B. Menckel - (Br)

Rehabilitation of Speech - West. Kennedy & Can. \$4.00.

Speech Pathology - Sarah Stitchfield -

"Excursions of an Evolutionist" - John Fiske -  
Essay - "Meaning of Infancy" -  
Rise of period of dependency of human -

Journal of Mental Science      Mcerloo -  
1933 - 1934 -      McGowan.  
1937 -

? Insulin - Sleep on method.

Insulin Treatment for Dementia Praecox.  
H. M. Stationary Office, S'k'ra Row.  
(? Nabel Wilson)      London.

1934) Encyclopedic Diagnosis of  
Nervous & Mental Diseases. Berger.  
Dr. Raab. Sutter Co. St. Louis U.S.A.

X-ray for Calcification of Bone - (Paper)  
A. M. A Assoc. at Newark City - Sept. 1937.

Games - J. A. Bancroft. \$4.00.

## To do in England.

- X Visit - x Women's Employment Federation.
- X — x Pilgrini Trust.
- X — x ? York Trust
- x Cripples Assoc.
- ? Insurance Companies
- x ? Miss Darwin
- Chester.
- X — M. J. Cotton - Essex.
- Mrs Goodman -
- X Papworth.
- X — Chailey.
- ? Lord Mayor Treboar's.
- ? Nancy Ross.
- Paddy -
- Mrs Owens -
- Shrewsbury.
- x Mental Hygiene Council
- x Chartered Institute Missionaries
- x ? Institute Med. Psychology -
- X — x Girl Guides Assoc. Miss Ken. Handicapped.
- x Mrs English.
- x International Union - T. B.
- ? Home for Epileptics - Highfield, Surrey.
- Sir Frederick Mowbray - Miss Emery.
- 6 months Ken visiting hospitals & facilities thro' empire -
- Comment on O.T.



## Questions Investigated in O.T.

— Training Schools - + Courses given.

— Mental Work -

- Diversional
- Therapeutic
- Industrial
- { Pre. industrial &
- { Pre. Vocational.
- Chronic cases.

{ Experimental - with  
Insulin & Mefenol  
Treatments.

— Orthopaedic -

- Fracture (post) treatment.
- Nerve lesions -
- Physical illness &
- after effects.
- Cerebral Palsy cases -
- etc. etc.

— Cardiac.

- Graded work -
- Home bound -
- Sheltered Workshops -

— Tuberculosis -

- Graded work -
- Sterilization.
- Pre. Vocational - &
- Vocational.

- Rehabilitation Bureaus - } Use of O.T.
- Penal Work - " " " "
- Nurses' Training in O.T.
- Students' work in hospitals, etc.
- Finances of O.T. Budgeting -
  - State money -
  - Private " -
  - Sales " -
  - Materials - etc.
- Personnel -
  - No. of patients in different institutions -
  - No. of O.T. -
  - Extra help.
- Music Therapy.
- Physical Training.
- General Relationships -
- Children's Work.
- Insurance Work.

# ACCOUNTS.

85

## Expenses —

As per enclosed account.

£86. 10. 0.

Meals — average over

92 days —	£24	3	0
	£110.	13.	0

## Unlisted items.

- Tips - Hotels - porters - etc.
  - Local travel - in each city or to places just outside.
  - Luggage expenses — Transport, Booking.
  - Some tuition fees. (approx £6) —
  - Books for reference & teaching — (approx £8)
- (note: these to come out of own savings) —

— Samples.



-1.  
DORSET HOUSE SCHOOL OF OCCUPATIONAL THERAPY  
BARNLEY HALL EMERGENCY HOSPITAL,  
BROMSGROVE, WORCESTERSHIRE

TELEPHONE  
BROMSGROVE 2232

TELEGRAMS  
BROMSGROVE 2232

Impressions of Occ. Ther. in  
America + some comments on  
further development there & in  
England.

- Landed in N. York after bad voyage.  
Tall buildings lolled.  
Taxis started & stopped with appalling  
suddenness.
- Gradually became "conditioned" - ! !!!
- Trip covered:-
  - N. York
  - Philadelphia
  - Buffalo -
  - Rochester
  - Syracuse
  - Buffalo -
  - Toronto -
  - Cleveland
  - Chicago
  - Milwaukee
  - Ann Arbor - Detroit.
  - Washington.
  - Baltimore
  - Philadelphia
  - Boston.
  - N. York.

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BROMSGROVE, WORCESTERSHIRE

TELEPHONE  
BROMSGROVE 2232

TELEGRAMS  
BROMSGROVE 2232

Impression: - slow development:  
plenty of statistics:  
acceptance of light work in  
many gen. hospitals.  
heavier work in mental  
hospitals.  
Social emphasis in mental &  
T.B. hosps.  
Close connection with education

Mental Hospitals. 4 Types of Organization

1) All work = O.T. general.  
Worcester State: Birm. O.T. special for newly admitted  
✓ convalescents: 6 wks.  
(enlarge) - wound dressing  
Quotas etc.

2) O.T. & Utilitics alternate days.

Hospital -

Good building.  
Vg. feeling  
"Personal laundry"  
ten. parties - etc.

3) Pilgrim State. (8000) O.T. Separate.  
190TB. from Utilitics.

Use of waste mat:  
dyed "burlap" or hessian.  
True O.T. & wood!

4) Bloomingdale. (1000). social. 90% pts do  
O.T. work. (Spanish families!)

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TELEPHONE  
BROMSGROVE 2232

TELEGRAMS  
BROMSGROVE 2232

Workshops.

Here became convinced of  
need of possibility of specializing

Philadelphia:

attached to school for  
outpatients of University Hosp  
of Philadelphia: all types.

Cleveland.

Assoc. of Crippled &  
disabled. (Guth.)  
vocational work.

Milwaukee

- Workshops - clocking in.

(Need for industrial or heavier work  
seemed apparent).

Children.

D. Carlson's School. N. York.  
(No. D. T.)

D. Phelps - Baltimore.

Spalding School. Chicago - not known

800 pupils -

Hitler's envoy - Germany  
does not waste sentimentality

58 staff.

to Physiatrists -  
speech therapist  
on. " "



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TELEGRAMS  
BROMSGROVE 2232

Mental Def: schools  
Epileptic Army - } Good.

● Delinquents - Def. Bridgewater, Mass.  
3. Dec. Thu. (103 inmates)  
Attention. children -  
Blind School. (Perkins - Boston)

In this country -

E. N. S. -

overworked -  
? equipment  
movement of cases.

City general.

new development.  
out. patients dept.  
SPACE -

T. B. Sans.

Wanting more  
Educational.

Children - Have waited - could wait  
longer.

Mental. Limited - spreading again:  
supply of patients

M. D. Limited: teachers.

DORSET HOUSE SCHOOL OF OCCUPATIONAL THERAPY  
BARNLEY HALL EMERGENCY HOSPITAL,  
BROMSGROVE, WORCESTERSHIRE

TELEPHONE  
BROMSGROVE 2232

TELEGRAMS  
BROMSGROVE 2232

Blind. Nerve shocked - rather  
than re-training.

Delinquent. ??  
O.V. abroad. —

Outlook still too limited: } Supplies & equipment  
from industry report. } O.T. too much longer  
Two squips I like: — } Ed. Dobson.

1) You need to find out what dis-  
ability the patient has, but you  
also need to find out what  
patient the disability has!

2) The test of your work is: —  
What — "What do your patients  
make — but —  
"What do you make of your  
patients" —

Came back from American feeling more  
sure that O.T. is not what they are  
making — but a way of helping to build

Ruman has it but America has  
not 12 - 16 schools -

Running post. graduate courses.

Army here : Red & Social workers.  
No O.V.'s except in  
America.

Canadians to Scotland.





PILGRIM + YORK

TRUSTS - Study

Visit B.N. America

1938.

BOOK II.



BOOK II.

VISIT TO N. AMERICA  
IN 1938.

(BY GRANTS PROVIDED BY THE  
PILGRIM AND YORK TRUSTS  
OF GREAT BRITAIN.

E. M. MACDONALD.



New York.

Beekman Towers Hotel. \$2.50 per night.  
 (42<sup>nd</sup> and 1<sup>st</sup> Av.) Room for 2 = \$19.00 " week.  
 (Meals - Dining Room or Drug Store).

Philadelphia.

Warburton Hotel. (20<sup>th</sup> & Sanson St.)  
 \$35.00 per month.  
 " night.

(Meals - dining room. Dinner 65c. 75c. etc. or out).

Buffalo.

Hotel Statler - \$4.00 per night.  
 (Meals - Office room or Dining-room or Cafeteria).

Hotel Buffalo. \$2.00 per night.  
 (Meals - Dining-room or Cafeteria).

Cleveland.

Fenway Hotel - \$2.50 per night.  
 (Meals - Office Room) -

Chicago.

72. E 1<sup>st</sup> St. Woman's Club. \$2.50 per night.  
 (Meals - out or Dining room)

### Milwaukee.

College Women's Club. \$1.50 per night.  
1330 N. Prospect (Meals - dining room - (spend \$5 per week)  
Av.

### Boston.

Pioneer Hotel. \$2.50 per night.  
410 Stuart Street. Cafeteria & Dining Room.

### N. York.

Atherton House. \$2.00 per night  
130 E. 57th Street. Dining room. Dinner 55¢-65¢

### Expenses.

As per following account: - £86. 10. 0.  
Meals for 92 days - approx £24. 3. 0.  
£110 13. 0.

Expenses unlisted: -

- = Tips - Hotels & porters, etc.
- = Local expenses: moving about each city.
- = Luggage expenses: Booking & Transport.

Some tuition fees - etc. approx £6. 0. 0.

Books for reference & teaching - (to come out of own money) approx £8. 0. 0.

## Notes on Travel.

By Train - coach travel.

- Avoid Pennsylvania by night.
- N. York Central has adjustable lounge seats - pillows = available.
- Meals on train = expensive -  
minimum = 75¢ - + tip.
- Meal prices generally: Breakfast, 25¢.  
light or Sandwich lunch - up to 35¢  
Dinner - 50¢ upwards -  
(25¢ = about 1/-)

In N. York -

- Avenue B one way -
- Streets = other "
- Buses - 5¢ - except on Fifth Av.  
8¢ - ask for transfer ticket
- Subways (avoid!) 5¢ - as far as one wants
- Elevated " " " "
- Street cars - 5¢ -
- Taxis - watch meters & see flag is down + price at 90¢ + 25¢ -
- Bills = checks -
- Post = mail -
- Dinner = 10¢ - Nickels = 5¢ -
- Porters tips - 15 - 20 - 25 cents.
- Luggage - get at head of queue.  
Baggage under initial of surname -



## State Hospitals

Pilgrim State Hospital. Long Island.

No. of beds - 8000.

O.T. Staff = 19. (including P.Ts)

Type of O.T = non-industrial.

Physical Training - Dances etc.

Library.

Crafts.

Particular Note = Use of waste material  
Inexpensive equipment.  
V. Good colour & design.  
Graded work - see report <sup>1927</sup>.

Buffalo State Hospital.

No. of beds = 2200

O.T. Staff =

Type of O.T = Craft work.

Physical Training & orchestra.

Pre-industrial

Particular Note = Pre-industrial work:  
Use of waste material: sewing room  
Beauty shops.



Gowanda State Hospital. (Homeopathic).

No. of beds 2163.

No. of D.T. Staff. (?)

Type of D.T. = Craft work.  
Re Industrial.

Particular Note. Atmosphere.

Sunday evening club in gym.

Chapel. (Things made in hospital).

Rochester State Hospital.

No. of beds - 3100, + 3100 Patients.

No. of D.T. Staff. (?)

Type of D.T. = Craft Work.

Re ⊗ Gowanda State Hospital.

- Medicine + Nursing = original Treatment.
- "Centre in Woods" had dancing + community singing introduced.

1926. Visit by Mrs Stagle -  
Value of D.T. recognised.

Michigan State Hospital. Ypsilanti.

No. of Patients

No. of O.T. staff.

Type of O.T. = Industrial Therapy  
+ Craft work - interchanged.Particular Note.

Sewing Room.

Vegetable Peeling

All Hospital Industry

under O.T. placement.

Own Building where  
patients come.(Recreational Therapy =  
Quite Separate.Albion State Hospital. (Homoeopathic)

No. of beds.

No. of O.T. staff - 9 + Students + 3 att.

Type of O.T. = Craft work.

Musical Therapy.

Particular note

= O.T.'s move round -

Musical Therapy.

Children's Unit

+ School.

Physical Training.



Worcester State Hospital

No: of beds = 2388.

No: of O.T.s = 5.

Type of O.T. = Pre-industrial-  
Hospital " -

Craft-work + introduction to above.

Simple sewing - chronics.

Particular Note. Use of Hospital industry.

Evaluation Clinic.

Students' Course.

Grading of work.

---

Metropolitan Hospital - Boston

Type of O.T. = Craft work.

Particular Note. Insulin experiment  
with long-knee patients.

---

Buffalo State Hospital.

No: of beds = 2200.

Male nurses for men.

# Allegheney State Hospital.

1600 Patients. Homeopathic.  
 Look up } Treatments - Carbon Dioxide - { Convulsion } { Sodium Amytal }  
 O.T. Miss Carter. Music. Miss Hannaford.  
 + 8 Trained O.T.s. + Students. { 1 male 1 female }  
 { abundant }

10. Shops - All types mixed.

1. Disturbed Men - (unable to part) attendant 20 years -  
 Carpet weaving. Runaways. O.T. Supervision -  
 Lute Braiding. Fighters - Prepares work -  
 sees new cases.
2. Disturbed Women - (as above)  
 98. Divided in { Habit. } O.T. + attendant.  
 2 Solitaries. { Training. }  
 { no handling. }  
 Hemming. Binding. Recreation.
3. Protracted Group. Men. O.T. + "  
 Mixed Types - { Gradually increasing periods  
 Return to Hospital. } of hospitalization.
4. Protracted Group. Women. as above - O.T.  
 + student.
5. N/5 + 6 - Women's Wards - O.T.  
 Student &  
 " nurse.
6. Acute Men. O.T. + attendant  
 + student + nurse.
7. Acute Women - Ditto - attendant.

8. T.B. Unit. (not on grading). O.T. = 1 hour per day.

9. Children's Unit. Boys - 1 O.T. + attendant + student nurse.

10. Children's Unit. Girls. 1 O.T.

Library. Canteen.

(Note: No women work with men alone),

---

Being built.

2 Convalescent Shops: men + women.

2 New Girls' Shops. (Boys take present girls).

1 Centre for Destructive Women Patients - +  
5 new O.Ts.

---

Students have 2 weeks in each shop, & then stay for 3 months.

Rules given: Mistakes pointed out, as likely to affect success.

Not necessarily reported to training school unless persisted in.

Individual interviews provided.

Lectures to affiliate Nurses -

No association with attendants.

---

O.Ts have 4 to 6 months in each shop, then provide changes.

They work by prescriptions & give monthly reports, having had access to historical factors.



# Physical Therapy.

1. Mixed Chorus - 4 parts - sometimes 8.
2. " Quartette - Wed aft.
3. Ladies' - - -
4. - Chorus -
5. Men's -
6. Vocal & Small Groups - 4 to 6 - Training. Wed aft.
7. Individual Pairs lessons - 20-26 - once per week -  
1 hr. practise per day.
8. Community Singing: all groups - 1/4 hr per week -  
Led by Special { Turbulent - O.T. Groups -  
Singers. } Wards.
9. Singing & with Bed Patients.
10. Orchestra - once per week.
11. Children's Rhythm band.
12. Musical Appreciation - { Book issued by  
National Broadcasting Co.  
Students' Note bk.  
{ Lecture (1 day.)  
Radio work. }
13. Public School music. { Sight reading.  
Theory.
14. Full Chorus - see ① =  
Basses - 2 hrs. Mon.  
Tenors - " " Tues.  
Sopranos - } Mon. Together - Friday.  
Alto's - }
- Christmas - Special Programmes. { Pageant.  
Carols.  
Pantomimes

Physical Training.

Mrs Brown.

Folk Dancing.

Games.

Exercises.

Basket Ball -

Tennis.

Tap Dancing.

Notes. O.T.

Coke Tin Inirips -

Tables for Cori mats.

School.

(See "Children's Unit") -

3 Teachers.

Very individual work -

3 Grades - 1. &amp; - Imbecile.

Normal.

Normal = up to 106.

Main emphasis on: attention -  
absorption -  
control.

Attempt to keep to School Grades.

Affiliation of Nurses

2 weeks O.T.

5 problems -

- |                       |                 |
|-----------------------|-----------------|
| 1. Cross-stitch.      | Recognition     |
| 2. Cord knitting.     | Muscles         |
| 3. Bicycle sws.       | Discuss results |
| 4. Small stuffed toy. | Bedsidework.    |
| 5. " " " "            | Pattern work.   |

+ Watch of approach of patient -

NEVER FORCE - but URGE.

Lectures - (See separate list)

Children's Unit. 21 Girls. 32 Boys.

- Few = Psychotic. Some Post-encephalitic.  
Neurotics - (clinic). Sporadic.  
Schizophrenics.  
Specific school education disability, &  
emotional problems.  
Emotional mal-adjustment after illness or  
deformity.  
Behaviour disorders - Truancy. Aneurisms.  
Chronic aggressive re-action types.

- Establishment of Diagnostic Clinics &  
Training of Indexes (in Delinquency Units),  
in Mental Hygiene, causes children to  
be sent for treatment.

- Only 2 similar establishments - (This in  
Rockland, N. York).

- No M.Ds.

- Stay = long : protracted adolescence.

- Psycho-therapy - & Psycho-analysis.

- Medical Treatment.

- Doctor comes twice a day.

- Too early returns, causing  
relapses in similar circumstances.



Pilgrimage State Hospital.

Brentwood Station - L. Island Train -

Superintendent.

Head O.T. Miss V. Scullin + 13    5 P.Ts.

No. of Patients.    8500.

Wards, divided into Behavior  
Types rather than into types  
of illness.

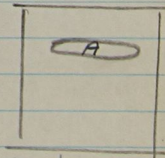
1937. Sale brought in 1258 \$88.  
Materials & equipment  
cost mainly - 800\$.

Turned over 1200 articles to hospital -  
which provided O.T. Dept. with  
Warp & dye in return -

## Uses for Burlap - (i.e. sackings).

Can be dyed most pleasant colours with chemical dyes -

1. Cut into 3" squares -  
Ravel - weave into rug (Ghoides Knot)  
in lots of 6 - threads.  
(Run binding thread in between.)
2. Flax weave into rug in plied, ravelled burlap -
3. Bad patients can unravel - into single balls.  
 Flaying { Wind from 4 balls into 1  
 by hand. " " several of these into 1
4. Burlap - unravelled & re. woven on loom - making warps + wefts.
5. Kitchen Kettle holders  
for big pans - approx  
10" x 7" - as fig.  
A = hand. hole.  
 (Binding round edge & hand hole).



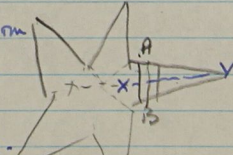
6. Threads drawn for Italian hemstitching in wool.

7. Threads drawn for big cross-stitch -

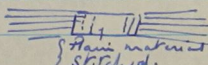
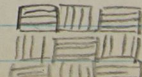
8. 20 strands - Knitted on coarse sticks (by bad patients) to make standing rups or floor covers - (Strips - joined together)
9. Braid weaving in Burlap for bags & rups.
10. Basis & background for knitting with stocking - raveling - silk undie. strips etc for rups etc. (Design stencilled on).
12. Use on wheel frame - Ghiordes Knot - (adding warp threads as circle grows - To keep sufficient firmness.)
13. Crocheted over chair cane - (Kear. matting - i.e. Turkey basket material) burlap makes baskets like raffia - or harsh rups.
14. Lique of 8 rups in 20 strands Burlap over coarse cotton strips - Sewn afterwards into ciled mats - oval or round.
15. For all types of embroidery.



## Other Ideas.

1. Metal round packing cases used for pupes for Ghiordes knot on rap. (continuous method) - Sew metal strips together at ends.
2. Silk underwear scraps - for wheel cushions.
3. Gingham sewn into tape-like strips - woven (like kindergarten paper mats) for cushion covers.  
Frame = covered in cloth so as to be able to sew warp strips on.
4. Patchwork aprons.
5. Old embroidery over kni template - i.e. star.  
Stitch across template on one side - only catching at edges - Green in 3 colours - cut.  
Stitch from A. to B. - but not underneath.  
 Put on 3 layers of stitching.  
Clip down centre - X-Y.

6. Rug crocheted with stocking nips joined together with figure 8. knot in long lengths.

7. Room covers - appliqued.
8. Some material treated as "weavell" -  
& wool pulled thro'.
9. Bed covers in Knitting & crochet  
squares - set alternately, draught-  
board pattern.
10. Table runners in oilcloth with  
block printed designs.
11. Doll's beds - made by men;  
fitted up by women.
12. Heavy dress material ravelled  
for mop heads. 
13. Patients' linen work in boxes covered  
with wall paper.
14. Rugs made of crocheted raps -  
in circular form. (could be square).
15. Rugs made figure of 8 round 2  
centre strips - then stitched together.
16. Plain Knitting bed square - put together  
from knitted squares - 

17. Big designs cut out in cardboard templates for more practical use.

18. Crayon designs on mangle cloth.

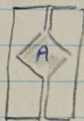
X 19. Dog boxes - (made by men).  
Mattresses - " - women.

20. Cement squares etc.

$\frac{1}{2}$  Cement +  $\frac{1}{2}$  fine sand, or marble dust.

Have 2 pieces metal or wood this shape -

Mix or form with cement till stiff.



Fill in space A -

Remove block & leave to dry.

To make a tile - Take a glass base.

Form design on base -

Put a fitting wooden frame around - (which can easily be dislodged) -

50-50. cement & sand mixture -

Place blocks in position -

Run cement over blocks -

Leave 24 hrs to dry.

Next day - Turn upside down -

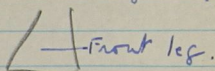
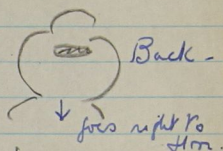
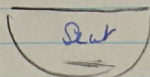
Fill in.

Rub with Carborundum stone.

Wax.



21. Chairs for children.  
(from Snowwhite).



Cut roughly out of wood.  
(Suitable for garden).

22. Metal work out of old pails.

23. Stools.

24. Bird houses.

25. Nursery Toy boxes on wheels.

26. Shoe cleaning boxes.

27. Steel hooks for Rups from  
GAYLAND.

28. Waste binding from Blanket  
Factory.

29. Ticking wools from Dyeing firms.

30. Chemical dyes used.

31. Perforating Machine - \$20.-  
M. Bendick. N. York.

## Decorations

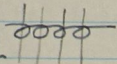
Curtains made of:—

1. Netting in fine mesh & cotton.
2. Unbleached calico with bold applique—
3. Old rubber sheets with stencilled patterns.
4. Woven "burlap"—(unravelling, dyed & re-woven in natural & colours).

Pelmets of cardboard—

1. Painted—
  2. Covered—
- or of curtain materials as above.

## Wall hangings

1. Tapestries— (Swedish)—Done on warp from wrong side—  
(form of button-hole stitch).
2. Cross-stitch hangings on "burlap"—
3. Applique— in all types of material & design.

## Chair Seats

1. Embroidery— (geometrical) in v. simple stitches on circular burlap. (see frames in equipment)—
2. Wheel cushion seats in rags—

### Library shelves

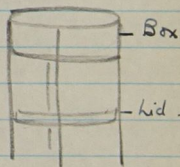
- Apple or orange boxes - arranged in tiers - painted.

### - O.T. Store shelves As above.

- Treadle saw made with connections of old sewing machine.

### Tables - (often used beside looms).

- old big "cheese boxes" + lids - painted & put on 4 legs.
- lid & box may be turned any way.



(or vice-versa) -

### - Needlework box

As above - with legs - with pegs to set spools on - covered in paper or other material.

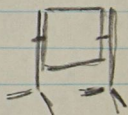
### Dyeing bath

- A coffee or tea urn could be adapted, & materials dyed in net bags to facilitate handling.



### Wearing frames

- Made out of old wood - coloured -
- Some fixed on stands -
- Can be swung.

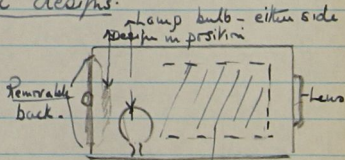


### Hoops for embroidery frames

- Taken off old hospital. chair wheels -
- " " " tabs -
- Ruins of old wheels -
- (Bind with cloth - so as to be able to sew material in position after pinning - to keep stretched) -

### Machine to enlarge designs.

- Strong lampo.
- Lens - movable -
- old box -
- Removable back -
- Screen upon which to project - or wall. inside box.



(See enlarger - E.C.I.M.).

### Scissor + cotton box

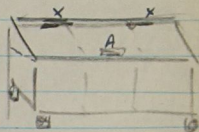
- Two shallow wooden boxes - hinged together + put onto legs - (runners).
- Racks for spools
- Hooks for scissors - etc. etc.



## Equipment made from waste material.

### Bins for storing materials

i.e. wool: cotton shearing etc. in large quantities.



Some made on runners.

Can be made in rows & divided - A = handle

Made from old wood - (sloping tops). X = hinge.

### Tables

Made from old doors - put on supports

" " old marble " "

" " old sewing machines with tops put on.

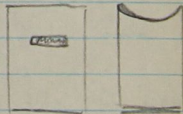
### Ward carts

Made from old boxes or wood - on old wheels - for e.t. to run round wards with - going up in lift.

### Chests of drawers

Made from old boxes - fitted in a frame & painted.

Drawers can have handles or be cut away in front - i.e.



### Towel Horse

Cotton reels run on sticks - r

rods in between to shape required.

Library.

- Books bought on grain -
- Cases made from old apple or orange boxes, arranged in tiers, & painted with bright colors.
- Magazines - to be bound by hospital.
- Serial stories torn out in section & bound up by hospital.

(P.T. staff attend to Library.

Patients get books after coming down to exercises or dances.)

Physical Training.

3 Female Officers - 2 male.

Female.

Exercise classes - { Mon - Wed - Fri  
in 2 groups. { Tues - Thurs - Sat.

- In these groups 1400 patients get exercised in a week - 28 classes in 2 days in 2 groups.
- Morning classes - 3
- Afternoon - 4.
- Nurses bring patients down punctually.
- Pianos played by patient.
- Work done in 2 groups - A - better  
B. poor.



## Exercises

A. group - formation - marching exercises  
(see handbook - M. Preston).

B. Group - marching -  
(standard induced exercises - i.e. -  
= bad - { bending under stick between  
patients { chair backs -  
with { - stepping over stick between chair  
bad { - Balance walking seats.  
habits) - { Net. ball goal shooting -

- Each group has 40 mins.
- Names of A group kept in register called.
- Males - 700 to 800 attend classes under  
2 instructors - on similar lines.

Ring. toss

Shuffle. board.

Skittles - etc. etc.

Note. Bad, disturbed patients have  
slow rhythms - i.e. waltz -  
Melancholic - lively etc.

Worcester State Hospital. Mass.

Superintendent: -

(Dr. Morris Yarshis = Clinical Director) - <sup>Nurse J. Rus</sup>

Chief O.T. Dorothea Cooke - (Miss) + 4

No. of patients = 600 = Chronic.

(x) 1788 = { Acute -  
Ch. Treatment -

(x) with some hope of returning to the community.

Aims of O.T. in this hospital.

1. To provide therapeutic activity for the greatest number of patients.
2. Train & register O.T. staff direct others in carrying on a daily therapeutic programme for all patients - (owing to the impossibility of dealing directly with every one).
3. To be responsible - directly or indirectly for the ~~three~~ following services -
  - a. Nurses' Band classes.
  - b. Pre-industrial shops for Men & Women.
  - c. Industrial Therapy.
  - d. Medical Service - under Nurses.

Note. Number of O.T's = Miss Cooke + 4 nursesFurther Description of Aim =

To adjust every individual patient to eventual industrial placement within or without hospital.

- Hospital = for community.
- Adjustment in hospital with daily responsibility in given jobs, which is going to be first step to return to their own community.
- For those who will not return, the job is of economic & moral value: those involved make a contribution towards the community in which they live, & are kept at a level with the hope of preventing deterioration & depression.  
But job pressure must be kept down if therapeutic value is to be kept up.

#### Finance of O.T.

- \$5 per month at first -
- \$85 " year (approx) needed now -
- No attempt to make O.T. or to make it pay -
- O.T. is one of the hospital's integral parts.



### A. Nurses' Ward Classes -

An inpatient service under the direction of an Occupational Therapist.

An O.T. opens a supply room 3 times per week, at regular hours for nurses to obtain :-

Craft articles -

Instructions -

Materials -

Advice -

Patterns -

- Type of Patient = Senile - Infirm - Disturbed -

All pts unable to adjust to industrial or work therapy due to physical & mental contra. indications.

- O.T. Should not work directly with patients: (time impossible -) but with Nurse with a view to getting the work responsibly & interestedly performed.

- Students prepare work & designs.

- All material & work taken is signed for. The Nurse & Ward are then responsible.

- Any mending sent to Ward is signed for on exit from shop & return.

- A monthly report is kept of work done - numbers of runners - face cloths - etc. etc.

- Quahon covers -
- Babies' Quilts -
- Pot Holders -
- Inside pillow-cases -
- Scraps. barks -
- Ward curtains -
- Runners, etc.

- On Saturday mornings Wards send down soiled runners, etc - & collect clean ones.
  - The soiled ones are sent to the laundry & come back on Friday.
  - In distribution - Admission & Parole get best.
  - Copy of work in progress = sent to Major  
" " " " Head Q. To
- ∴ both are aware of what is being done.

Note. This work should be constructive activity -

Not necessarily individually prescribed.  
Sometimes, without individual  
Therapeutic approach.

Evaluation Clinic —

O.T.'s + Students — meet —

Senior Physician —

O.T. Staff.

Social Service Staff.

Members — Nursing Staff: (post graduate)

Heads of Industrial Work Depts.

First consideration of P.T. =Is he a case for a short hospitalization —  
b: long " "if a — Concentration = individual, with a view  
to re-adjustment to own  
Community.if b. " = adjustment = to hospital  
with future view to own  
Community.Decision as to placement of patients in1. 2. 3. or 4 Occupational grades in hospital  
set up — (see first page).Discussion & reports of patients already placed,  
particularly in pre-industrial shops — (see  
list of aims of " " " ) —

Psychiatrist + Physician work out programme &amp;

point out }  
1. what is treatment — } all contributing  
2. why it is " — }



## 2. For Women. (?/month)

a. Morning class = to fulfil Aim 1. (back 2 pages)

— Maximum = 30 pts — on books — attendance & less.

— 3 O.T.s — (including ? 2 students) —

— 8 pts at most per O.T. for individual work.

b. Afternoon Class = to fulfil Aim 2. (back 2 pages)

Activities } = varied.      Magazines — etc.  
for      }  
Both a & b }      Pot plants.  
Needlecraft.

Sun Vases — (Turkey bag)

Knitted key cords.

Hooked chain seats

Puzzles — Games.

P. Cards of Travel.

— House-hold scraps. books etc.

New pts = tea. parties on special occasions

(not regularly — to be expected —  
cause disappointment or resentment)

Chart on wall suggesting how pts could  
employ their time while in hospital.

# 1. For Men. (2 weeks to 1 month)

Note: particular care is taken that men do not do the same work as their profession - in order to avoid dissatisfaction at not receiving proper pay for so much work.

Work done:-

Painting - posters - woodwork - etc.

Chair-caning

Hooking

Basketry

Leaving

Chip-carving

Metal-work

Knitting

Woodwork ———

T. Brush holders for wards.

Mop-racks.

Shuffle-board sets

Medication trays.

Croquet mallets

Widow-boxes.

(Gardening - green-house)

Magazines & a piano - etc. - available.

? Radio.

(Less need for men to fulfil conditions of Am. 1. (see back page) - than for women).

Chart on wall suggesting how pts could employ their time in hospital.

B. Pre. industrial Classes - Male & Female -  
directly under a trained O.T.

Aims: 1. For further re-education & habit  
training of continued treatment  
patient who has progressed in  
nurse's ward class to a point of  
being a potential candidate for  
hospital industry.

2. For orientation & determination of  
therapeutic needs of newly admitted  
patient, & to assist in hospital  
adjustment (that prescription of all new Pts).

Note. A summary of Pts -

Occupational -  
Vocational - } history -  
Educational }

Aptitudes -

Interests

Capabilities

is taken & presented to  
the Senior Physician at a  
weekly clinic for consideration  
of the occupational programme.

Evaluation }  
Clinic }

Ultimate = Therapeutic placement in  
industry as soon as possible  
in endeavour to restore pt. to  
social & economic adequacy.



# Lecture List. etc.

1. Orientation. Meet staff - etc. etc.
2. Personality Studies - 11 hrs.
3. Psychiatry with Affiliates. 22 hrs.
4. Library Technique - 6 hrs.
5. Recreational Leadership. 6 hrs. (Y.M.C.A.)
6. Social Service - (Mental field) 1 "
7. Development of Behavior in Children. 5 "
8. Endocrinology - 6 "
9. Music with Radio - 4 "
10. Mental Hygiene - 4 "
11. Evaluation Clinics - 15 to 20 hrs.
12. Wand Walks - ?
13. Psycho. Therapy - ?

## Students:

- Are valuable for 5 of their 6 months.
- The rounds of the Department spends 5 to 6 weeks in each section.
- Lectures are attended with nurses & other students in special courses & on the Evaluation Clinic.
- Plans are commented as necessary, with heads of Departments & Director of O.T.
- The O.T. Director attends School conferences of Heads of all Training Departments, as School has affiliations.
- In 1 hour each week there is a "Hash Session" with the O.T. Director, to provide criticisms & recommendations directly to hospital considerations.

## Work done in Nurses Ward Classes.

- Tearing & winding rag strips.
- Burlap raveling & winding into balls.
- String winding - into balls - (crochet & knitting) hanks (for drying)
- (Burlap too) - plying.
- Knitted face cloths for patients. (50 stitches) (crochet edges: cotton & natural).
- Button holed edges to face cloths.
- Gauge folding for chessmips - (older women).
- Braiding rug.
- Sport knitting. *Rale knitting*
- Bean bags.
- Dust mits & Bath mits.
- Cafeteria napkins
- Sanitary belts
- Ward needle books.
- Simple embroidery ———— } running stitches -  
draw threads.  
often in 1 corner only  
on towels - runners etc.
- Ward mending.
- Appliqué
- Knitted jackets - Baby wear.
- Patchwork.
- Hemming towels.
- Crochet.
- Play balls - (over burlap balls.)
- Dress belts.
- Garters - (plain)
- Diapers: (medical wards).
- Discarded sheets into hanks.

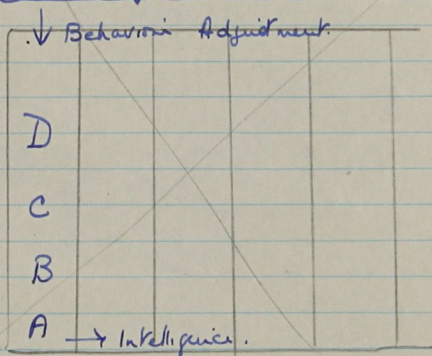


## Worcester Hospital's Chart & Record Blanks.

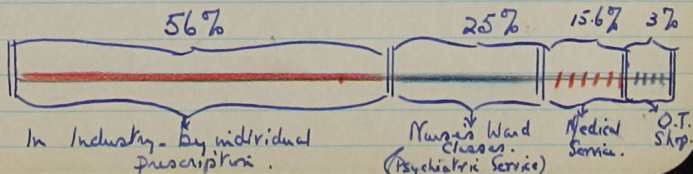
(See Blanks -)

1. Card sent to Industrial Therapist on reception of patient.
2. Daily Requisition blank - sent up by Heads of Industrial Departments.
3. Industrial Therapy Prescription -  
Notice 3 signatures.
4. 5. 6 = Reports on work.

## Chart of Work Grading.



## Chart showing Distribution of Patients.



Notes taken on Trip around.

Deteriorated patients - Binding wool.  
" rags -  
Cutting rayon -

Coin braids - 16 threads - to put round  
mats. Turn 2 from L side  
" 1 " R -  
" 1 " L -  
" 2 " R -

} Repeat

Evolutional Melancholics - have varied programmes.

- Cut up underwear - dyed & cut in thin strips for hooking.
- Buckram boards - or cloths - hung on wall - with news items & cuttings on.
- Old X-ray papers used to cover designs (stitched together or bound with bias tape). Sheets put in hot water & rubbed down to clean.
- Rugs "sewn" on to a finial net canvas in threads - with a needle - a kind of button-hole stitch -  
Cut loops afterwards.
- Ravelled hospital stockings for weaving - knitting - etc. (dyed).  
also for punch work.
- Work all sketched on frames.
- Upholstery material woven on treadle looms in threads & in bundles.

- Furniture made of willow.
- Beauty Shop.
- Rocking Toys -
- Circle of wood =  $1\frac{3}{4}$ " thick.
- Plywood figure inserted two rockers.  
 $\frac{3}{4}$ " inch into rocker -
- Stained or painted: Space cut out.
- Crochet chains made of wool, cotton, travelling & rags, etc.
- Some chains crocheted again to make thick enough to stretch together for rags.
- Toy wheelbarrows -
- Ash Kays Turned on lathe - made out of old rear-end of Essex car -
- Bush backs -
- Cement sifting & mixing -
- Loom making -

### Mending & Sewing Room

Old material discarded, makes into best parts. -

- Tea-towels -
- Bibs for patients
- Pillow-cases.
- Hot-water bottle covers.
- Slippers -
- Bed-pan covers -
- Wash cloths etc.



Western N.Y.O.T.A.

□□

3rd ANNUAL  
MEETING

□□

May 4, 1938

Gowanda State Hospital



## Program

12:30 P.M. Luncheon      Employees Cafeteria

1:45 P.M. Joint Meeting of Members of the Institute  
of Chief Occupational Therapists and  
Western N. Y. O. T. A.

□ □ □

### PRESIDING OFFICERS

Mrs. Eleanor C. Slagle Dir. of Mental Hygiene O. T.

Miss Florence E. Northrup      Pres. W.N.Y.O.T.A.

## Program

Address of Welcome      Dr. Earle V. Gray  
Supt. Gowanda State Hospital

State Map      Miss Susan Wilson, C. O. T.  
Miss Virginia Scullin, C. O. T.

Community Hygiene      Dr. Ralph W. Bohn  
Director of Clinical Psychiatry

Hobbies as a Safety Valve      Dr. William R. Dunton Jr.

What is Homeopathic Treatment?  
Dr. Erwin H. Mudge  
First Assistant Physician

Exhibit of Drugs and Preparations Made for Personal  
Hygiene      Mr. Lester M. Mc Sweeney  
Pharmacist

□ □ □

W. N. Y. O. T. A. Business Meeting  
Election of Officers

GOWANDA STATE HOMOEOPATHIC HOSPITAL

Hospital Walk, May 4, 1938

Patient Population 2163

- I. Walk to O. T. Center in the woods to shop for 75 women from the Administration Bldg., paroled and non-paroled, some actively disturbed. These last are started in small groups on the wards and advanced to the Center. Bookbinding and special crafts, as block printing, to be added. Willow chairs in this classroom made by the patients. Outside playground and walk through gardens for use of the Physical Training Classes.
- II. Ride in bus to Bldg. C. This shop for 60 or more men from "continued treatment" service, Bldgs. B and C. Crafts are graded from the lowest types to fairly high. Willow furniture made here is for use in the hospital. The short canes used in the scrap baskets are homegrown. A new holt is being developed and it is expected to have canes large enough for furniture next year. Across hall to RECREATION ROOM for PHYSICAL TRAINING for both men and women in new buildings. Program consists of setting-up exercises and games with emphasis on the games. This room will also be used on Sundays and evenings for a "club room" and to relieve the congestion of the Dayroom when all the patients are in the building.
- III. Through tunnel to Bldg. A. This shop is for the "continued treatment" service for women. Attendance runs up to forty. The others housed here go to the laundry, cafeteria, etc.
- IV. Above ground to Reception to PRE-INDUSTRIAL shop for men. Paroled and non-paroled patients from entire hospital come here to do woodwork, furniture repairing, cabinet work, metal work, wrought iron work. Looms for the department are made here. A Print Shop is just being organized. WARD CLASS for men in Reception. The O. T. for women in this building is done in the Dayrooms. Insulin and Metrosol Treatments are given in Reception and these patients are brought to class whenever possible. PERSONAL HYGIENE for all women in the new buildings - second shoppe in Administration Bldg. Beautician in charge with patients to assist.
- V. Through tunnel to Pharmacy. Pharmacist makes all preparations used in Personal Hygiene. Also manufactures glucose and ships it to many of the other New York State Hospitals.
- VI. Back through tunnel to Chapel. Practically everything in the Chapel was donated or made by the patients. Bldg. C sandpapered, cleaned, and finished the pews. Patient in Bldg. B block painted the burlap wall hanging. Patient made and carved the cross, cradle sticks, etc. Patients assisted with the window and painted the chapel.
- VII. Upstairs to cafeteria for lunch and then to Assembly Hall for afternoon meeting.
- VIII. Special Physical Training Activities. Orchestra. Monday afternoons - badminton, social dancing taught, roller skating. Wednesday - weekly dance for all patients, community singing. Evening Card Party once a month for selected patients (industrial workers, etc.).



Notes on Goods of Hospital.  
(Rockwell State) -

- Wooden Buttons -

- Niche box for sand - { Stanley Mitre Box  
 Frame No. 2. No. 246.  
 Stanley Rule & Level Rule  
 New Britain. Conn.

- Belts in French braid - (silk) - in  
 double crochet.

- Aluminium crochet hooks -

Wooden

- - (soak in paraffin  
 & wax polish).

Danvers.

(not visit: meeting with O.T.).

Type of O.T. = Craft + Art.

Mondays - visits made with Doctor - who gives recommendations for O.T.

Names filled in cards - sent to Sewer Pk. who gives final notes.

Choi

Library

Art.

General O.T.

} Red clip = specials.

- Notes kept 1st 4 days of reference -
- Any pt. discontinued from O.T. entered in transfer book + list sent to doctor.
- Active list - Alphabetical - with contacts.

Students -

Physical Education - 1 month. (+ evening work)

Library Service 1 -

Female - 1 -

Adjustment class on ward. noon: 9- to 14 pts.

Admittance - - - afternoon. 30-35

Shop. Laundry - Typing - Bookbinding.

Industrial class 35-45.

= chronic &amp; institutionalized. (Plain sewing)

Men - ward shop - mornings.

## Metropolitan Hospital. Boston.

(Brief visit - no tour.)

O.T. = Mr. Kenneth Hamilton.

Discussion = Insulin Treatment + O.T.

- Experiments by visiting Physicians from Turkey.
- Separate Unit given over to experiment.
- Patients = long time cases (1 to 15 years) (D.P. or Sch.)
- " selected - good background -
  - " physical condition -
  - Male + female - (later fewer).
- Careful selection of personnel of nursing -
  - = competent - maternal - well-adjusted.
- Treatment - approx: 3 times per wk for 4 months
- Patients kept apart from hospital.
- O.T. given before - during + after.
- Notes made on attitude - action - etc.
- O.T. in separate shop. 5 pts only  $\therefore$  v. complete notes daily.
- P.T. 3 times per week - not strenuous -
- O.T. every day.
- Pains - swelling - etc.
- Results - not lasting -
  - except - 1 = home on extended visits.



EXPERIMENTAL AND PRIVATE HOSPITALS <sup>130</sup>  
AND CLINICS.

Psychiatric Clinic - Payne Whitney.  
Cornell - N. Y. City.

No. of O.T.'s.

Type of O.T.

Craft Work.  
Little manual.  
Art.

Particular Note.

Dressmaking for patients  
Lavish equipment.  
Good set up.

Psychiatric Institute. Presbyterian.

N. Y. (State)

No. of Pts. 200.

No. of O.T's. 7.

Particular Note.

Library &  
Laboratory.

Bloomington White Plains. N. York.

No: of patients - 275. No: of O.T. (?)

Type of O.T. Craft-work - Emphasis on men's pre-vocational needs.

Particular note. Men's work. O.Ts as Specialists.  
Pts come to shops mainly. O.T. Conference.

The Institute, Pennsylvania.

No: of O.Ts = 2 + volunteers + specialists.

Type of O.T. Craft-work, mainly. Weaving + Art.

Particular Note. Art from models.

Clifton Springs Sanatorium.

No: of O.Ts = 1.

Type of Work - Craft-work.

Social evenings.

Metal work.

Psychiatric Hospital. Toronto.

No: of O.Ts = 3. Type of O.T. Craft-work.

Psychiatric Institute. Illinois. Chicago.

No: of O.Ts - 1 + 2 attendants. Work for hospital.

Particular Note. Group-work. "Garden" on roof.

Kitchen in Dept. treatment experiments.

Sheppard Pratt. Baltimore.

No: of Patients. 286. No: of O.Ts - 12 + 3 attendants

Particular Note. Wealthy. General cultural.  
Craft-work - Tennis net frame.

New York Hospital. (Cornell)

Psychiatric Centre - (Payne) (March: 29th. now).  
(Observation hospital). (Private Service)

Mrs Gunderson - O.T. + 2 O.T's -

Newly built Dept: consisting of: -

2 offices -

Basketry Room — (died own care).

Dressmaking -

Weaving -

Studios -

Metalwork -

Carpentry -

Good stores.

Notes.

Dressmaking for patients

Typing " "

Newspaper rolls to make animals — modelled up  
with newspaper & paste — rib shapes —  
i.e. Robinson Crusoe — Man Friday etc.

Classes of 18 — 30 or more —

Men & women — usually separately —

Long treatments went to Bloomsbury Hospital —

(patients usually stayed 6 months) —



Miss Gunderson, who had achieved O.T.  
for 20 years, started Bloomington O.T.  
2 weeks for nurses training in O.T.

- 
- Psychiatric Institute: Presby, Tenn.: N. York -  
Tour of Hospital. (1930.) Room for 200 odd patients  
- All voluntary. Clinic cases for furthermore study  
of students of all kinds.  
- Children: Problems of Behavior. Feeding etc  
included.  
- O.T. in 3 centres + Physical Training under O.T.  
Miss M. Vaughan + 6 O.Ts -  
- Hydrotherapy. Prolonged baths.  
- Wards = single rooms + cubicked rooms -  
- Dining - in separate day rooms -  
- Colour-schemes planned in wards + dining-rooms  
- Crafts. Metal-work - Wood-work - Weaving - Painting  
+ drawing. S. Belts - Open Tapestry Weaving - Beaten  
Copper - work.  
- Excellent Library. Good museum of brain  
specimens.  
- Laboratory - for animals, monkeys, rabbits,  
mice, etc. Kept for experiment.  
- Hospital built on edge of cliff. Entrance,  
10<sup>th</sup> Floor.  
- Views - wonderful - Windows very strong.

Bloomington Hospital. (March 29: day)  
 White Plains. N. York. (Sec. N. York Hos.)  
 (Private - like York Retreat).  
 Head O.T. Miss Patten. (Female side)  
 - - Mr. Haas (Male -).

Male shops. (see Mr. Haas' book) -

- Shops graded according to precautions required in looking after patients - (p. 46)
- Printing - all hospital requisites.
- Bookbinding - for above & library repairs.
- Weaving - (not much)
- Basketry & netting.
- Jewellery -
- General room - brush making etc.
- Special
- Metalwork -
- Carpentry
- Wrought iron etc. - Blacksmithing.
- Cement work done outside.

Method of conducting dept =  
 with Technicians - either chosen from  
 nursing staff or brought in from  
 outside.

- Gymnasium - under separate instruction.
- Squash racquet court - Club. etc. etc -
- Garden: ground work - Golf course: Driving range: Putting green: Croquet etc.
- 90% of patients go to O.T. shop: no work done in halls.

### Female Side:      Stungis Hall. Head O.T. + 6.

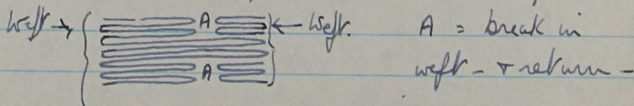
- Weaving - room - 2 Dressmaking rooms + embroidery
- Typing - room. Book-binding, Studio.
- Basketry - room. Kitchen. Metal-work room.
- The O.T.s were specialists in charge of rooms
- Head O.T. attends morning conference with doctors + heads of other departments.
- Head O.T. calls a 10 minute meeting with her staff, after afternoon classes, to talk special reports, + to give special instructions + information.
- No prescription cards -
- Accounts done every day, + sent into office.



O.T's who are specialists in rooms go onto "Halls" after afternoon work & take patients work there - i.e. Knitting - music etc.

### Notions from Female Workshops.

- Chopping boards - (about 35 c.)
- Sheet cork.
- Brown paper table covers.
- Block print designs used for embroidery as well.
- Chain stitch done solidly in rows makes effective stripes & is an easy means of embroidery.
- Patients not only dressmake - but keep own clothes in order.
- Cotton sacking material for embroidery - OSNABURG - (Burkas = another kind) - purchased from flour mill sack suppliers (about 10.15 cents per yd. excellent).
- Weaving with "slub" linen -
- Spanish weave - weaving htes - can be worked from crossstitch design - i.e.



can be more complicated.

The Weavers' magazine from Emile Bernat & Sons  
(1\$) - 89 Bickford St. Jamaica Plain - Mass.  
(Also instructions for Spanish weave).

- Classes of 60 or 70 patients.
- Summer cottage by sea - for picnics & longer visits by patients.
- Library, & Library Trolley.
- No. of patients: approx. 150 women & 125 men.
- Matron & Director of Nurses = Male & Female.

- 
- Female Physical Training. 1 to 1½ hours.
  - Small Billiard Pool Tables.
  - Badminton. (bad patients & skilled "throwers").
  - Exercises first: then break-up of class of 50 to 60 for special interests.
  - Nine pins & skittles - (v. bad patients).
  - Tap dancing.
  - Rhythmic " ".
  - Ballroom " " (dances twice a week).
  - Gardening.
  - Garden games.
  - Exercises out of doors in summer.

The Institute. (49<sup>th</sup> St. Philadelphia)  
The Pennsylvania Hospital for Nervous & Mental Diseases.

Head O.T. Miss Wetman - (friend of Mrs Patten)  
 (knows Mr. Mariet - Ditchling etc).  
 + 1 assistant.  
 + 2 part. time  
 + 1 art man -

Clinic run on hotel lines for patients -

No uniforms -

O.T. has white top floor.

Weaving -

Woodwork

Metalwork -

Art. (model) -

Library -

Sim. parlour. Tea lounge -

Society type of work.

No methods of restriction - unless temporary - (prolonged baths).

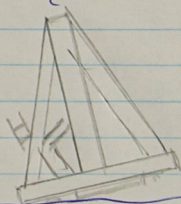
Separate houses - for families of convalescent patients to move out.

Nursery School for doctors children attached.



## Clifton Springs Sanatorium. N. Y. State.

- O.T. Miss Mary Satterfield
- O.T. Shop:- Weaving - Needlework.  
Metal work. Games in evening.  
lectures in evening, Dances in evening.  
Car - drives - Golf.
- Games - "Quiz" - \$1.50. Macy  
"Bingo" - \$1.50. (30 cards) 34. St. N. York.  
- Spelling bees - Familiar Quotations, etc.  
- Wee'vend Wonder-loom. (Wee'vend Co. N. Y.)  
- Handy Desk Easel.  
Width 18" -  
Height 21" -




## Psychiatric Hospital Toronto

Miss H. Letescont. O.T. + 1 more &  
1 Student.

Observation Hospital.

Re Types of mental diseases +  
disorders -

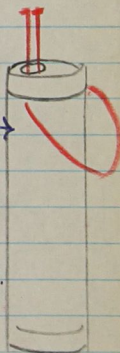
## Notes from Student's Course.

- Paper patterns of beads. (Try Dryad).
- " chains.  linked loops.
- "Ladders" - (Serpentina chains) -
- Paper hats.
- Glove making.
- Pottery -
  - 1 built up piece
  - 1 modeled - on a mask -
  - 1 on wheel.
- Denarius Rope Craft Work.
- Cotton Reel Joke Furniture.
- Knitting box from round cartons →
- Paper boats
- Rake Knitting.
- Stuffed Toys - patterns have to be made from flat chert.
- Wooden slipper soles.
- Wooden buttons
- " buckles -
- Lamp bases -



Sole cut  
across

Thinner of leather  
or cloth.



## Psychiatric Institute.

University of Illinois - Medical School.

1819. 15. Polk. Chicago.

= Research & Educational Hospital.

(Illinois Dept. of Public Welfare. University of Illinois)  
Superintendent - Dr. A. Low.

O.T. = 4/15 Lukin - + 2 attendants.

1 man - 1 woman.

O.T. = under Civil Service.

Attendants = subject to Political changes.

(Unskilled labour = subject to Republicanism).

Patients = younger group -

Duration of illness = short.

with a few to experimental treatments  
being effective.

- Hospital originally gave time to study & observation  
of life habits as causes of mental breakdowns

- Research carried on in O.T.

Speed  
Accuracy

Stimulation of patient (verbal).

Checked with stop-watch to determine  
work done - etc. etc. Rests - etc.

(Result to be published in Psychiatric  
Journal).

O.T. planned work but Doctors arranged  
Survey & made reports on it.



## Treatments.

- A. Metrazol. (See pamphlet) = induced convulsions -
- B. Insulin. (See pamphlet stationary office) <sup>epileptic</sup> comd.
- C. Narcois = induced sleep.
- Trying Picrotoxin instead of metrazol:  
re-acts similarly.
- Difference = Metrazol convulsion occurs within  
a short space of time.
- Picrotoxin convulsion requires time &  
supervision.

Further notes.

Department had its own Kitchen!

Work done in group - (rather than individual projects -) with a view to Socializing. (About 20 patients at a time).

No goods made can be sold -  
= state law.

∴ everything = made for hospital.

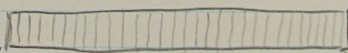
i.e. Curtains - cushions - slotters etc for nurse's offices.

Covers - ward bedside tables etc.

Knitted slippers for patients - i.e. -

Knitted slippers - (for learners) -

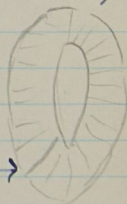
Flat Slips.



Outer edge put  
on sole.

Stitched here

Join - →



## Sheppard Pratt. Baltimore.

O.T. N<sup>rs</sup> H. Price + 11 O. Ts -  
+ 3 attendants.

286 Patients -

273 do O.T.

= Neuro Psychiatric Hospital.

12 Affiliated Schools of Nursing.

Nurses Course - 16 hrs. O.T. in 3 months

Caregiving: Orientation 1 hr.

Lectures 3 hrs.

Work & Demonstration 6 x 2 hrs.

Activities = Office on wards.

Flower Show - outside judges  
(Social event)

Musical Appreciation.

Dramatics

Current Events

Singing Group.

Netting.

Woodwork - (lathe = old sewing machine)

Transcribing Braille - (typewriter).

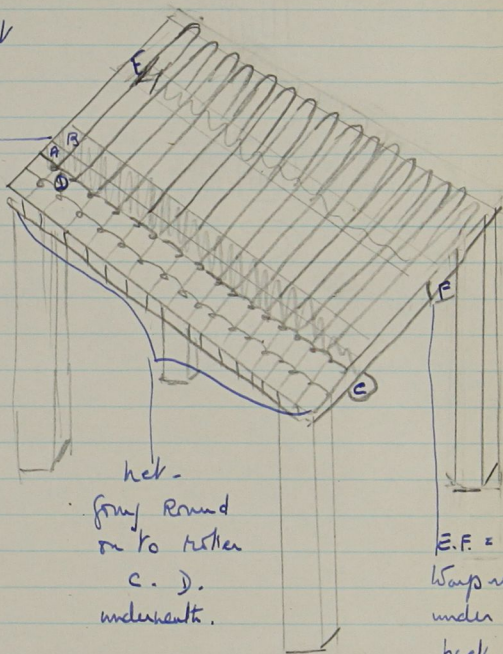
Metal work - (weather vane).

Pottery - (Electric Wheel: 3 speeds).



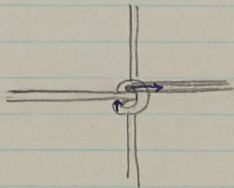
# Tennis net Frame.

Tension  
Rods  
A & B -  
(cut slits  
to make  
squares)



net -  
going round  
on to netter  
C. D.  
underneath.

E.F. =  
Wasp netter  
under  
back.



Straight  
Netting  
Knot.

# GENERAL HOSPITALS.

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## Proskynian Medical Center. N. York.

No. of O.T. = 9.

Type of O.T. = Craft. work.

Particular Note.

Linane  
Woodwork.

"Card" board for bed play.

## Graduate Hospital: Penna.

No. of O.Ts =  $1\frac{1}{2}$ .

Type of O.T. = Craft. work.

Hospital University of Philadelphia.

No. of O.Ts = 3 + 2 students.  
 Type of O.T = Graft-work

Particular Note. Hospital shops.  
 Co. Operation

Jewish Hospital. Philadelphia.

No. of O.Ts = 2.  
 Type of O.T. = Graft-work.

Cook County. Chicago.

No. of patients 3-400  
 No. of O.Ts = 4.

Particular note = Separate T.B shop.



## University of Chicago Clinics.

No. of patients - 175 - 200.

No. of O.T.s = 3.

Type of O.T. = Craftwork.

Particular note. Brownie caps on  
Rake Knitters.

## Presbyterian Hospital. Chicago

No. of patients 400

No. of O.T.s = 3

Type of O.T. = Craftwork + extras.

Particular Note.

Roof Garden -

Bicycle: side wheels.

Interest of Women's Board

No sale

Pianola.

Nurses' Course.

Bundap when -

Presbyterian Medical Centre - March 26: Aft.  
 (O.T. Mrs Hewlett - + 8 O.T. officers -

Director - O.T.

Gen. Medical - 1. O.T.

" Surgical - 1. O.T.

Special " 1. O.T.

Private Patients 1. O.T.

Ophthalmological 1. O.T. } shared

Gynaecology - 1. O.T. }

Maternity 1. O.T. }

Out patients. 2. O.T.

- Doctors assume experience of Therapist
- Therapist does 2 rounds week with doctors
- " attends discussion on cases
- " sees all x-rays of patients' progress.
- Therapist knows financial circumstances of patients
- " has access to all charts.

Private patients \$2 day - treatment.

### Finance.

Chronic patients pay 50c: per treatment <sup>1/2 hrs.</sup>  
 Hospital endorsed & assisted by voluntary contribution  
 & patients payment according to income.

In O.T. no attempt to cover costs -

Budget assigned for Salaries & Supplies - \$15000.

Sales money returns - only \$2000

Patients pay fees for treatment - (i.e. \$2) - 2 hrs.  
 " " materials in force taken away.

### Proportionate Figures.

Hospital bed capacity. 800.

1937— 3641 patients received treatment.

### History.

Presbyterians started hospital to allow  
natives to have treatment, with needs &  
colours.

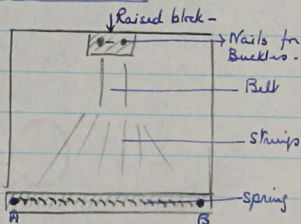
It was later fused with Columbia  
University.



## Craft Notions.

### 1. Board for holding S. Belt.

Rest strips in grooves  
of spring sketched  
between nails A - B.



(Screen door spring) -

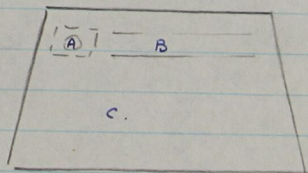
### 2. Lap desk: made in light wood.

Box - made like  
a light school desk -  
Cork Top.

A = ink.

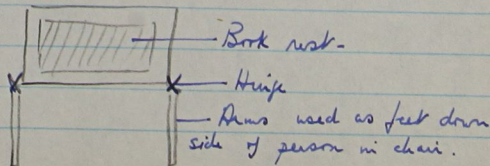
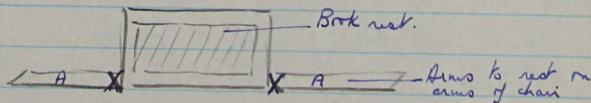
B = for pens.

C = " papers.



### 3. Book rest.

To fit across arms of chairs or on lap -



4. One legged Table

Made to rest on arm. chair - with one folding leg in front.

One side with ridge round - for puzzles - china - etc. etc.

Other side flat - for writing - cards etc.

5. Board for making S. leads - to hold work rigid.

A. Nails

Upon which to stretch centre threads.



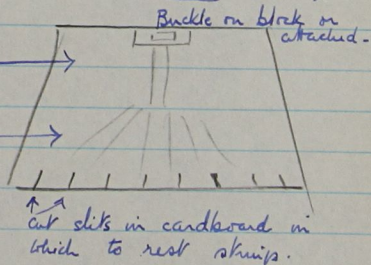
B - B. centre threads.

Lead can be wound round ends of board + nails.

6. Improvised board for S. Belts. (see (1))

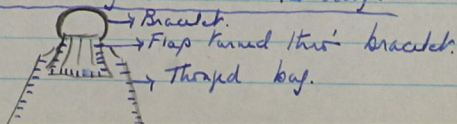
Cardboard.

Skins.



cut slits in cardboard in which to rest skins.

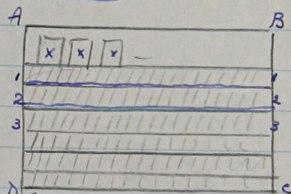
7. Thin leather bag on bracelet ring.



8. Board for Patient to use for Card games in bed.

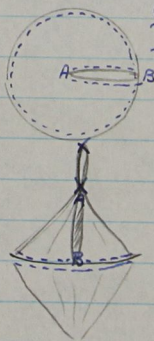
A.B.C.D = background of odd cardboard.

1-1 } folds of paper put  
2-2 } along as pockets -  
3-3 } in rows - pasted  
along inner edges &  
folded round A.D. & B.C.



X.X.X = Cards slipped into position & held rigid -  
(i.e. snap album).

9. Laundry bags.



Cut 2 circles.

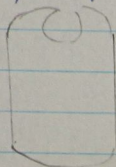
Stitch together with bias binding.

Stitch one circle as A.B. & bind.

Extend as figure &  
add handle on top. X

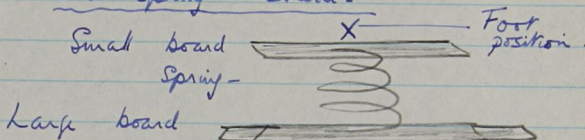
10.

Bibs in simple pattern -  
with applique -





11. Preparatory to bicycle saw-  
Bed spring board.

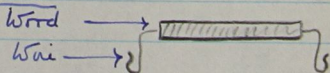


12. This covered with raffia or  
Crepe paper crils - (special "color" from  
Munsie -) or confetti.  
Put on with paste.  
Shellaced -  
Design put on -  
Another coat of shellac.

13. This - caskets etc. covered with  
cork & felt - or wooden containers -  
with copper decoration.

14. Two boxes lined with cork - wood  
or copper etc for trays.

15. Parcel handles.



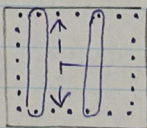
16. Bird Houses  
Wood bird-houses & "thatched" straw roofs.

17. Rug - or Bath Mat - attached with  
kaps - with big hook.

18. Rug oddments woven into a  
long strip in Ghidies Kust - on  
frame (similar to that for S. leads -)  
done on 2 <sup>ways</sup> strips - bound together  
with a binding thread - &  
finally sewn together for a mat.

19. Frame for stocking weaving.

Nails at round.  
Left put in  
horizontally.



{ Wamp  
width only of  
stocking: ring  
cut across stocking

(Dye stockings)

The Graduate Hospital of the University of  
Pennsylvania.



Hospital of the University of (Philadelphia)  
(Pennsylvania).  
Acute - General.

Head O.T. Miss Hosen - + 2 O.Ts -  
+ 3 students.

Separate Building - workshops - where men come down.

Women work on own wards.

Patients never given work without prescription from doctor - or at least from Head Nurse of Ward.

From the following cards are demanded, as a safeguard -

Maternity -

Women's Medical Ward.

Thyroid

Cardiacs

Diabetics.

Children -

Men's Medical Ward.

Students work -

1 in shops.

1 in women's

1 in men's

}

Shops one - 3 weeks under supervision -  
then left responsible.

Discharged hospital patients come in thro' out. patients - thro' co-operation with Social Worker.

Average stay of patients said to be  
2 weeks. Actually often months.

Osteo  
Orthopaedic cases } Dr. Gill - often 6 months.

Chorea -

Brain Tumours - (Depression) O.T. before & quickly  
after op. (Basketing)

Eye cases

"

(Wearing)

Thyroid -

Nerves -

X Prescription cards required, not only for  
prestige, safeguard to O.T.'s etc - but  
to give patients a respect for their  
recommendation.

O.T. Attends Orthopaedic Conferences -  
Does rounds with " doctors  
- - - Social Service.

Few Fractures are kept long in a Gen. Hos.

( Infectious Arthritis -

) Berge's Disease - becoming gangrenous -

O.T.'s opinion - that at O.T. = psychotropic  
even when diversional rather than  
therapeutic.

"Emergency Aid" arranges hotel sales - Hospitals have  
shells -

Jewish Hospital. Philadelphia. (624 beds).

O.T.s Miss E. Richmond - & Miss Butler.

70 to 100 Patients in 1 month touched  
by Miss R.

10 out of 28 = Lunches - (out patients)  
Shop work & Hand Work.

Good co-operation with nurses.  
Approach patients, then doctors.

Convalescent Home affiliated.

Women's Auxiliary helps -

2 students for 3 months - (leave in 1 year).

Notes.

Kleenex lipstick Tissues.

Cardboard plates - shells - paint - shells.

Sheepskin dogs.

Net - run with coarse linen or cotton -  
for lunch sets.

Fiber - (for woven nap-like rope - in  
cottons) - Mapins Brush Co. - Mass.



## Cook County Hospital. Chicago.

3400 beds. (Acute general.  
? Biggest in world).

O.T. Miss Lay - + 3.

Shop work = always on prescription.

Ward " = with + without.

Separate T. B. shops.

### Notes.

- Long handle on knife grinding wheel -  
for shoulder exercise.
- Bicycle saw - harnessed to electricity.
- Flat reed stool top. (v. good).

## University of Chicago Clinics

175-200 Beds.

O.T. Mrs Simpson + 2.

### Finances.

- Money given to buy own supplies - not ordered this hospital.
- Money comes to O.T. Dept. account.
- \$5 to \$50 Dollars spent with ease.

### Notes.

- Timmy Saw with wheel action at side - Hammatt + Co.
- Small, stiff brushes made of brown corn - dipped in hot or cold dye.



- Children have O.T. as matter of course.
- "Brovic" caps on rake Knitter. (circular)  
(Dots clothes pegs hammered in to circle & cut off - on nails) -
- Shoes kees for weaving -
- Quick Knitter - Donar Corp: Medford. Mass.  
Rockwell

Proby Kernan Hospital. Chicago.

(Private - dependant on endowment).  
400 beds.

O.T. Miss B. Brainerd + 2 others.

{ Board gives \$100 per annum.  
Charges are made to patients for materials  
which cover expenses.  
Things sold as made (NO SALE!)

Shop open in morning.  
Ward work in afternoon.

Nurses' (Prelim) class.

All the mornings for 3 weeks.

Theory of O.T.

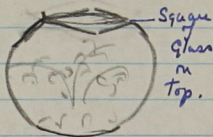
Graph notes - (see copies).

Patients = acute, short time.

∴ projects have to be short ones &  
quick to learn.

Women's Board - has an O.T. Committee  
which gives fees (70 people) invites doctors &  
nurses & interests them.



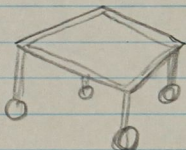
Notes.Roof Garden -

Fountain - + Gold-fish.

Flower "beds" in rocky.

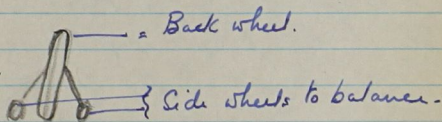
Flowers &amp; plants in pots.

Gardens in round pots -  
 ferns - moss - earth - charcoal  
 (do not need watering - glass on top  
 keeps atmosphere humid)  
 Fish in baskets.



"Fireplace" for cooking on  
 roof = iron plate on wheels -  
 Camp. cooking etc. (edge upturned).

Bicycle - with side wheels to balance



Pig. pen.

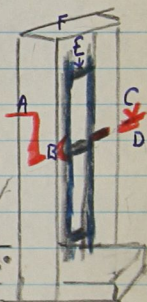
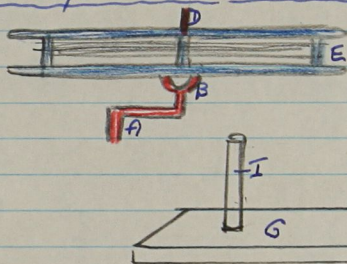
Pianola - (v. popular).

"Turning" hand Coping saw - adjustable.

x Woodwork charts - (Stanley) Educational Dept.  
 Stanley Tool Co. New Britain. Conn.

- Washed gauge - (re. conditioned) from surgical supplies for paint rap.
- Millboard produced by X. ray dept.
- Boxes from X. ray dept. (films)

### Burlap winder & raveler.



Adaptable to  
Exercise of wrist or other method of winding

- A = handle to turn
- B = double prong holding shuttle
- C = screw to adjust rod D to hold shuttle
- D = rod inserted into hole in shuttle to act as pivot with B.
- E = shuttle
- F = upright support
- G = base
- H = 3 eyelets - thro' one of which burlap runs
- I = Peg. (what for?) to attach burlap!

Burlap = stretched out on pins width of Burlap - & pulled & wound on shuttle.

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# GENERAL HOSPITALS + ORTHOPAEDICS.

Kings County Hospital.

(March 26: mon).

Brooklyn. (Acute General).

O.T. Miss McNulty.

Notes.

↳ spastic children in different stages -

a. Girl in high chair: { sitting forward -  
legs gradually became relaxed.  
Dry beads. could talk little.

b. "Harold" on bicycle saw - medium chair.  
Had been scissor fait.

c. Negro boy in wheel chair.

d. Girl: scissor fait. Walking legs apart &  
with little muscular rigidity -

Epileptic with burnt chest -

{ Care because of skin - i.e. no cane work.  
Clean work - with no chemicals -

Rooms with L. hand shed change for some cases.

Stencil tracing on slate -

Metal Tapping set: (like stippled leatherwork).



## Fractured wrist.

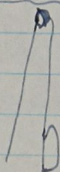
Grasp trouble

- x Various weighted rollers for blocking. printing (Elbow on table).

Hammering small blocks into places -

- x (Hammers graded to give different resistances)

## Passive movement.



Rope on pulley to raise & lower arm.

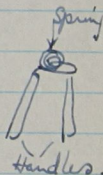
Clay for grasping - (later exercise)

Newspaper ball on table

" " in air

Rubber ball.

Wire measure for grip: Spalding



Wall charts - on flat - shoulder.

" " on side - L. & R. for abduction.

old Sewing machine adapted as bobbin winder.  
(Ankle action).

Chairs varying heights to afford differing resistance in any seated activity - i.e. bicycle saw -

Frame wearing etc. etc.  
( $1\frac{1}{2}$ " between each - sawn of legs).

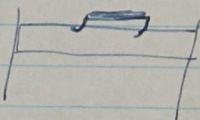
Bed wearing form - with foot change of huddle action - (own idea) -

Can be lengthened for ankle action or shortened for knee exercise.

(i.e. patient just out of a cast could do 5 mins. supervised work.)

Pedals of bicycle saw raised - etc & graded for hip action.

Handle on form beater for pronation & supination.



Pedals on form graded in tying up heights for hip action - (before bicycle saw)

Plaited rap for raps - seen in arches. (Linger exercise) -

X Hand exercises to music in bed - & singing - (Keep patients from pneumonia.)

Belle Vue Hospital. (City) (March 26. (aft.))  
(Acute General).

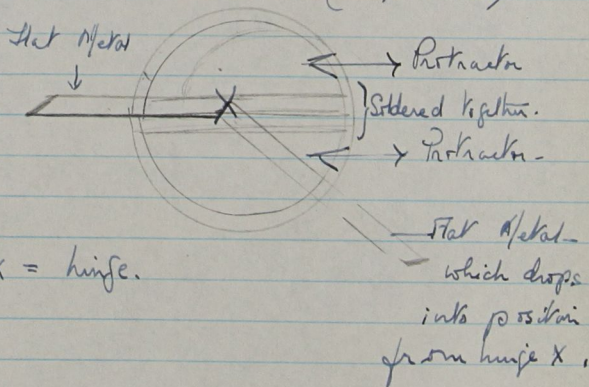
O.T. Mrs Jamison + ? others.

Barge on River for T. B. patients + O.T.  
Childrens O.T. Spastic -  
Orthopaedic.  
General -

Nursery School - } ordinary padding -  
Ordinary ~

Percussion band & community singing.

Patent Arthrometer - (? Milwaukee) -



$x = \text{hinge.}$



# Toronto General Hospital.

Bed Capacity: 1140 -

O.T. Mrs de Breezy & }  
Mrs Jacks. }

## Finances of O.T. Dept.

- Patients buying work pay cost of materials.
- Petty Cash - \$40 per month - (show receipts).
- Br. annual Sale - 1. to dispose of goods -  
2. as advertisement.
- Ladies Committee of Hospital undertake tea arrangements - (last sale - \$400 on tea alone).  
This money remains in Committee's hands.
- O.T. "Governor" on this Committee -
- New Equipment -  
Magazines } etc. etc. { asked for out of  
New Books } this fund.
- Sale of Articles - (\$800 or \$900) goes to credit of Department.
- Except for salaries - expenses are usually covered + \$400 or 300 to good.

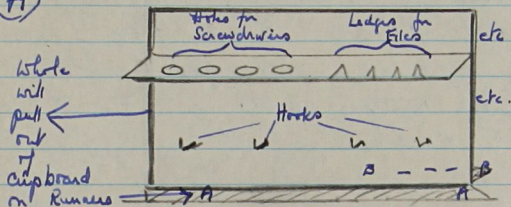
Patients Treated = General.

Sometimes about 20 private ones annually.

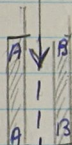
# Equipment:

## Tool & Wood Cupboards.

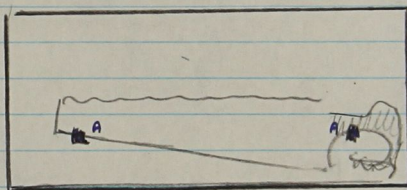
(A)



Upright board  
as fig: slides  
between supports  
A A &  
B B

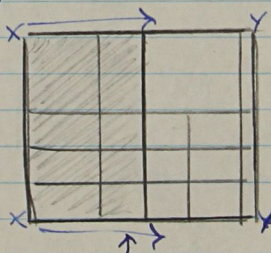


(B)



A -> hooks to support  
saws.

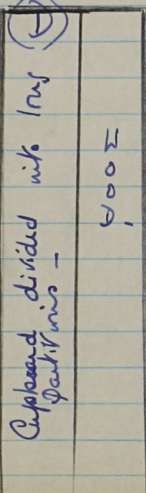
(C)



Drawer divided  
up for nails -  
screws - etc.

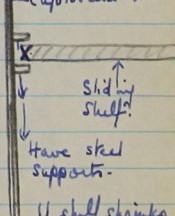
Over shaded half-  
top layer of divided  
drawer to slide across X & Y.

(D)



(E)

etc.  
etc.  
Cupboard wall.



Sliding  
shelf!

Have steel  
supports.

If shelf shrinks  
it will fall at  
X of supports

## Measuring for Crutches.

- $1\frac{1}{2}$ " below armpit.
- Elbow should be slightly flexed.
- Measure patient prone: Axilla to top of heel.  
Straight line.
- Arm to grip measurement, then slacken  
latter for 2".
- Pad Top.



Massachusetts General Hospital. Boston.

Acute General. (Experimental.)

O.T. Miss Morse, + 1<sup>(\*)</sup> + Student. (\*) = J. Ekhard.

Main Cases = Cardiac - Graded - but no emphasis on disability - or limitation.

Pls encouraged to experiment to own limits -  
O.T. offers substitute to inability to work -

No home service - Social Worker does something.

Arthritis: all kinds -

Research from Harvard.  $\therefore$  State Dept. pays  
for 20 beds - limit of stay = 6 months  
 $\therefore$  research = intensive.

Asthma Psychological value emphasized.

? Anaemia Depression usually too deep for O.T.  
Treated Psychiatrically.

Fractures - No creative workshops. Some  
out-patient work.  
To be extended.

Osteomyelitis - Active functional work &  
plain Diversional - O.T.  
View to rehabilitation.

Thyroid.

Goat

Gastro-intestinal

} Diversional - mostly -  
(morale).

Publicity -

Thro' Doctors' Hobbies Exhibits in  
O.T. Room.

In expansion - Doctors will decide  
on dividing time between -

Hydrotherapy -

Electrotherapy - } apparatus  
P.T. } etc.  
O.T. } etc.

Note. Bicycle saw with bicycle spring  
saddle.

Hand Clinic -

1. Empyema - Immobilization caused stiff  
shoulder: ? Cardman exercises,  
leaning body forward from  
waist & swinging arms on  
shoulder axis without weight  
of lifting.

2. Baker -

4 weeks median nerve operation  
& fracture -

No passive motion - Use fingers in  
" ext. of wrist - flexed position -  
exercise.

3. Farmer - Dupuytren's - Graft made -  
Milking - Use of scythe.  
? Work for extension.
4. Woman - Winder felt on hand -  
Swelling at elbow - Pain on upper  
surface of pronated arm at elbow.  
Injection - Radial-humeral bursa.  
Use arm.
5. Greek - Sepsis. Lihosis. Operated.  
Cut finger infection?  
Washer dishes } ? Neurema removed.  
for meals } ? Due to Sympathetic Ner. System  
Tumour?  
Sympathetic Ganglion injection.
6. Chain case. Dorsal trans-carpal distraction -  
(Rektro-lunar) = common injury - easily  
overlooked -  
Posterior distraction of distal group  
or Proximal -  
Straight immobilization + traction.



# CHILDREN'S HOSPITALS.

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## Hospital for Ruptured & Crippled.

321. E. 42nd St. N. York.

Head O.T. Mrs E. Weber + 1.

Treatment of, - All Fractures:  
T.B. bones & joints -  
Blood poisoning  
Plastic Surgery  
Club foot.  
Web hands.  
Grafting -  
Hare lip  
Arthritis -  
Sepsis  
Infantile paralysis.  
Scoliosis

Knots in plaster: curative work with fingers  
Cottus Fracture - : driving screws.  
Blood poisoning : exercise later.  
Scoliosis = between 14 & 18 years mainly

Hydrotherapy.  
Port.

Exercises -  
Physiotherapy.

O.T. mainly diversional.

Salaries paid by W. Auxillary.

Junior League started O.T.: now  
self-supporting on sales.

(Note - was started in this hospital  
5 times before it survived).

No. of beds = 280.

80 patients per month treated in O.T.

## Kennan - Hospital for Crippled Children.

O.T. Miss A. Clements. (Sheppard Pratt.  
(1981-1933) Trained)

- Shop & work run by Junior League at first.
- Hospital took over. (now satisfactory).
- 85 patients -
- Bone Diseases. T.B. Osteo.
- Burns.
- Fractures -
- Plastic Surgery
- General "
- Poliomyelitis -
- Arthritis.
- School for Patients - Specially Trained Teacher -  
Public School Standards.  
Trained Teacher for crippled children
- Hospital - Endowed. Has share of Community Fund.
- O.T. fees on Doctor's Orders.
- Nurses' Staff meeting - once per month.
  - { Interesting cases discussed.
  - { Pictures of work.
  - { Visits to other hospitals.
- Lectures in Hospital.
- All patients have O.T. if possible -  
i.e. diversional - disciplinary -
- Therapeutic approach = by prescription.



## Activities under O.T.

9. 10.	Plan work	} Bed Patients.
10. 11	Do ~	
1 - 3	Work	Ambulatory - (10 or more).

Sewing:	Crayon. work.
Healthwork.	Nursery Toys.
Sprayer.	Weaving - (wrist motion)

<u>Play ground -</u> given by <u>newspaper</u> for publicity.	{	Sunips	} all sizes.	Rings	}
		See. sand.		Bars	
		Sand-box		Merry go round.	

## Games etc.

Croquet -  
Bean. bag.

Walks -  
Parkis - (Ice every week)  
cost \$5. on holidays.

Library. Selection of books from public library - once per month - 50 to 75.

1 hr. to take cart around.  
(Cart from - Gt. St. Merriam C. Baltimore)

- 2 Wards can be run together for O.T.
- Games played at parties in centre.
- Goods sold from hat cabinet \$5 to \$10 per month.
- Some sent to Craft Mart for co-operation.
- Toys bought out of General Fund.
- Children make 2 articles - self - Hospital -  
(except Cerebral Paléses.
- Work taken away every day: more stimulating.
- Ward baskets.

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*The*  
CHILDREN'S HOSPITAL  
BOSTON

1869



IT'S WORK  
IN  
REHABILITATION

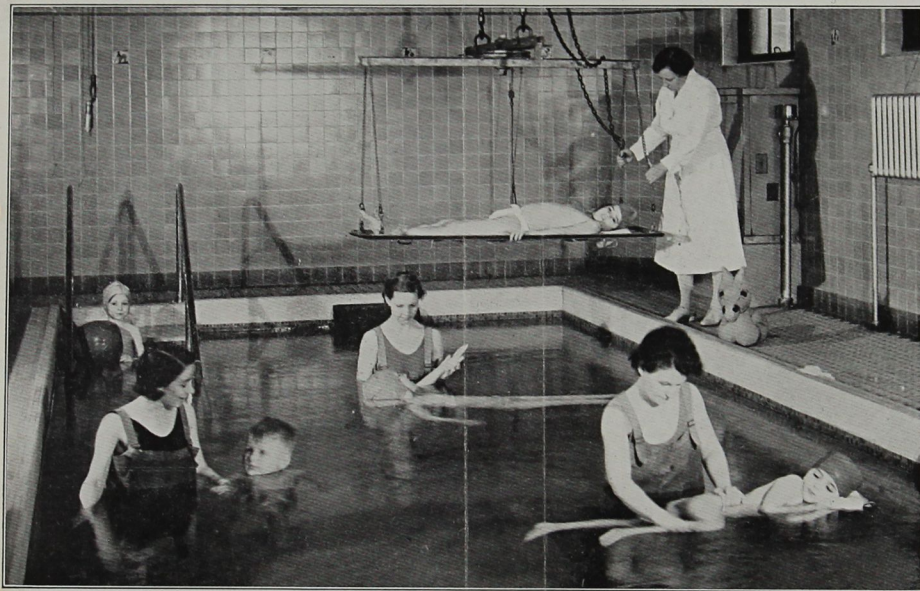
THE restoration of crippled and deformed children to a point where they are whole and no longer handicapped is one of the most satisfying services of the hospital. The Children's Hospital has long had an enviable place in this field.

There is nothing more sad than a child gnarled of body

and broken of spirit, apparently doomed to be dependent on others for his every move. Thrilling, it is, to see such a child made physically independent: to see a child walk who has never walked.

The correction of deformities and the restoration of func-

tion to helpless parts is slow, tedious work. It frequently means long hospitalization. Often families who might take care of their own for brief illnesses are unable to see the protracted regimen carried through. The treatment of such children is an expensive project, but even from a selfish economic standpoint, it is worth while. To restore the individual to self sufficiency rather than to reliant care is a tremendous relief to the community. But greater than this is to let live those who nearly live.



THE POOL

Exercising and building up damaged muscles with the help of the buoyancy of the water and the tireless guidance of the physiotherapists.



MEMBER OF  
THE COMMUNITY FEDERATION  
OF BOSTON



THE Children's Hospital is called upon to treat an average of babies per month born with cleft palate, hare lip or both. This is as every one knows an affliction of dreadful deformity and impediment of speech. Modern surgery does marvelous things in reconstructing the facial and physical damage but much must be done before the difficulty of speaking can be wiped. If this speech defect is allowed to remain, as so often is, the humiliation to the sufferer affects his whole character.

You can see that as a baby the world did not look bright.



Fifteen years have gone by and thanks to the work of the Children's Hospital I am now a happy citizen.



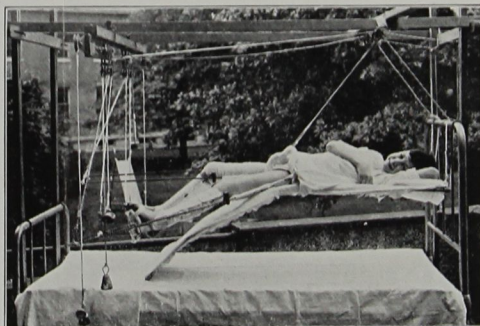
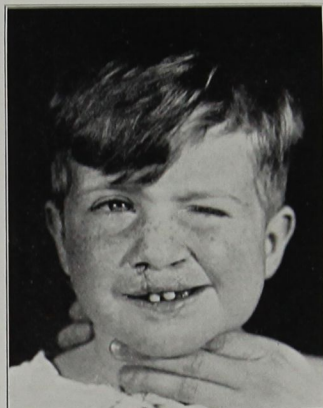
### Social Readjustment of Handicapped Children

Some of the children who are brought to the Hospital need a change of attitude towards their disabilities fully as much as they need correction of their deformities. It is generally agreed that the earlier these problems are attacked the better. In one corner of the Hospital there is a ward where skillful appraisal by a psychologist, effective nursery school supervision and competent physiotherapy are available. Cheerful activity, under tolerant, but firm control is possible. When it comes time for renewal of home management, the staff can discuss the problem of readjustment on the basis of first hand knowledge. In a very real sense it is possible to discuss methods of bringing up other people's children intelligently, because the doctors and the nurses have watched the process.

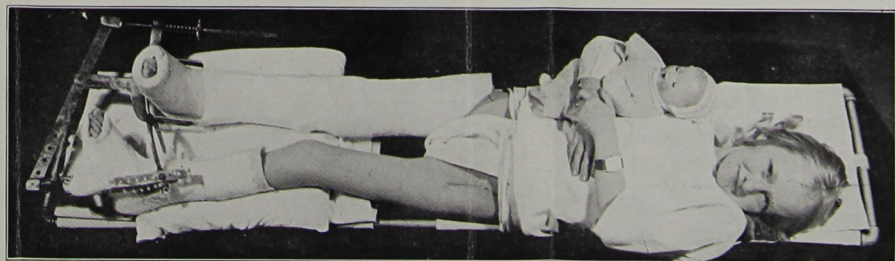


At school and elsewhere his playmates make fun of him by copying the sounds and the shame and suffering from being so different from others continues through life. It is here that dental treatment and orthodontia steps in and in this work the Children's Hospital is now able to take a more constructive part through the welcome gift of equipment by one of the Charitable Foundations. This work together with speech train-

This is what I looked like before the surgeons started work on me.—After several operations I look about like this. But I need more treatments, especially orthodontia.

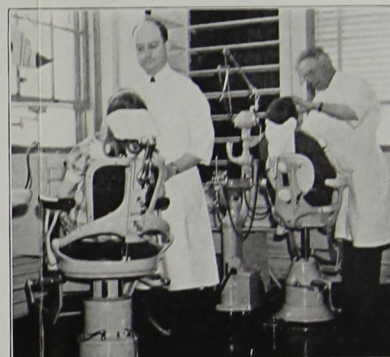


Before operation I could not even lift my arm.

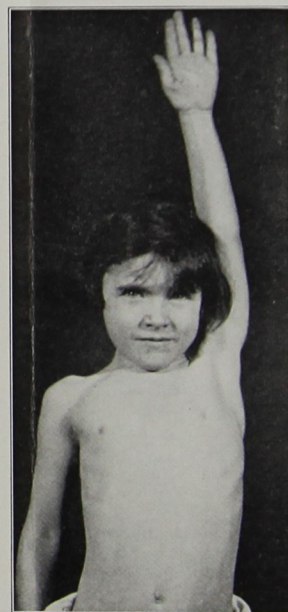


ing gradually frees the patient from the self-consciousness of abnormal sounds.

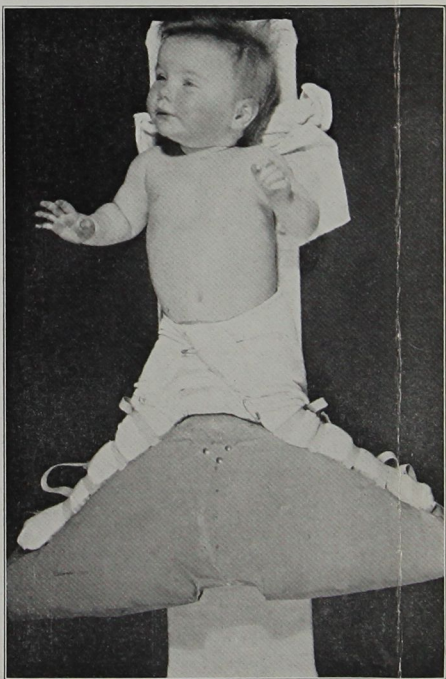
A machine, which the patient himself hears, records the progress made at each periodic recording and these records are an encouragement and an incentive to still better performance. Many more of these unfortunates could be treated if facilities and funds permitted.



The Dental Room recently equipped through the generosity of one of the Charitable Foundations.



Now I can lift my arm as well as anyone





# The Children's Hospital. Boston.

1 O.T. + Students + Graduate Student getting hospital experience.

67 Volunteers per year: trained partially.

Hospital run by Donations.

O.T. Dept: does not have to pay.

Welfare Committee connected with hospital.

Inside this - Committee for O.T.

Light.  
Cleaning  
Hot space  
Salaries  
Repairs  
Orders  
Petty cash

Which arranges for Current Events lectures - (public) every Friday morning. Tickets are sold at \$12½ for the course.

After paying expenses - \$6000 are raised each year to run O.T.

- O.T. Costs 12 cents to 16 cents per child per year - (2000 receive it).

- Necessary supplies come out of petty cash \$18 per month.

- Waste material is used.

- Every child able to work has a prescription.

- Daily check up with nurse on ward as to working ability of children each day.

- Slightly contagious cases have special precaution.

- Children from 2 years old - work given correlates with ordinary profession.

- Work = pre & post operative.

- P.T. & O.T. Do not work together - but in agreement.

- O.T. - to 60 or 70 children per day.

- School to 11 " " " (thru social service)



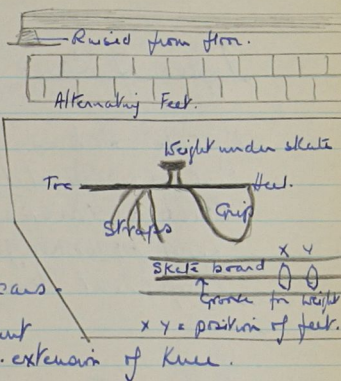
Discipline greatly aided by O.T.

- Ward Baskets -
- Work given for 1½ hrs - 3 times per week.
- Children wait to start.
- O.T.'s move round ward clockwise - & refuse to attend to child who calls - turn = missed.
- Work prepared in limited way - so that only certain steps can be done - then rest obligatory till next step is explained. Waiting for O.T. for explanation gives enforced rest in natural course without emphasis or comment.

P.T. Section of Re-education for Cerebral Palsies.

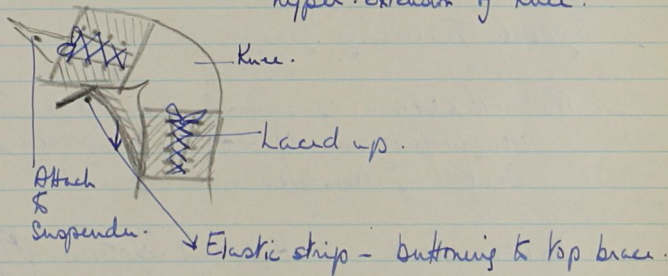
- Miss Trainer: been for 12 years.
- Massage. Medical Gymnastics - & form of re-educational O.T.
- Psychologist tests 1. Qs - M.D. is not treated.
- Riding tricycles -
- Walking on Roller-skates -
- Dancing -
- Sweeping -
- Dusting -
- Table-setting -
- Egg-beating -
- Cooking -
- Elephant - leg button on - ear snap on
- Clock - stiff hands - (extension of fingers)
- Noah's Ark.

- Ladder Walker.
- Weighted "skates"  
for tight abductors in  
legs - sideways walk.  
Transference of weight.



- Creeper to go under cars.

- Knee & leg cuff: to prevent  
hyper-extension of knee.



- Or - can be used to prevent toe drops.  
attach long elastic to toe of shoes with  
hook + eye -
- Or - can be used on child with braces  
to take the place of suspenders.
- Or - can be attached to handle bars  
of tricycle to steady knee.

Method of keeping records = cinema -  
taken with parents before & after  
treatment.

Treatment costs 50 cents each for those who  
can pay.





# CLINICS AND CURATIVE WORKSHOPS AND REHABILITATION CENTRES.

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Spastic Paralysis Clinic - (March 25<sup>th</sup> Mon)  
Neurological Institute -  
(Near Presbyterian Medical Center).  
(for Handicapped)

- "The Spastic child has a right to -
1. An education so adapted to his handicap that he can have the chance for the fullest life of which he is capable -
  2. As vigorous a body as human skill can give him -
  3. To be brought up & educated by those who understand the nature of the burden he has to bear, & who consider it a privilege to help him bear it. "

---

Miss Adams -

(Children received - 18 months to 15 years.)

Training of "aides"

2 years - including { Physiotherapy -  
Neuro-anatomy -  
Corrective speech work -  
Standard of education - College Graduate.

School Time Table:

9. 00.	Opening Exercises -
10. 45.	Instruction & Study.
11. 00.	Recess.
11. 25.	Study.
12. 50.	Lunch.
	Rest & Recreation -
1. 20.	Rhythms - (Mon & Thurs) -
1. 50.	Study.
	Group Activities.
2. 30.	Study.

O. T. on Tues & Fridays - 1.00 - 2.15.  
Time given to Hobby Projects.

Playthings for exercise.

(whole. gate Educational playthings).

Screw key - (animal) - { Rotation -  
Supination  
Finger twist -

Doll - indicate relaxation.

Blocks - Picture Lotto

Boxes - Games - to work Association Tracks.

Clay - Toy. pony.

Punch bat - Xylophone -

Beads all sizes.

Roller skates - (weighting feet & giving idea where feet are & balance) -

## Aims in the School.

- To give a sense of security.
- Suitable furniture.
- Material to work with -
- Encouragement for children to speak & work with the least amount of bodily activity.
- To give the child Time to talk & Time to write.
- Work with the school children must be individual, as far possible - (for spastics).
- Group work, an advantage, when possible.

## Headings in Record Book:-

Name. Age - I.Q. - Reading grade.  
R.O.L. Handedness. Speech grade.  
Disability.

- Different responsibilities are given to various children according to their abilities.



## Group Rhythms.

Clapping to Music.

Singing to La.

Action Songs - & Singing games -

Stepping to Tune - e.g. waltz.

Relaxation - swaying to music.

## 1. Individual Treatments.

Spastic  
R. arm  
& leg }

Child on bed - Table -

Relaxation of whole body - especially spastic parts.

Pronation } with help.

Supination }

Raising & lowering arm.

Alternate leg raising.

Flexion of ankle - by force.

Clapping to music.

Marching " "

Pops in board.

2.

Treatment in Hot Bath -

Floating for relaxation & confidence.

Exercises under water.

Kicking -

Swimming -

(Bath gives sense of security as against a pool. Temperature adjustable) -

Warming before each experiment creating implicit trust.

3.

Marking Time -

Marching -

Music -

Poem of Spastic Child. I.Q. 140. (Normal 100).

"I will sing you a song of the sea,  
of old wet sails in a gale,  
of ice & snow, & sleet & hail,  
Beating o'er the frosty rail,  
With a pail to bail,  
And a sail to hail,  
While we sit & sip our new bought ale".

(Stephen - unable to stand or walk.  
- Drinker, but able to talk.)

Spastic neck & spastic hand.

# W. Phelps - Baltimore

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## Toys for Spastic Children.

### Nursery School Toys.

- Play School Educational Toys & {Chicago Illinois
- Holgate " " {Kane Penna

"Handbook of Educational Work & Play  
Materials for the Mothers & Teachers of  
Young Children"

Educational Playthings - Inc.

20 E. 69<sup>th</sup> Street. N. York.

"Let's go Shopping" Game - (Holtz).

Gabriel Co. N. York City.

Tif. saws in frames - cut out in words &  
set in background.

- "Noughts & Crosses"  
played on a board with  
pep.

	•	•	•
•	•	•	•
•	•	•	•

Nailed up Cigar boxes - painted -

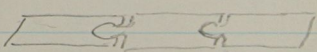

Blocks - coloured -

Big beads - on rope - to small ones -

- Well - balanced cart.

- Sand Trays.



- Doll - to dress & undress -  
Shoe lace - Clothes button.
- Doll to indicate Relaxation.
- Locks & door handles to work.
- Laces to do up - on board
- Buttons - - - - -
- Buckle - - - - -
- Zip - - - - -
- Adjustable bars & inclined boards for walking.
- Steps -
- Coloured Pyramids -
- Trans' 
- Boats in section 

Curative Workshop & } 331. Bloor St.  
Sheltered " } Toronto.

Chief O.T. Miss O. Noble.  
 Medical Advisor. Dr. Hanks.

Sheltered Workshop + Home work. Men.  
 = paid work - some part time.  
 Commission not given.

Salary - 2 weeks - nothing.  
 then 75c - per week up to -  
 \$5 " "

Work = Educational Toys - Men.  
 Nursery School Furniture.  
 Chair Seating.

Weaving Women.  
 School Bases.

Orders sought in quantity for shops &  
 home - by O.Ts.

If a worker gets own orders - sells at  
 own price - paying cost of material  
 only to shop.

Anatic Workshops. (Average - 25 patients per day).

Recreation -

Music.

Discussions - (Current Events) - (Good for Schitzoids).  
 { 10 in group choose subjects each.

"Cosquinita" = game - "flipping" chaupit men  
 into centre hole. (Finger &  
 thumb exercise).

Bookbinding - older - neurotic business men.  
 Puz. prog = Traumatic brain injuries -  
 affecting balance & co-ordination.

Screwing = wrist & hand - R & L. hand  
 screws specially made.

Workshops run by Board of Directors -

Funds - from Street Fair -

Theatre Night collected by O.V.'s  
 Patients too - } efforts.  
 (\$1.00 each)

Patients come on Prescription -

Psychiatric H's: sends some: 92% saved from  
 Mental Hospital.

Students come in term time - 2 afternoons per week.



# SPALDING SCHOOL

1628 *Washington Boulevard*

Chicago, Illinois



DR. WM. H. JOHNSON  
*Superintendent of Schools*

MAJOR FRANK L. BEALS  
*Assistant Superintendent  
in charge of  
Special Schools*

MISS THECLA DONAT  
*Principal Spalding School*

MRS. GRACE KELLEY  
*Assistant Principal*

BOARD OF EDUCATION  
228 North La Salle Street  
Chicago, Illinois

## SPALDING SCHOOL

Date of original building 1907

Date of present building 1928

Spalding School is the largest of the four Chicago Public Schools (two High School branches, additional) operated by the Board of Education for handicapped children who "by reason of disease, accident or congenital deformity cannot attend a regular school with safety and profit, during the period of their physical rehabilitation, simultaneous mental development and social adjustment."

Pupils, eligible for school, are admitted to Spalding or transferred from it only upon the written recommendation of some recognized physician or surgeon. The physical and health care given to the pupils at Spalding form the core of the school service rendered to them. This care includes physiotherapy and nursing service and also supervised rest, recreation, diet and transportation.

This care is fostered in cooperation with physicians, surgeons, nursing organizations, hospitals, clinics, dispensaries and social service agencies.

### Personnel for Physical Care

10 Physiotherapists—teachers of Spalding School

1 Physical Education Teacher

2 Nurses from the Visiting Nurse Association, who care for Cardiacs

3 Nurses from our Municipal Tuberculosis Sanitarium

### Equipment and Facilities for Physical Care

#### I. In Treatment Center

Booths for physical therapy treatments, cardiac examinations, surgical dressings, foot baths, etc.

Hydrotherapy tank 6x12 ft. with adjoining showers and bath facilities.

A large gymnasium for exercises and games.

A clerical office where individual medical and social history records for all pupils are kept, and where clinic appointments are listed.

#### II. Outside of Treatment Center

A large swimming pool 42 x 20 ft. used for

a. Under-water treatments—on submerged tables—mornings.

b. Recreational swimming—afternoons

An automatic solarium for individual and group Ultra-Violet Ray treatments.

A special room for physiotherapy work with Spastics.

Two occupational therapy rooms

a. One in old wing of building for small children, Room 177.

b. One on second floor, Room 217.

#### III. Rest Rooms

Two large rest porches on third floor for definitely programmed and supervised rest periods throughout the day.

All tubercular and cardiac pupils must go to rest after lunch, and be inactive while other pupils play on roof.

Nursery School, Kindergarten and Special Spastic Division rest in their own rooms.

#### IV. Play Activities

Three play roofs on third floor for supervised play and organized games.

Old Assembly Hall—play space for spastic groups.

Gymnasium—for organized games at programmed periods.

Wide corridors—for free play at recess and sometimes at noon.

#### V. Diet—A dietitian plans the children's menus.

All pupils have milk or cocoa and crackers on arrival at school and again at recess if prescribed.

Some have special diets following doctor's orders.

Cod Liver Oil is given to all for whom it is prescribed.

#### VI. Transportation

a. In school—elevators, ramps, stairways, and wheel chairs.

b. To and from school—19 buses with attendants paid by the Board of Education and chauffeurs paid by the Motor Bus Company. A few older pupils come and go by street car, carefare furnished by the Board of Education.

## ACADEMIC PERSONNEL AND FACILITIES

School hours are from 9:00 to 2:00

Membership over 800 pupils; faculty—58 teachers (including 10 physiotherapists) Regular faculty includes Adjustment Teacher, Special Teachers for Speech, Household Arts, Manual Training, Occupational Therapy, Art and Music

The Course of Study is the regular Chicago Public School Course

Academic range is from Nursery School through Eighth Grade

Parallel with Kindergarten and regular eight grades are:

Vocational Centers, Ungraded and Special Spastic Divisions

2 Divisions for Blind and Sight-Saving Classes (R. 153 and R. 154)

2 Divisions for the Deaf and Hard-of-Hearing (R. 101 and R. 255)

The Nursery School has a Director furnished by the Sunbeamt League

Janeil Shop, a sheltered workshop for handicapped young women has a Director furnished in cooperation with State Rehabilitation Department.

The Brace Shop has a Brace-maker furnished by the Willing Helpers

Spalding School has two outside Branches—

a. St. Luke's Hospital

b. Illinois Eye and Ear Hospital

School personnel other than teachers:

3 clerks

20 bus attendants—11 on school duty all day

10 crippled children's attendants—on duty all day

12 lunchroom attendants

2 physiotherapy attendants

3 bath attendants



## GENERAL PLAN OF THE BUILDING

To help visitors on a tour through the building, we are listing our facilities and equipment by floors. We suggest you take the elevator to the—

### THIRD FLOOR

There we have—Three Roof Playgrounds.

Two Large Rest Rooms (Children must not be disturbed during rest-periods.)

A room for Adjustment Teacher (for individual tests, etc.)

Then walk down the ramp to the

### SECOND FLOOR

You will find—Shops located in center of second floor. Brace Shop in North corner of West corridor.

Grammar Grade Classrooms and rooms for Vocational and Upper Ungraded classes are in two radiating corridors and in West Corridor.

Teachers' Lunchroom is in center of floor.

Library—Room 207 is at end of Southeast Corridor.

Art Room—Room 204 is at end of Northeast Corridor.

### FIRST FLOOR

Contains all Primary Classrooms and rooms for Sight-Saving Classes—Deaf-Oral class—Speech Correction—Special Spastic Classes, Nursery Schoolroom, etc.

The Jancil Shop—a sheltered workshop—Room 156.

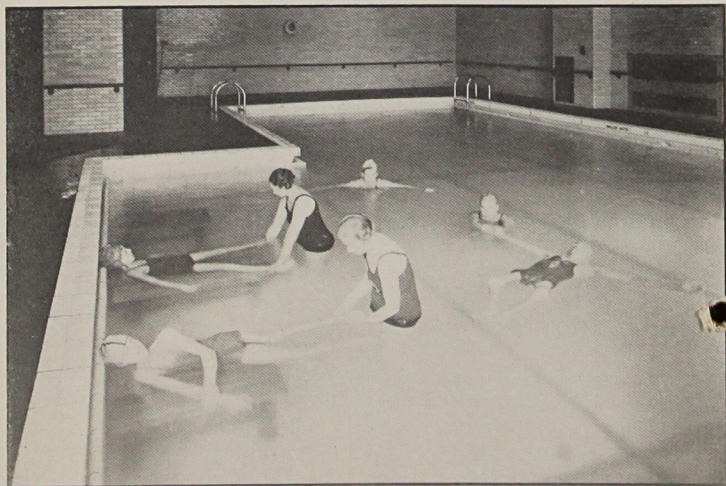
Office Suite Assembly Hall, Children's Lunchroom, Bus Entry, Treatment Center, Dental Office, Swimming Pool, Ultra-Violet-Ray Room.

#### MISS JANE A. NEIL

Principal of Spalding School 1914-1928, District Superintendent in charge of Schools for Handicapped Children, September 1928 until her death October 29, 1932, planned the building and the equipment of the present Spalding School.

April, 1938

THECLA DONIAT, Principal



LARGE SWIMMING POOL AT SPALDING SCHOOL



Spalding Schol. - for Handicapped Children  
Chicago.

Cardia Cases -  
 Polio myelitis.  
 T.B. Joints.  
 ? Eye cases.

County pay  $\frac{1}{2}$  } expenses.  
 City pay  $\frac{1}{2}$  }

In Physiotherapy room. light - heat etc.  
 Mass treatment - moving floor - regulated  
 to take required time in light  
 "cabin" -

Polios go thro' on chairs or  
 lying on a table.

(Met Dr. Eckhardt - German surgeon  
 there).



EPILEPTIC  
COLONY  
AND  
SCHOOLS  
FOR  
FEEBLE-MINDED.





State of New York  
Department of Mental Hygiene

CRAIG COLONY

WILLIAM T. SHANAHAN, M. D.  
SUPERINTENDENT

Sonyea, N. Y.

May 17, 1938

Miss E. Mary MacDonald  
c/o Wycliffe College  
Toronto University  
Canada

Dear Miss Macdonald:

I was very glad to receive your letter. I wish that you might find time to visit us as it would be much easier to answer your questions if I could show you our classes.

The man from England whose name I was trying to recall was Mr. Ed. P. Sturge from Lingfield, Surrey, England. Dr. Fox is the superintendent there, and they take epileptic children only.

You ask how we organize our work with that of the teachers. All children are tested and those having an I. Q. of 50 or over are accepted in the school. Those below 50 are taken into the O. T. classes if there is any possibility of giving them anything-socializing, habit training, etc.

Our physical instructor visits the school each day and gives the crippled children massage and individual exercises. An O.T. (myself, as we have only two trained O.T's here) visits the school and suggests craft work which will give the correct exercises, and the teachers carry it on.

There are many children in the school who are not crippled, and whose I. Q. ranges up to 135. These receive both their academic work and manual training at the school until they reach the age of 16 years. If a child regresses rapidly, he is discontinued from the school and taken into the O. T. Classes.

If a patient shows a special aptitude in school, upon reaching the age of 16 years, the principal recommends him to the O. T. for further training and placement in the hospital industries.

Our schedule is much the same as that in the mental hospitals. Habit training and socialization for younger or lower grade patients, craft work graded to pre-industrial for older or



higher levels. Recreation in some forms we try to bring to every one.

The use of tools is practically the same as with mental patients. Tools may be used but always under supervision, care is taken in the position of patients who fall suddenly, loom benches are not used.

Every adult patient who is able to take part in the hospital undustries, has his work-in the cottages, shops, printing, carpenter, store, etc. or on the farm. The patients who are mal adjusted, feeble physically or mentally, or for some reason unable to take part in the regular work of the institution are taken into the O. T. classes. Of our approximate 2500 patients population, as of our report of May 1, 1938, we were reaching only 584 patients.

The groups receive their O. T. according to the location of the buildings in which they live, and to whether or not they have parole of the grounds.

In planning their work, I classify them in three groups -

The crippled - craft work to restore function

Psychobiological - (these are not diagnosed as such, perhaps maladjusted is a better word-but work is planned to satisfy them emotionally rather than any views to production).

The feeble minded - (by far the majority treated in O. T.)  
Habit training, socialization, simple, repetitive craft work directed toward making the patient a busy, happy and, if possible, useful member of the institution.

The recreation again is much the same as the program for mental hospitals, except for two things, <sup>st</sup>Many of our female patients, as well as male, have parole of the grounds.

2nd - The parties and dances are never given for both sexes, although both attend movies, dramatics and community singing.

We do not find that "hard" feeling" as you describe it. We find one patient often very loyal to his particular friend, but as a rule the majority help to restrain the "difficult" ones. n

Epileptic patients are really able to do any crafts that are offered to similar groups in other hospitals. The crafts that we use are

for adults - needlework

weaving  
leather  
woodwork  
raffia  
chair caning  
bookbinding  
hooking

for children -

beads  
crayoning  
paper construction  
rhythm band  
blocks  
sewing cards  
singing games

Miss E.M. Macdonald

For recreation we have

mimetics - circle games and sports, tennis, basket ball,  
volley ball, soft ball, baseball.  
music & group singing, and patient orchestra, dancing,  
dramatics,  
movies,  
a club for male patients and one for female, meeting  
once a week,  
Boy and Girl Scouts and Brownies.

Our department consists of

- 1 Chief Occupational Therapist
- 1 Occupational Therapist
- 3 Attendants in O. T. *also 2 Physical Instructors*
- 1 Beautician
- 1 Instructor in Music
- 2 Scout Leaders (part time)

I hope that I have answered your questions at least in part. If you find that you are able to visit us, you will be most welcome.

Very sincerely yours,

*Mark H. Davis.*

Chief Occupational Therapist

MHD:D

*I was very happy, personally to have met you  
at the Institute. Please give my best regards  
to Nancy Ross, when you see her.  
MHD*



# Epilepsy & Craig Colony.

Dr. Shanahan & Kirby Gillic - 11

Epilepsy = not disease - but disorder -  
1 in every 350 have epilepsy.

Another name = Chronic Cerebral Disrhythmia.

? Hereditary - only 10% have history of epilepsy.

- Not diabetic - } only mild degrees of  
Not subject to Exo: Grike } Sugar content - low metabolism
- Not Psychotic nor Mentally deficient necessarily.
- Epileptics should not usually be in mental hospitals - shock for other patients & bad for own morale.
- Institutions should be provided for epileptics who are not insane -
- Those who are insane should have separate wards & buildings in hospitals.
- Colony idea = essential. Cottages - adapted to self support of inmates.
- Privacy for some - having definite "aura" -
- Hysteria in dogs - (fight disease) has symptoms of grand mal.

## ? Causes of Epilepsy -

Pre. natal	}	{	Infection ?
Natal			Trauma ?
Post. natal.			Glandular disturbance?
			Mental influence?

? Insufficient oxygenation -

? Deep breathing bringing on seizure.

Convulsion seems to be due primarily to a sudden disturbance to circulation & effects on brain.

or Disturbance in water tissues, especially in the brain.

Treatment - one of adjustment -

Drug.

Diet - (Eskimo diet!)

(Note - Heredity ends at conception - does not include ant. natal life).

## RECREATION

Baseball and softball play a prominent part in the spring and summer program. Lacrosse, which is purely an Indian game, is very popular. Hiking, playground ball and outdoor basket ball provide additional recreation. The addition of a swimming pool provides another wholesome sport. Football claims considerable attention as a fall sport. Indoor basketball is played in the winter. The Indian boys are good players and hold their own very well with the surrounding high schools.

The Scout organizations of the School are a source of interest as well as education to the older girls and boys. Interest in scout work continues throughout the year.

## GENERAL INFORMATION

Thomas Indian School is under the control of the Department of Social Welfare and the Division of Standards and Purchase. The educational program is under the State Department of Education. It is maintained entirely by State appropriation.

The post office is Iroquois, N. Y.; railroad station, Lawtons, N. Y.; telegraph and telephone exchange, Gowanda, N. Y.; telephone number 936.

Additional information concerning the Institution can be obtained from

Supt. J. C. Brennan, Iroquois, N.Y.

or

Dept. of Social Welfare, Albany, N.Y.

## THOMAS INDIAN SCHOOL

Iroquois, New York

Thomas Indian School was founded as a mission in 1855 and was taken over as a New York State Institution in 1875. The School cares for needy Indian children from the several reservations of the State. An extension program is carried out beyond Junior High School so that deserving pupils are enabled to continue in other schools and colleges. A farm is operated in connection with the School and the boys are given training in practical agriculture. The accompanying pages give a brief outline of the work of the School.



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### Academic Training

Beginning with the Kindergarten, the Thomas Indian School takes the children through all the grades. The three upper grades, seventh, eighth and ninth are organized into a Junior High School. Departmentalization with some student government has made the School quite efficient in meeting the pupil's needs and interests.

### Industrial Arts

The boys of the Sixth, Seventh, Eighth and Ninth grades receive training in vocational work. The boys receive twenty weeks of shopwork each school year. The student has an opportunity to try out the following shops: Printing, Woodworking, Electricity, Chair Caning, Mechanical Drawing, and Barbering. Upon the completion of the Junior High School course the boy is qualified to continue his study at a Vocational School or enter upon a trade.

### Homemaking

The Home Economics course includes the study of foods and clothing. The clothing course deals with the study of clothing construction, dress design, and textiles. The food course includes the study of preparation of foods on a meal basis. These courses aim to stimulate the pupils to participate in home activities and to do their share in making their home more attractive and happy.

### Beauty Culture

A course in beauty culture is offered. An up to date beauty parlor has been established in connection with the barber shop. In this course the girl has the opportunity of learning beauty culture work, including hair cutting, shampooing, marcelling and manicuring.

### Health

The chief aims of the health program are prevention and education. Periodic physical examinations, and other known methods for the prevention of disease, are routine procedures.

All new pupils, those returning from vacations or suspected carriers of disease, are isolated for a definite period before they are allowed to mingle with the other children.

The water supply is carefully guarded by frequent tests.

The dissemination of knowledge concerning health and disease prevention has a definite place in the health program.

For those who require hospital treatment there is provided a modern three story hospital of 32 bed capacity fully equipped to care for any medical or surgical condition.

The University of Buffalo and the Buffalo City Hospital cooperate closely with the local staff which at present is composed of a resident physician, a dentist, an ophthalmologist, and a psychiatrist who conduct clinics at the hospital whenever there is need for their respective specialities.

Two full time nurses take care of the nursing needs.



Newark State Schools.

O.T. Miss Dorothy Pollock.

Beauty Parlour -  
School.

{ O.T. (Projects in progressive order).  
Entertainments  
Out. patients -



Walter E. Fernald State School. Mass.  
 Superintendent, R. A. Greene.  
No O.T. 2000 patients.

Superintendent's View = No room for O.T.  
 O.T. for those who have had capacity  
 & lost it -

Work with m.-d. = people who have never  
had capacity.

∴ O.T. does not involve training individuals  
 whose industrial training = part of  
 his education.

Psychotics needing attention should  
 go to Mental Hospital.

Main Job = Industrial  
                   Social  
                   Educational Training } -

Urgent cases taken: majority = not  
 salvageable.

35-36% = morose - ∴ salvage = small.  
 100 kept out on parole.

Ages - 4 to 5 years to 80.

School - under Mrs. Brazier - (Span type -  
 excellent methods - (Crown type too)  
 discipline - etc. (Working with  
 (Notes to follow). (Plaited cord  
 slippers.

Referred to  
Colchester - Sir Douglas Turner.  
Dr Earle.

Edinburgh.  
Penrose.

Work = on Scientific Inis - Eugenics -  
Sterilization -  
Parrots - etc.

Machine for cutting out.  
570. Electric Cutter -  
Eastman machine Co. Buffalo.

# T. B. SANITARIUM.

194

For Patients Exercise Classification -  
see T. B. notes.

Ditto - for daily Program

Crafts used & graded =

Leatherwork - (individual wooden boards).

Metalwork & Jewelry -

Needlework -

Dressmaking -

Basketry -

Carpentry -

Wood & soap carving. (V. good.)

Weaving - (Table looms only & r. selective cross).

Oriental - Cross-stitch & hooked rug.

Shoe cobbling -

Tailoring -

Bookbinding -

Modelling -

Radio & bedside 'phones -

Seasonal parties.

Adult Education - for subjects. see notes

9-10-30 - in School room - 2 & 3 in class-

10.30 - 11.30 - " cottages when other O.T. does work

"Americanization" - to procure citizenship.

School work to bridge gap caused by  
instruct principals. } break of illness. see notes.  
work kept parallel.

Commercial. Foundation for future work -

"Brush up" - present -



General for improvement - + publishing  
magazine.

- Doctor grades time of work. { Patients responsible for this themselves.
- O.T " type " -
- In grading of Classes -
  - II to III have bedside work. (157)
  - IV to V " shop " (63)
- (~~III~~ Class Pts come down automatically for Treatment).
- There is a need for a sheltered workshop.

### Financial.

- Budget of required amount estimated - sent in each year. Sometimes passed - at others - cut down -
- All county institutions do same -
- Taxes on public levied according to these requirements -
- Sale once a year:
- Tho' not essential to cover supplies - this is usually possible.
- Superintendent considers O.T the "cheapest form of medicine" -
- No commercialism -
- Patients can make things for themselves - for relatives at cost price - but not for sale

Work.Women's Wards.

- Weaving

Knitting

Embroidery

Wool brochures

Tortoise pin cushions.

Folding paper napkins -

Other interests in Shop.

- Dressmaking &amp; repairing clothes.

(Men's ironing - room - + Women's ditto)

- Radio set.

- Shoe repairing -

Men's Wards.

Leather work

Soap carving.

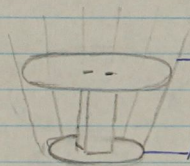
Cross-stitch -

Needle-point

Oriental Knot.

General Notes.Cane work.

Form round  
which to build  
up a basket.  
For unskilled  
workers.

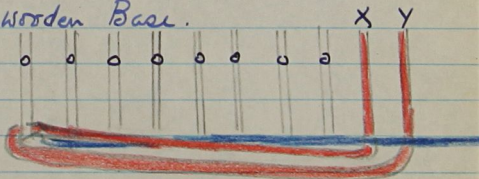
- Stakes inserted on  
one side.

- Base.

Roll edge to wooden Base.Holes -  $\frac{3}{8}$ " apart. $\frac{3}{8}$ " from edge.

Even no of holes

Divisible by 3.



X to Y = 1 cane - &amp; so on -

Start with 8-9- or 10 short canes stuck in  
according to thickness of X-Y -

Cane dyed in chemical dyes.

Soak Cane.

Boil up dye.

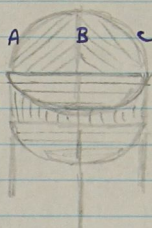
Put cane in -

" " again -

### Woodwork.

Shelves -

Can be made for corner A to B  
or 2 together flat - A to C.

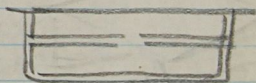
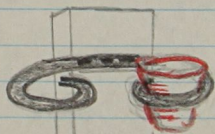


— Shelf =  $\frac{1}{4}$  circle.

— Gates — Slatted. or Solid.

— Shoe - Tie - hat Rack + Stud boxes to  
fit on door of deep cupboard.

— Hold for plant pots - Trailing ferns etc



Tables sq: tops.  
Corner to corner legs  
as above.

### For Soap Carving.

Broken Archer Hook.

" dental tools.

" manicure sets.

Lifebuoy coloured soap or  
liver soap - (plenty of oil).



# Toys.

Ladder = 37" long.  $\nabla$   $3\frac{3}{8}$ " wide

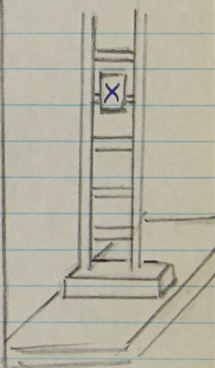
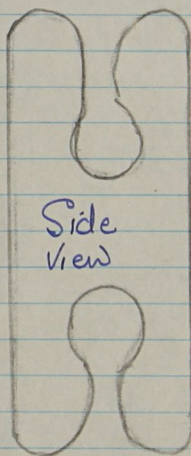
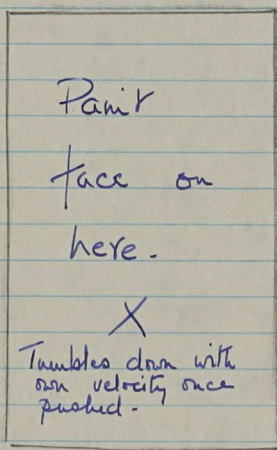
Rungs =  $2\frac{1}{2}$ " apart - last one  $2\frac{3}{4}$ " from base.

Ladder Supports =  $\frac{1}{2}$ "  $\times$   $\frac{3}{4}$ " = flat  $\times$  side -

Rungs =  $\frac{1}{2}$ " deep -

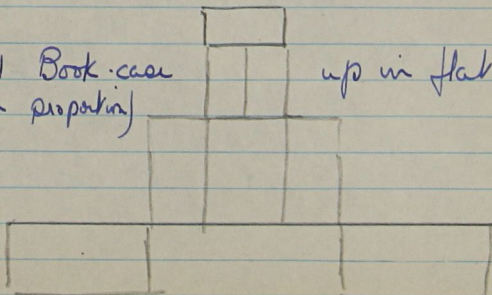
Base =  $10\frac{1}{2}$ "  $\times$  5"

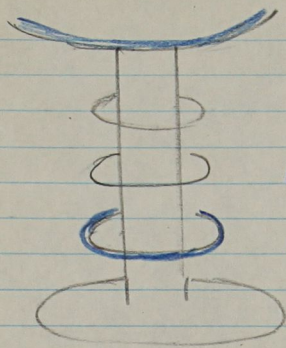
Upper Base = 5" across  $\times$  2"



Build Book-case  
(better proportion)

up in flat units -





Lampstand in wood.

Either made of kij sports -  
or wood circles -

Edges coloured same as  
edge of shade.

Stained & polished or tiled.

Metal lining & fan blowing case -

Glass windows - sliding - with 'flu  
going up to chimney to carry off  
fumes - (Precaution for T.B's -)

---

At O.T. meetings - Tri-state -

Round Table conferences.

Send out Questionnaire on special fields -

Answers come in - Discussed.

Ask each question of 3 people -

If no answer - leader has prepared one -  
(Morning - General Session Afternoon Round Table)

REST HOME. HOME FOR INCURABLES. 200  
HOME FOR DELINQUENTS. SCHOOL FOR  
BLIND.

Hospital of the Sacred Heart. Milwaukee.  
R.C.

(No O.T.)  
200 beds.

Physical & mild mental cases - (no  
Surgical).

— Clinic - residential - wealthy.

— Solarium -

— Hydrotherapy - Needle baths -

Aerated -

Hay packs

Salt nicks

Shower.

Steam cabinets

light ~

— Physiotherapy.

+ Mechanical devices - imported  
from Denmark - (of German  
invention) -

— Recreation - Billards - Pool - Tennis -

Croquet. Cards.

— Superintendent goes to his duplex &

Guests -

Spoke of Mayo Brothers. Rochester -

Minnesota -

= Combined clinic of medical  
men -



## Home for Incurables. Baltimore.

No. of beds = 119.

O.T. Miss Berry.

34 Student Nurses -

← See history.

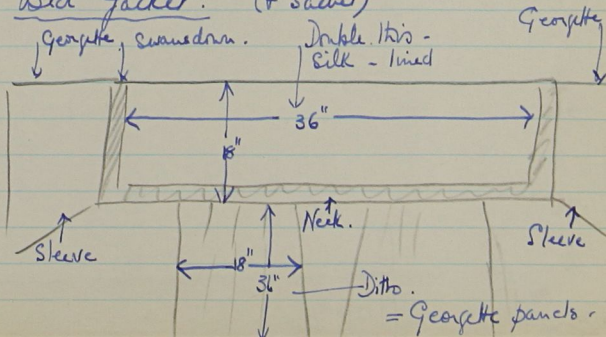
Small shop.

Diversional work -

Much appreciated.

- Material sent in by missionary supporters to be made up by patients - i.e. method of supply of material with no cost to hospital.
- Hospital Dressings made: then sterilized.
- Oak covered scrap. book - giving actual samples of work done in hospital - + photographs.

### Bed jacket. (+ sash)



## Perkins Institution + Massachusetts School for the Blind.

Founded in 1829.

Director = Gabriel Farrell - D.D.

O.T. = V. Cote. B.S.

Social Worker - Mrs. Douglass. (leaving).

State pays \$600 per year for all pupils  
unless they can pay a part.  
\$500 made up out of invested  
Funds thro' bequests.  
\$1100 = Total per capita cost.

Feeling against Traditional Trades.

— Committee on Vocational Studies for the Blind.

— Piano-tuners Summer course - small piano

O.T. here = teacher. (Therapeutic = asset)

1. To provide certain activities — to keep certain people occupied.
2. To develop hand-training.
3. All crafts = pre-vocational.
4. Watches for unusual ability.  
(with specialization can tell difference better, perhaps than school teacher).
5. To direct into specialized Training.
6. Not to deal with adjustment problems —  
(but frequently makes a big contribution)

7. When children have ceased to progress academically - sent to O.T. as Handwork Specialist.

Note. MEN NEEDED - as

- House. masters for 20 boys.
- Skilled in a number of crafts.
- Imaginative & adaptable to children.
- ? Salary question & marriage.

Blind Teachers used.

- Students going out for into - Secretarial Work.

Housework.

Salesmanship.

Public buildings stands (literature etc) concessions

Physiotherapy.

Teaching Braille to Volunteers in Red Cross who are going to transcribe.

Work chosen from angle of normal choice not disability.

- Hayes - Binet = I.Q. Tests for Blind.

O.T. Notes.

- Braille Weaving Patterns - paper clips at sides to mark line.
- Crochet. Knitting - start big.
- Caning - Rush. seating. woodwork.
- Mattress. making - Weaving - etc.



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ACTIVITIES OF OCCUPATIONAL THERAPY DEPARTMENT AT THE  
STATE FARM FOR DEFECTIVE DELINQUENT GIRLS AT BRIDGEWATER, MASS.

JUNE 1938

A PENAL INSTITUTION UNDER DEPARTMENT OF CORRECTION

No. of inmates ----103

→ Indeterminate sentence

No. of Occupational Therapists ----3

-----

ACTIVITIES

CLASSES IN HANDWORK FIVE DAYS A WEEK IN "HOBBY SHOP"

Weaving  
Rug making  
Embroideries  
Woodwork (small articles)  
Tin can work

(The girls are locked in separate rooms at 6 p.m. everyday;  
the O.T.'s prepare work to be taken to their rooms)

A credit system is used, the girls making articles to be used  
in the institution thereby earning material to make articles for  
themselves. Object --- to teach a sense of values --- to earn  
what they get.

DOMESTIC SCIENCE

Classes of five girls chosen by Head Matron take a five weeks'  
course in care of the home, simple cooking and etiquette. The  
girls rotate weekly as hostess, waitress, dinner cook, supper  
cook and chambermaid. Guests are invited about three times a  
week, serving as a lesson in deportment in the duties of a hostess.

ORCHESTRA AND SAXETTE CLASS

20 girls are included in musical instrument training.  
Saxette class is for beginners to learn notes and timing, gradu-  
ating into the orchestra. The orchestra (started in March, 1937)  
now has 9 pieces and is able to give concerts. It has been of  
untold benefit to the girls; has created a lifelong interest; is  
a practical lesson in cooperation and has given the girls outside  
the orchestra something to strive for.  
The instructor is a professional musician who gives three two-hour  
lessons a week, an O.T. assisting.

LIBRARY

About 1,000 books, mostly fiction. Dewey System used. Girls can  
keep books two weeks. Library connected with Hobby Shop giving  
the O.T. opportunity to supervise checking of books.

PLAYS, ENTERTAINMENT, RECREATION, EXERCISE

An appropriate play or entertainment is rehearsed for every holiday.  
The purpose is to train the girls in self-confidence and poise as  
well as to divert their minds and give pleasure to the spectators.

Posture exercises are given every morning at 7, (before breakfast)  
an O.T. taking charge.

*Doris Wilkins*  
O.T. Director



in October 1932

SURVEY OF OCCUPATIONAL THERAPY SINCE  
ITS ESTABLISHMENT AT THE FEMALE DEFECTIVE DELINQUENT  
DEPARTMENT. STATE FARM, MASS.

The function of the Occupational Therapy Department since its establishment in October 1932 has been:

1. Rehabilitation of defective delinquent girls who have not succeeded in adjusting in the community and have come into conflict with the law.
2. Rehabilitation of former inmates of schools for the feeble-minded who have failed to adjust there.
3. Rehabilitation of former inmates of industrial schools for girls and inmates of other female penal institutions who have failed to comply with the regulations in those institutions.

This group comprises a varying number which averages a total population here of eighty-five girls, all with a great many behavior problems for us to analyze and attempt to adjust.

The first and most fundamental problem which presented itself was to find a means for establishing a contact with every girl. In order to do this successfully we applied the principles which for the past decade have given scientific proof of the results gained by their use in the mental field. Namely, a presentation of carefully guided craft activity as a means to an end. The immediate results sought were:

1. To catch and hold every girl's interest in life.
2. To train her in orderly habits of thought.
3. To lessen the tendency toward day-dreaming and fantasy formation.

4. To establish a capacity for the development of a definitely planned, expanding program of which the craft work was merely one phase.

This outline of approach was approved by the administration of the institution and the Boston School of Occupational Therapy, and the work of rehabilitation began.

In every institution there are some individuals who will always be a permanent custodial problem. With this custodial group here, ( eleven of our present population ) all are found to be susceptible to varying degrees of training . We have proof that an interest in in some definite project in the shop tends to overcome a feeling of inferiority, in this group which has resulted from a life of failure. Gradually an establishment of self confidence is developed as the girl finds herself capable of learning some of the simpler processes and also capable of completing attractive and useful articles.





## Hospitals visited - etc.

1. New York Hospital.  
Psychiatric Clinic - } Miss Gundersen  
Payne Whitney Institute } Miss Stewart.
2. Presbyterian Medical Centre. } Miss M. Vaughan.  
Psychiatric Clinic } Miss R. Adams.
3. Dr. Carlson's School for } Miss Adams = P.T.  
Cerebral Palsy Cases }
4. Presbyterian Hospital - }  
Harkness Clinic } Miss Hewlett.  
Cloane Clinic }
5. Kings County Hospital - } Miss McNulty.  
Brooklyn }
6. Bellevue Hospital. } Miss Jameson -  
N. Y. City }
7. Bloomingdale Hospital. } Miss Patten.  
White Plains }
8. Pilgrim State Hospital. } Miss V. Seckman.  
Brentwood, Long Is. }
9. Hospital for Ruptured } Miss E. Weber.  
& Aippled - }  
321. E. 42nd St. N. York }

- 11 The Curative Workshop - }  
Philadelphia } Miss C. Spackman  
419. S. 19<sup>th</sup> Street.
- 11 The Graduate Hospital of }  
Pennsylvania. } Miss Spackman -  
Kimbard + 19<sup>th</sup>. } Mrs. Loff.
- 12 The University Hospital } Miss Hanson.  
of Philadelphia }
- 13 The Institute - } Miss Wellman  
Penn: Hos: for Nervous & Mental Diseases }
- 14 The Jewish Hospital. } Miss Richmond.  
Philadelphia }
- 15 Buffalo State Hospital. } Mrs. T. Pratt.  
N. York }
- 16 Gowanda State Hospital. } Miss F. Northrup.  
N. York. }
- 17 Rochester State Hospital. } Miss J. Tozer.  
N. York }
- 18 Clifton Springs Sanitarium } Mrs. M. Saterfield  
N. York }
- 19 Newark State Schools - } Miss D. Pollock.  
N. York }



20. Psychiatric Hospital } Miss Le Veocote  
Toronto. }
- 21 Creative & Sheltered } Miss O. Noble.  
Workshop - Toronto }
22. Toronto General Hospital. } Miss de Bussy  
Toronto } Miss Jacks.
- 23 Assoc. for Crippled & } Miss H. McManis.  
Disabled. Cleveland }
24. Probykerman Hospital. } Miss K. Brand  
Chicago }
- 25 Cook County Hospital. } Miss E. Fay.  
Chicago }
- 26 Billings Hospital - } Miss Spencer  
University of Chicago }
27. Spalding School for }  
(Chicago) - Cripples }
28. Psychiatric Institute  
University of Illinois Med. Schol. } Miss Lukens.  
(Research & Educational) - } (now address  
1819. Polk. Chicago } Mendota,  
Illinois)
29. Almidale Sanatorium } Miss Grant.  
Milwaukee }

30. Janvie League Amature } Mrs Taylor  
Workshop - Milwaukee } Mrs. Brinn.
31. Milwaukee Mental Hospital } Mrs  
Wauwatosa - Milwaukee } Macdonald
32. Michigan State Hospital } Mrs Blado  
Ypsilanti } " Wickes  
" Emory -  
" McPhee - R.T.
33. Johns Hopkins - Amature } Mrs Sue Hunt  
Workshop - Baltimore } Mrs J. Levy.
34. Kernan Children's Hospital - } Mrs A.  
Baltimore } Clement.
35. Sheppard Pratt Hospital. } Mrs Price  
Baltimore }
36. Home for Incubables. } Mrs Berry.  
Baltimore }
37. Allentown State Hospital } Mrs Carter  
Pennsylvania } " Hannaford.  
(Missie)
38. The Children's Hospital. } Mrs Ness O.T.  
Boston } " Trammis P.T.
39. The Worcester State Hos. } Mrs D. Cooke.  
Boston }

40. The Massachusetts General } Mrs L. Moran  
Boston } ("J. Elchard")
41. Perkins School for the } Mrs Cte.  
Blind. Boston }
42. Metropolitan Hospital. } Mrs. R. Hamilton.  
Boston }
43. Danvers State Hospital. }  
Boston }
44. Bridgewater: Home for } Mrs D. Wilkins.  
Delinquent Girls }
45. Bureau for the } Mrs Borth  
Handicapped. Providence } Mrs Neokit.

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O. T. Schools at:-

Philadelphia  
Toronto  
Milwaukee  
Boston -

(Michigan).



Others.

State Dept. Mental Hygiene } Mrs. Staple.  
N. York. State Building }

City Dept. (Mental Hygiene?) } Mrs. Merritt.  
N. York City Building }

American O.T. Assoc. } Mrs. Cobb.  
175. Fifth Avenue }

Universal Handicrafts. } Mr. Hall.  
Rockefeller Centre }

W.P.A. Project. } Milwaukee } Mrs. Feldman  
" Toy - } Mrs. Erickson.

Hospital of the Sacred Heart }  
Milwaukee }

Vocational School - Milwaukee } Mr. Winkel.

Fild Museum - Chicago.

Rockefeller Centre - N. York.

Radio City - -

Kodak Rochester.

Madison University - Wisconsin.

Addresses obtained from A.O.T.A.

Tapworth Colony - "Record of Progress" -  
Annual report. T.B. H. V. Morton.

International Hospital Assoc.  
88. Lord Street. Liverpool.  
(See Sydney Lamb).

? Miss Lenn.  
After-care of International Union of T.B.

British Legion Village. Kent. (N/c Douglas).

St. Andrews - N'hampton - (? Mandsteyman)

National Council for Mental Hygiene

The Cassel Hospital for Functional  
Nervous Diseases.  
Swaylands - Kent.

Bowden House. Harrow.

Dr. Harley Williams -  
National Assn. for Prevention of T.B.  
Tavistock House. N.  
Tavistock Sq. London. W.C.1.

(Dr. Kendall Emerson - Director in N. York)



(Lived - Mr. Greene - 127 - Freeman St. Brook/mi.  
Doris Trevor - mass) -

% Mr. Cecil K. Ross.

92. Clarence Gate Gdns. N.W.I.

# THE JUNIOR LEAGUE CURATIVE WORKSHOP

942 North Jackson Street

Milwaukee, Wisconsin

May 5, 1938

**Marquette 7818**

Telephone Daly 1712

Marjorie Taylor, Director

With Support From  
Milwaukee Community Fund

hve  
414

PHONE SEELEY 7171

ASA S. BACON, SUPERINTENDENT

The  
Presbyterian Hospital of the City of Chicago.

1753 WEST CONGRESS STREET, COR. WOOD

CHICAGO, May 23, 1958

515



I will attach a note which Miss Stoner left about the Proetz treatment for sinus. It is too bad you missed Dr. Hughes but one can't always make connections. You will find Dr. Shambaugh's name in that year book of our hospital..He is Attending Laryngologist and Otologist.

W. B.

# TORONTO ASSOCIATION OF OCCUPATIONAL THERAPY

331 BLOOR STREET WEST

TORONTO 5

## OFFICERS:

### HONORARY PRESIDENT

DR. ALEXANDER PRIMROSE, C.B., F.R.C.S., LL.D.

### PRESIDENT

DR. JABEZ H. ELLIOTT, M.B., F.A.C.P., F.R.C.P. (C.)

### VICE-PRESIDENT

DR. ROBERT G. ARMOUR, M.B., F.R.C.P. (CAN.)

### SECRETARY

MRS. GORDON GRANT

### TREASURER

H. H. LOOSEMORE, ESQ.

TELEPHONE

KINGSDALE 1576

May 19th, 1938.

918

Addresses

217

- Mrs Cobb. 157. E 72. St. N. Y. City.
- Mrs Rutherford. 716. Wyndhurst Av.  
Rolando Pl. Baltimore
- Mrs Porter. 83. May St. Needham. Mass.
- Jean. Wycliffe College. Toronto.
- Becky - Mrs W. F. Kapner - 317. E. Miriam Av.  
N. Ariz. Philadelphia.
- Izzy - Mrs J. Le Robinson. 312. W. 2nd St.  
Gastonia. N. Carolina.
- E. Jackson. 205. N. Monroe St. Media. Pa.  
Home = Gleanville - Chester Co. Penna.
- Mrs Dudenhoefen - Childrens Hos. Milwaukee.
- Mrs Lafferty. c/o Mrs Grant.
- St. Marys Hos. for Children. (Rome).  
405. 4th. W. 34th St. N. York.
- Canadian Assn. 331. Bloor St. Toronto.
- Dr. Swan. c/o David W. Haney.  
10. Shorncliffe Av. Toronto. Ont.
- Mrs Huxley - 4626. Chester St. Philadelphia.
- Mrs E. McGregor. Mountain San. Hamilton. Ont.  
or. Apart. 512. Mountainview.  
James St. Hamilton.
- Mrs Susan Wilson - (Ed. N. Y. State O.T. Mag).  
Assn - O.T. & R.  
Brooklyn State Hos. N. Y.
- National T. B. Assn. 370. 7th Av. N. Y. City.
- Anti. T. B. Assn. (Mrs Nettie Bean).  
1018. N. Jefferson. Milwaukee.
- Mrs Lewis F. Smead. 620 Nesselwood. Av. Toledo.  
Ohio



- Mrs. Nestor C. Edwards. 615. N. Jefferson St.  
Milwaukee. Wis.

- Mrs. E. Fisher - (friend) - Original Thread  
Needle Shop - Bay State St.  
Boston.

July 18:

Interview with { Miss Darwin &  
D. Res Thomas.

Points discussed.

- Worcester State Hospital. Mass.
- Industrial Programme -
- Position of O.T. in England -
  - Not fixed place -
  - Therapist -
  - Utility units under technicians.
  - $\therefore$  O.T. only one unit of whole under Superintendent.
- O.T. needs experience & to be mature
- ? Junior O.T. Students or nurses pay for experience - ask & have listed & Committee as nurses -
  - $\therefore$  work nurses hours - if (45) -
  - ? but not under matron.
- O.T.'s must be Teachers -
- ? R.M. P.A. exam - crafts.
- (? Should D.H. train for Assoc. Exam + for R.M. P.A. - (not asked!) -
- Young - O.T.'s - too immature -
- Adjustment in Hospitals.

## Doctors who visited from England - etc.

- Dr. Pederson - Craig.      Psychiatric Clinic.  
10 years ago.
- Mr. Collier - (interested in fractures) -
- Mr. J. A. Lyon. (not medical man) -  
Sec. House of Seamen's Hospital, Greenwich.  
(interested in acute patients & in records).
- Dr. Mary Hemmingway Rees -  
37. Wimpole St. London.
- Dr. Heald.  
27. Park Crescent.  
Portland Place. W.
- Dr. Doris Odell  
Chichester Hospital for Functional Diseases.
- Dr. Ann Haworth.
- Dr. Howland. (Toronto).
- Dr. Betty Tomson. Social Service. Birmingham.
- Dr. Gwen M. Griffiths - Bessett Place. (fr. Dr. Dunlop)
- D. K. Henderson Esq. (Mental Hygiene Ass.)      Superintendent.  
? Near Edinburgh.



Mrs Lloyd Still.

Nation. St. Thomas.

Mrs Pollard -

Massense.

Mr. Alexander Miles -

Royal Infirmary. Edinburgh.

Mr. Sterling.

was at Harvard.

Sick Hos. for children. Edin.

Dr. A. Lawson Light.

London.

Mr. Ed. P. Sturge - from Linfield - Surrey.

Dr. Fox = Superintendent. Epileptics.

Mrs Margaret Fulton.

Royal - - - -

(was at Altona).

Aberdeen.

(visited) - Dr. Anderson -

Director - Cassel Hos: Penhurst Kent.

Dr. W. C. M. Scott. (Canadian)

Senior on above staff.

(Touko)

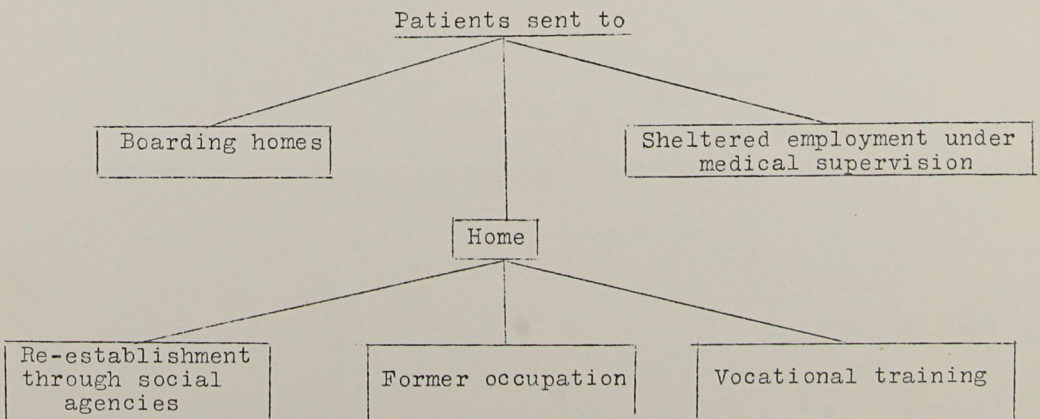
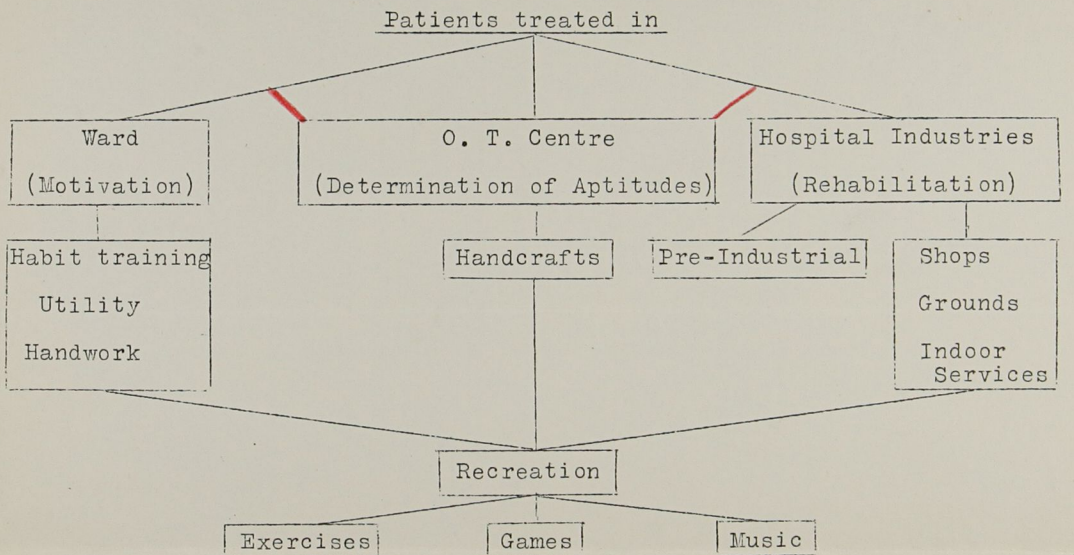
## OCCUPATIONAL THERAPY IN MENTAL HOSPITALS

### The Physician

Care and prescription for treatment  
Periodical observation  
Renewed prescription if necessary

### Occupational Therapy

Physical or mental activity through temporary occupation or recreation, adapted to the needs of the patient, and carefully supervised as treatment.





<u>PSYCHIATRIC</u> Hospitals Sanatoria Clinics-Child Guidance Private Cases		<u>CHILDREN'S</u> Hospitals Cardiac Home-bound Convalescent Home Out-Patient Private Cases
<u>TUBERCULOSIS</u> Preventoria Sanatoria Sheltered- Employment		<u>COMMUNITY WORKSHOP</u> Sheltered Employ- ment Industrial Train- ing Home-bound
<u>ORTHOPEDIC</u> Hospitals Curative Work- shops Out-Patient Private Cases Crippled Schools	OPPORTUNITIES  for the  REGISTERED  OCCUPATIONAL  THERAPIST	<u>PENAL</u>  Delinquents  Hospital Division
<u>GENERAL</u>  Hospitals  Out-Patient		<u>FEEBLEMINDED</u>  Hospitals State Schools Public Schools
<u>CARDIAC</u>  General Hospitals Children's " Orthopedic " Home-bound		<u>BLIND AND DEAF</u>  Eye & Ear Infirmaries Community Workshops Special Schools Home-bound



The Christmas Season  
at  
Ypsilanti State Hospital



1937

*"All paths that lead toward brighter light are good paths; good for wise men, good for shepherds. And every festival that unites us more closely in affection is a hallowed event, worthy of our best celebration. Whatever may be the differences in our opinions of this ancient minstrelsy, it is—and must unquestionably remain—the most important story ever told."*

From "HOME FOR CHRISTMAS"

By Lloyd C. Douglas



*The Holiday Activities  
presented by*

DEPARTMENT OF RECREATIONAL THERAPY



Sunday, December 19, 2:30 P. M.

*Cantata* - - - "THE CHRISTMAS HALLELUJAH"  
"THE CHRISTMAS STORY" - - - Dr. Yoder

Monday, December 20, 2 P. M.

*One Act Play* - - - "BANG GOES CHRISTMAS"  
for C Building and Wards A-1-2, A-1-3  
A-2-2, B-1-3, B-2-3

Tuesday, December 21, 7 P. M.

*One Act Play* - - - "BANG GOES CHRISTMAS"  
for A-1-1, A-2-3, and B Building

Wednesday, December 22, 2 P. M.

*Three Act Comedy* - - - "THE GOOSE HANGS HIGH"  
for C Building and Wards A-1-2, A-1-3,  
A-2-2, B-1-3, B-2-3

Thursday, December 23, 7 P. M.

*Three Act Comedy* - - - "THE GOOSE HANGS HIGH"  
for A-1-1, A-2-1, A-2-3, and B Buildings

Friday, December 24, 2 P. M.

Decoration of Christmas Trees in morning  
Carol singing on wards in afternoon  
Carol singing outside in evening.

Saturday, December 25

★ ★ ★

Distribution of Gifts and Candy on Wards

★ ★ ★

## CHRISTMAS DINNER

### ★ MENU ★

ROAST PORK

DRESSING

MASHED POTATOES

CREAMED CORN

CHILI SAUCE

PLUM PUDDING

SAUCE

BREAD

BUTTER

COFFEE



Sunday, December 26, 8:30 A. M.

Regular Chapel Service with Special Music by Choir

Monday, December 27, 2 P. M.

Card Games and Music for Older Men

Tuesday, December 28, 7 P. M.

Card Party for men and women in gym.

Wednesday, December 29, 2 P. M.

Tea and musical program for older women

Thursday, December 30, 7 P. M.

Dancing Party at gym. for young people

Friday, December 31, 2 P. M.

Dancing Party at gym. for C Building

Saturday, January 1

NEW YEAR'S DAY

General Visiting Day.

Costumes by O. T. Department.



### Medical Staff

DR. G. F. INCH - - - - - *Superintendent*

DR. O. R. YODER - - - - - *Assistant Superintendent*

DR. H. C. DUNSTONE - - - - - *Senior Physician*

DR. R. N. BROWN

DR. L. C. GROSH

DR. IDA METZGER

DR. ALEENE MCKENZIE

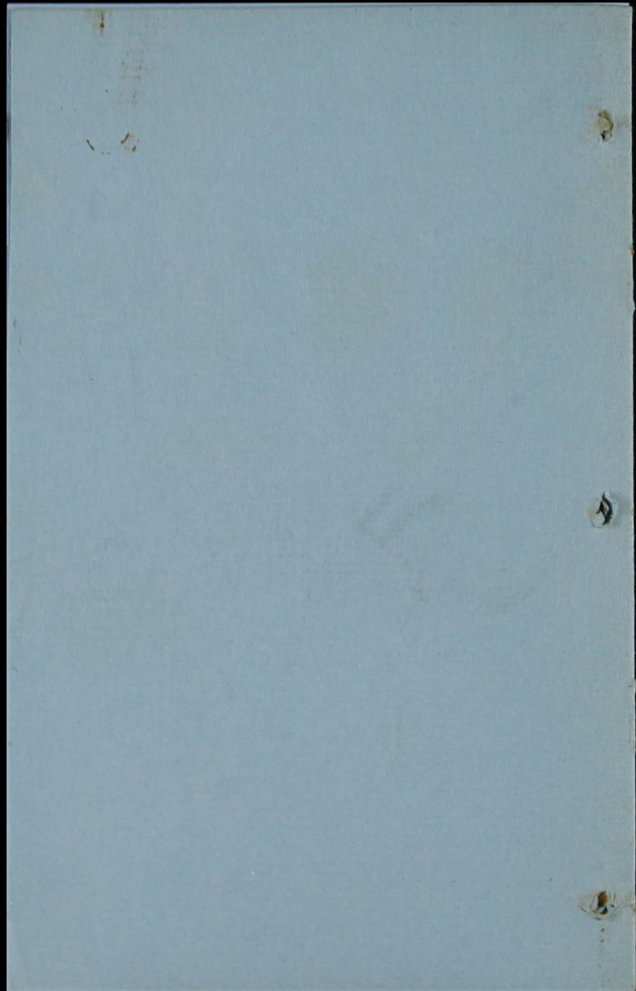
DR. C. J. BUSCAGLIA

DR. J. W. GERMAN

DR. R. C. MCKENZIE - - - - - *Dentist*

J. E. BURNETT - - - - - *Steward*





Michigan State Hospital.      Ypsilanti.

Medical Superintendent.

O.T. Mrs Black - Mrs Wicks - Mrs Emory.

+ 2 assistants. + 1 stenographer -  
+ 1 woodworker -

Requisitioned - 2 Seamstresses.  
1 O.T.      3 men = vegetable room & cobbler.  
1 stockkeeper.

Non: trained O.Ts - \$10.00 per month.

Trained O.Ts - \$65.00 - —

All work - industrial - occupational &  
general institutional - allotted.

Classes of patients & grades of work known  
by room numbers rather than descriptive  
types.



## Departmental notes.

1. Patient's Personal Laundry - heading + notes.  
Each ward sends people down at stated times - of those able to come.

O.T.'s note appearance & suggest improvement.

75% Patients state furnished with clothes.  
Even so - have own sets marked for them.

No dresses made in more than 12 of 1 kind - & those well distributed over hospital - to help maintain standard of individuality -

Careful note taken of clothes brought by patients - to avoid further friction & question.

Patients can make clothes for themselves under hospital supply orders - but are not allowed to buy them: hospital retains ownership. (State law).

(Note: fine plenty of space: popular.  
Good idea to have near sewing unit: Patients come in after completing own work - & help in hospital work, or mend own clothes.

Sewing & Mending Room = Industrial. (Mrs Enay)  
+ 2 -

= Mending garments & making garments & other hospital requirements. (See form F).

Patients working here assigned by Chgo. S.T.  
(see forms 1 to 6)

(If not satisfactory - referred back for fresh assignment).

Patients = not experienced.

Mending.

Clothes come from laundry sorted for mending.

Mended & sent back - where they are re-sorted & sent to wards.

Discards are made in Sewing Room by S.T. Supervisor - listed -

1) = State furnished -

2) = Home " (check on list of patients' belongings brought in).

Records are kept of each type of mending  
Grading works itself out with capability  
& mental state of patients.

Flexibility in the Department: Patients may change occupations if they wish to. Types of work -  
= Hand sewing - Machine sewing - Buttons -  
Small tears - patching - etc. etc. - Darning machines  
Making - clothes - hospital requirements.

Average regular workers = 30 to 50 in 1 day.

(Note: Therapeutic angle kept in mind - i.e.  
Case of woman who had high ideals &  
ideas of being a missionary - unfulfilled -  
∴ Mending helps in "atoning" for fault.  
Note No work orders for mending.

### Making.

- Clothes for patients - general & individual choice.

- Hospital requirements.

- a. Work orders signed by Steward - Form A.  
= in duplicate. { 1 to O.T.  
1 to Warehouse

b. Requisition of material required. Form B.  
in triplicate. { 1 - returns to O.T.  
1 - accounting office.  
1 = Warehouse. (O.T. signs as receipt - sends back)

c. Transfer Ticket. Form C.  
= Material used - cost.  
= What used for etc. value.

d. Stores Card - Showing B + C. Form D. -  
Transaction

e. Work order sent in again with Form E  
partially completed order.

Note - People wanting things made MUST get a  
work order.



## Bought from Prisons.

- Cupboards -  
Bed - frames -  
Bleached muslin -  
Binder - Konié.

- Waste Material - Sent to Warehouse,  
+ has to be requisitioned again.  
To avoid promiscuous destruction +  
careless appropriation for cleaning  
uses, etc.

- Cleaning rags - all dyed yellow, by  
Laundry, to safeguard this.

- Small pieces - baked + sold -

- Scraps - burnt.

## Gift Units.

- No materials can be sold.
- Finished articles can be sold
- Christmas Sale.
- "Birds Nests" - material not accounted for.
- Cards in Gift Unit = same as Sewing room - less (C).
- Patient has first choice of finished product - Materials charged or something in waste.
- Value of materials balanced out over all - costs leveled.
- Monthly record book kept of:-
 

Article made	}	This book - + tickets off sold goods - + cash taken - sent in to book-keeper every month.
Material used.		
Cost.		
To show sold.		
- If patients wish to buy with <sup>sp. depending</sup> article sent to office - which returns money to O.T. Department - to be handed back at end of month as cash from sales.
- This cash goes in to General Fund = big State Fund - = apportioned equally to State Hospitals + institutions.
- No question of covering costs - Cost credit or work value in money not always reckoned.

- Argument over points of finances -
- Covering costs, etc.
- O.T. = Therapeutic.
- i. O.T. should be accepted as Treatment in the same way as aspirin. Aspirin is not expected to show cash return for its use.
- Increase of destruction when O.T. is shut down.
- O.Ts in shops do not see case sheets, unless in particular cases.
- Chief O.T. deals with doctors & case sheets, precautions & prescriptions, etc.



## Assignment of Patients.

Plan = to fix a balance schedule not entirely industrial.

∴ Industrial work = on alternate days  
i.e. Mon. Wed. Fri.

or Tues. Thurs. Sat.

on alternate days - O.T. in mornings  
R.T. in afternoons.

- Assignment - on doctor's prescription.

Chief O.T. plans it.

- Brought to daily medical staff conference to be passed.

- Assignments = to Wards

- " Heads of Industrial Depts.

- " O.T. shops.

## See Record System.

① = Placement card -

Note due = reports to doctor

{ after 10 days  
" 1 month  
" 3 "  
" 6 "

①A = Also recording above pt. off.

② = Record from from Doctors -  
+ O.T.'s reports.

③ = Assignment form - sent to Ward from which Patient comes or shop where Patient is to work.

④ = filing of dates when due. (see ①)

⑤ = O.T. Supervisor's report on Capt Prescription

- (6) = More detailed than (5) - used in Social Experiment
- (7) = Daily attendance register: explaining notes of attendances & Treatments.
- (8) = Daily report for some industrial sections. (Others call on 'phone if necessary).
- (9) = Summary of class attendance, & of Treatments given.
- (10) = Accident Report for whole Hospital.

## Vegetable Preparation.

Vegetables = delivered from warehouse.

Potato - Turnip & Radish peelers = mechanical.

2 - 1 = for 1 bushel. } Done  
1 - " 1/2 " } 2 min.

Potatoes then put into sinks with running water.  
Handed out in pailfuls to patients working on  
Tables for removal of eyes.

(Garbage pushed thro' holes in tables to  
dip container: fed to pigs.)

Potatoes put back in tanks. Removed in  
steamers on trucks.

Vegetables dealt with =

Rhubarb

Potatoes

Radishes

Onions

Turnips -

Asparagus -

Cabbages - (outer leaves removed)  
by patients -  
heart cut with big  
knives by attendant)

Only tool permissible to patients - potato  
peeler.

Women - small vegs - (other room) men - potatoes.

Orders sent from kitchen - i.e. -

{ 48 Steamers of potatoes.  
2 " washed - (not peeled) potatoes  
5 large - cabbages -  
15 " " " " -



Steamer.  
↓

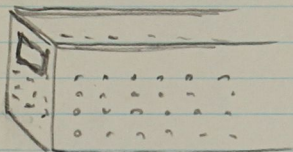
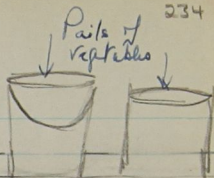
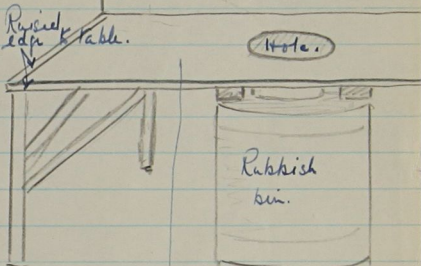


Table.

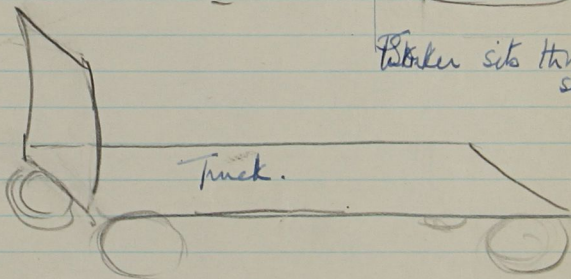


Raised edge of table.



Blaker sits this side.

Truck.



## Sheltered Shops & Home Industries etc.

### A Sheltered Workshop

- Opened for those who cannot obtain employment -
- Work = piece work. { Wages = as high or higher than in other employment.
- Shop = non. profit making = subsidised.
- Any "patient" who cannot do more than a limited amount is not paid for more than he does. If a Crig quota has to be reached he is paid for his work on the piece work rate - then subsidised beyond this - but not paid more for his work.
- Chief of Workshop has Factory Experience.
- Whole basis = strictly Commercial. Competition is in the open market.
- During training - there is no payment & no fee.

Men.

Metal. work.

Furniture.

Upholstery -

Woodwork.

Women.

Sewing = Nurses uniforms

to

Linic work.

## Sewing - room -

- Training = { 3 months of ordinary machines  
26 " of power " .

## - Production Unit -

Children's clothes & Smalls for self-  
" dress - : Cotton garments  
" " : Silk dress -

## - Factory Unit.

Able to take Commercial pattern & alter it.

(300 dozen patients' gowns made here) -

(50 surgical boots etc. " " )

Uniforms worn by Junior League  
Volunteers.

Nurses' uniforms, etc.

- Cutting out : done in factories.

- " Singer " = 2 needle sewing machine

- Materials shrunk - before work -

- Scraps go to O.T.



## B. Work Treatment Shop = under an O.T.

### - Types of Cases -

Arrested T.B.

Cardiac.

Recent Amputation

} find level of work.

- Object. a. To restore work habits or to build in a work habit where there has been none before.

b. To increase physical work resistance.

- Work starts with 2 hrs per day -

- Aim to complete a full working week.

- Work given only to those who hope to succeed.

- (Otherwise not food "risks" for training (+ expense of this) for Sheltered Workshops work).

∴ Work Treatment must be progressive & is a temporary & trial employment only - unpaid.

Cardiacs are watched by pulse rate, etc.

Teachers supplied by Federal Emergency Schols. Gov. pays.

Work - Simple Woodwork.

Factory Assembly

Simple Sewing

Mimeographing. (orders)

Bookbinding

Printing - (hand press)

Office Practice - Typing.

Edaphone  
Dictaphone

Smithboard  
Shorthand.

## Spastics. (See Records in file of hospital records)

There is a special Committee dealing with these cases -

- |                |                                            |
|----------------|--------------------------------------------|
| 1 Orthopaedist | } They advise & co-operate with treatment. |
| 1 Pediatric    |                                            |
| 1 Neurologist  |                                            |
| 1 Psychologist |                                            |
- (Difficult to get full understanding of programme & object of it.)

Meet 3 times a year.

All Spastics submitted to examination.

Of last group of 17 -

- 6 were put on special intensive programme -  
 " " left on normal "

Intensive programme =  $4\frac{1}{2}$  to 5 hrs per day.  
 includes - School work - P.T. S.T. Rest. Play.  
 Habit. training.

In accepting children - question of I.Q. - M.D. etc.

Consideration should be given from Home viewpoint.  
 i.e. Possibly M.D. - but behaviour problem -  
 or Institutional standpoint - relieve work by education - i.e. in walking & habits.

Funds for this work from 3 sources.

1. Children's Work Supporters -
2. Experimental -
3. Benevolent -

# THE ASSOCIATION FOR THE CRIPPLED AND DISABLED

2233 EAST 55th STREET

CLEVELAND, OHIO

HEnderson 7800

## OFFICERS

Mrs. Robert H. Crowell, *President*  
Mrs. John Senior Lucas, *1st Vice President*  
Mrs. Burton Tremaine, Jr., *2nd Vice President*  
Cyrus Clark Ford, *Treasurer*  
George Van Gorder, *Ass't Treasurer*  
Mrs. Edward C. Daoust, *Corr. Secretary*  
John F. Rust, *Auditor*

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BELL GREVE, *Executive Secretary*

May 18, 1938

## OTHER TRUSTEES

Ellsworth H. Augustus  
Mrs. J. K. Bole  
Mrs. John R. Chandler  
Mrs. Clarence L. Collens  
Mrs. Gardner Dodge  
Mrs. Charles W. Hitchcock  
Mrs. Norman C. King  
William A. McAfee  
Mrs. George S. Ross  
Mrs. Herbert W. Strong  
Mrs. Herman L. Vail  
W. King White  
Miss Virginia Wing  
Eugene E. Wolf



# Cleveland. Ohio.

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## The Association for the Crippled & Disabled.

2239 - E. 85. St.

- Works under a Social Agency.
- Serves 19 Cleveland Hospitals.
- (x) Has Professional Advisory Committees.  
(1st was 5 in all). (Medical). (See back of folder)
- Financial Support = a.  $\frac{1}{3}$  "Community Chest"  
b.  $\frac{1}{3}$  Endowment.  
c.  $\frac{1}{3}$  Earnings.

Which means -

1. It has public support - but is not tied -
2. It " private money - which can be used to experiment.

- A successful experiment on above lines =  
Cripples School - now taken over by Local  
Education Authorities.

- Private Doctors  
Clinics &  
Dispensaries } Send cases.

- Workers are responsible to referring Doctors.

- The Committee (x) have nothing to do with  
specific cases - only with the policy of  
the Agency.

Lovette System - of measurement of muscle strength: - used.

Its basis is gravity.

To test co-ordination & evaluation of muscles, apart from joint movement, as measured by an arthrometer.

(Note: difficult to do: needs expert liable to recognise errors).

- In building up - firmness was required over several points - i.e.
  - ① Patients on written prescriptions from medically recognised men only - & directly, not thro' Social Service.
  - Card system introduced.
  - Reports given: detailed & concise.
- Doctors with "closed" minds given careful reports on method of approaching work - work given etc - Concisely & technically written up.
- Recommendations of accompanying, or alteration in, treatments given in form of questioning & asking advice, on part of O.Ts.
- ② Social Service sends in report cards -
- A General Doctor is attached to the Agency who -
  1. Examines chronics in workshop once per month.
  2. Examines all patients before their going into the pool.

— Otherwise - patients in hands of own doctors.
- O.T. Workers arrange crafts for own Patients.
- Records go to chief -
- Weekly conferences to discuss cases.
- " " of O.Ts & P.Ts. to co-operate.



Need for — 1 P.T. Supervisor &  
1 O.T. — under present need.

- Anyone Mentally disabled + Physical Disablement is taken in.

### Origin -

Social Agency = Volunteer Organization —  
= outcome of wealthy children's work in hospital.

A Survey of all Social Agencies was taken, & it was discovered that the "Handicapped" were not catered for.

So this Social Agency approached the Volunteer "Sunbeam" Club — as being a good basis for its requirements — & built up the Agency — employing a Social Worker — Gradual growth & extension, as the need arose, brought it to its present size.

- 150 pts. attend per month: 5-3 + 2kmis park.
- Each worker averages 10-20 cases per day.
- Conference is held every week over all cases.
- Charges = O.T. alone - \$3. P.T. + O.T. \$5.  
Homebound. \$4. Industrial \$1.50  
Child Welfare - \$1.50 Supp. = + \$1.50 Deter.  
5 Full Days per month: \$85 \$1.75 Combined  
3 - - - \$50

Thomas Indian School.